



## Treatment list

### **Back, Neck and Shoulder Massage £32\***

Stimulate your senses and relieve every day knots and tensions with a relaxing back, neck and shoulder massage.

Using a variety of techniques including acupressure points to release built up stress and anxiety held in the body.

### **Indian Head Massage £32**

Transport yourself into a state of total relaxation with a gentle Indian Head Massage. A tradition used with in Indian families for centuries, believed to heal, relieve stress, tension and fatigue. An Indian Head massage will leave you feeling calm, energised and revitalised.

### **Full Body Massage £48\***

Feel ultimate relief from every day aches and pains as they are massaged away using a unique blend of essential oils. Finished by a gentle stretching ritual you will be left feeling relaxed.

### **Pick Me Up Facial £32\***

Using the amazing Arbonne products the Pick Me Up Facial is ideal for all skin types and will nourish and revive tired skin.

The skin is cleansed, exfoliated and a mask applied. Whilst the mask is working its magic feeding the skin full of nourishing oils you can enjoy a hand and arm massage or scalp massage.

Your skin will be left feeling refreshed, renewed and glowing.

### **Essential Discovery Facial £48\***

Awaken your senses and indulge in this luxury facial, your therapist will choose the range of Arbonne products suitable for your skin.

Your skin will be deep cleansed, exfoliated and a mask applied. You will enjoy a décolleté, shoulder, neck and lymphatic face massage as well as a hand, arm and scalp massage.

This highly effective treatment is then finished by locking all of the goodness in with a spritze, eye and lip cream and moisturise, leaving you and your skin feeling relaxed, nourished, and thoroughly cared for.

### **Classic Manicure £26**

Cuticle condition and tidy, nail shape, relaxing hand & arm massage & polish.

### **Classic Pedicure £32**

Give your tired toes a treat, with a cuticle condition & tidy, nail cut and shape, foot file to reduce hard skin, a luxurious lower leg and foot massage and polish.

### **File & Polish £18**

Nail shape & polish for hands or feet.

**Jessica Geleration Natural Nail Overlay** for fingers or toes **£32**  
include with a **classic manicure** for **£38** or **classic pedicure** for **£48**

## **Make Up**

### **Occasion Make Up £30**

Going somewhere special or just fancy a new look? Treat yourself to a full occasion make-up.

Using a variety of techniques and products let us help you feel the belle of the ball!

### **Bridal makeup £65**

Includes trial before and makeup on your magical day.

### **Bridal Party Make-up £35 each**

Treat your bridesmaids, mum or mum in law to be to a make up session the morning of the wedding to complement their beautiful wedding outfits.

**To book treatments please call us 01829 720 841 text 07874 739 044 or email  
[info@georgieandcobeauty.co.uk](mailto:info@georgieandcobeauty.co.uk)**

(Please also note, there is a minimum booking charge of £30 for treatments and all treatments must be paid for upon invoice, in advance via Bacs Transfer 30-99-95 35781660 or cash on the day of treatment. All treatment prices above include travel supplement. Bookings over £80 will be subject to a 50% non refundable deposit on booking with the remainder of the balance to be paid as above)

N.B. Treatments with a \* cannot be booked by guests staying in The Nest due to lack of space for the massage bed. However please enquire as if one of the other barns are available we can use those.

We look forward to hearing from you and making your stay at Cheshire Boutique Barns even more special and relaxing.

G&Co. xx