



## Confidential Hypnosis Questionnaire

Name \_\_\_\_\_ Date: \_\_\_\_\_  
Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Email Address: \_\_\_\_\_  
Work/Cell Phone \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Occupation: \_\_\_\_\_  
Marital Status \_\_\_\_\_ Height \_\_\_\_\_ Are you currently under the care of a physician \_\_\_\_\_  
Dr.'s Name and Location: \_\_\_\_\_  
Any medications? \_\_\_\_\_  
Favorite Hobby \_\_\_\_\_ Do you have children: \_\_\_\_\_  
Have you ever been professionally hypnotized before? \_\_\_\_\_ Results \_\_\_\_\_

### Where did you hear about us (please circle):

Yelp ~ Facebook ~ Google/Website ~ Friend ~ Dr. Referral  
Summit Health ~ Other: \_\_\_\_\_

### Areas of Concern (Please Circle All That Apply)

Insomnia ~ Stress/Anxiety ~ Sadness ~ Fears/Phobias ~ Nail Biting ~ Insecurity ~ Weight-Loss ~ Dental/  
Surgery Fears ~ Pain Management ~ Goal Setting ~ Career Motivation ~ Teen Issues ~ Parenting

Other: \_\_\_\_\_

What is your main reason for being here? \_\_\_\_\_

What other approaches have failed to help you achieve this goal or overcome this behavior: \_\_\_\_\_

**“I want to improve this behavior because** *(Check all boxes that apply):*  It's embarrassing

It's costing me financially  It hurts my family  It endangers my health  I want to feel more confident

I want to be in control  It's hurting my health  I will be happier  It will reduce my stress

I want to feel proud of myself  It will help my marriage

Other: \_\_\_\_\_



**PLEASE INITIAL AND SIGN WHERE INDICATED**

**Education and Training:** I, Jesslyn H. Shani, C.Ht., was trained and certified in professional hypnotism and the art of hypnotherapy by *Hypnosis 2000* in Woodland Hills, CA. I have been certified in the following areas of Hypnotism: Pediatric Hypnosis by the *Mottin & Johnson Institute*; PLRT by *Dr. Brian Weiss/Weiss Institute*; and B.A.N.I. *Birthing As Nature Intended*. I am an active member of the **National Guild of Hypnotists**. I do annual continuing education to maintain my training at a high level. I received my Bachelor of Arts in Psychology from Simmons College, Boston Ma.

**AS THE STATE OF CALIFORNIA HAS NOT ADOPTED EDUCATIONAL AND TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM, THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY.** Hypnotism is a self-regulating profession and its practitioners are not licensed by state government. **I am not a physician nor a licensed health care provider and may not provide a medical diagnosis nor recommend discontinuance of medically prescribed treatments.**

Hypnosis/Hypnotherapy is not a replacement for medical treatment, psychological services or counseling. If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. In the event my services are terminated by a client, the client has a right to coordinated transfer of services to another practitioner. A client has a right to refuse hypnotism services at any time. A client has a right to be free of physical, verbal or sexual abuse. A client has a right to know the expected duration of sessions and may assert any right without retaliation. \*\* \_\_\_\_\_ (please initial)

**PLEASE NOTE: You are committing to creating a positive change in your life and it will require a shift in the way you perceive yourself and respond to the world. This takes time.** Some sessions will feel wonderful and magical. Others will not. All of them are important building blocks for your future success. Failure and quitting are not an option! **The #1 reason for clients not reaching their goals is because they quit on themselves.** Our program is designed to help you believe in yourself and *follow through* relentlessly until the desired result is achieved. \*\* \_\_\_\_\_ (please initial)

\* \_\_\_\_\_ **All hypnosis / life coaching packages purchased must be used within a six-month period unless** otherwise agreed upon by The Zen Queen and client. After this period no refunds for unused sessions will be given.

\* \_\_\_\_\_ **Appointments must be canceled within 24 hours in order not to lose paid session.** Clients may call or text: 818-212-7556 or email: [jesslyn@thezenqueen.com](mailto:jesslyn@thezenqueen.com) to cancel and or reschedule

• \_\_\_\_\_ Clients of Jesslyn Shani, CHt and The Zen Queen, LLC are separate from 4 Missing Peace Corp, Inc. All appointments and communication must go through Jesslyn via the aforementioned contact info.

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**SIGNATURE**

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**DATE**