



President's Message

Days ahead; Dreams to fulfill

Thank you so much for the opportunity to serve you as the third president of the San Antonio Indian Nurses Association (SAINA). I am humbled, honored, and privileged to be in this role. Thank you again.

With great optimism and passion for growth, I dream of continuing our work to help and strengthen our nurses, student nurses, and retired nurses in our communities to meet to share ideas and resources in that effort.



My team's goals are to increase our membership and expand our organization, open the doors for professional development and education, and find a space in our busy lives for rejuvenation by bringing recreational and cultural initiative opportunities.

I sincerely appreciate our 12 chairs and 23 co-chairs who volunteered to manage our 12 committees. At the same time, special thanks to our previous SAINA presidents for guiding, advising, and helping me to bring SAINA to the height.

On behalf of my team, I assure you of another exciting year for learning, leading, and fun-filled activities to fill our vacuum and pursue exciting life moments. This includes opportunities for meaningful engagement of our members and sponsors, introducing innovative programming formats and topics, and providing professional development and outreach opportunities.

In the year ahead, we will continue these initiatives laid out in the previous years and add programming designed for the different stages of our career, virtual engagements, and events held in collaboration with other chapters of the state and beyond. SAINA continues to grow in exciting, inclusive, and innovative directions, and I appreciate all our members who participate in it. Thank you for your continued participation and enthusiasm in our professional community and your incredible support and advice. We wish you all the best and look forward to your generous support.

Regina Karakkatt RN MSN- NL TMA
President- SAINA.