

# Options for Self Feeding with Tremors

## Self-Stabilizing Utensils

**ELIspoon** - the high tech counterweights and rotational axis of this spoon allow for the utensil to stay level no matter the level of tremor that Individual experiences.

- <https://elispoon.com/product/elispoon/>
- Spoons start at \$94.00



**Steady Spoon** - counterweights within the spoon keep the utensil level no matter the arm position or level of tremor. This spoon also comes with a strap to secure it to the hand of the Individual if needed

- <https://www.performancehealth.com/steady-spoons#sin=62941>
- Adult Sized Spoon - \$62.55



**LiftWear Steady** - this is an electronic stabilizing handle with a section of attachments (fork, soup spoon, everyday spoon, and spork) that was designed with Parkinson's patients in mind. The electronic handle counteracts the effects of the tremor and stabilizes the end of the utensil that holds the food.

- <https://www.liftware.com/steady/>
- Starter Kit - \$195.00
- Other Attachments - \$20.00



## Arm Support Devices

**JAECO Table Mount System** - this device clamps to a table or wheelchair tray and decreases effort needed for self feeding and provides support at the forearm to decrease tremors while eating. The table mount and forearm support are sold separately.

- Table Mount - \$260.00  
<http://tinyurl.com/4zpwa3wm>
- Arm Support with Spoon - \$300.00  
<http://tinyurl.com/hc3dwfab>



**Stable Slide Self Feeding Support** - this device clamps to the table and reduces the movements needed for self-feeding. It also provides support to the arm and the angle of the device aids in getting food from the plate to the mouth.

- <https://www.rehab-store.com/p-stable-slide-self-feeding-support.html>
- Complete system - \$600.00



## Robotic Feeding Devices

**OBI Self Feeder** - this completely robotic device requires little to no effort from the individual using it. They simply have to select which food they want to receive and the device scoops it up and holds it out for them to eat.

- <http://tinyurl.com/23z5pfp4>
- Complete system - \$8,625

