

# HABARI NJEMA



**THE GOOD NEWS**



Mwezi wa sita, malaika Gabrieli alitumwa na Mungu kwenda mpaka mji wa Galilaya, jina lake Nazareti, kwa mwanamwali bikira aliyekuwa ameposwa na mtu, jina lake Yusufu, wa mbari ya Daudi; na jina lake bikira huyo ni Mariamu. Akaingia nyumbani kwake akasema, Salamu, uliyepewa neema, Bwana yu pamoja nawe. Naye akafadhaika sana kwa ajili ya maneno yake, akawaza moyoni, Salamu hii ni ya namna gani? Malaika akamwambia, Usiogope, Mariamu, kwa maana umepata neema kwa Mungu. Tazama, utachukua mimba na kuzaa mtoto mwanamume; na jina lake utamwita Yesu. Huyo atakuwa mkuu, ataitwa Mwana wa Aliye juu, na Bwana Mungu atampa kiti cha enzi cha Daudi, baba yake. Ataimiliki nyumba ya Yakobo hata milele, na ufalme wake utakuwa hauna mwisho. Mariamu akasema, Tazama, mimi ni mjakazi wa Bwana; na iwe kwangu kama ulivyosema. Kisha malaika akaondoka akaenda zake.

(Luka Mtakatifu 1:26-33 & 38)

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Now in the sixth month the angel Gabriel was sent by God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And having come in, the angel said to her, "Rejoice, highly favored one, the Lord is with you; blessed are you among women!" But when she saw him, she was troubled at his saying, and considered what manner of greeting this was. Then the angel said to her, "Do not be afraid, Mary, for you have found favor with God. And behold, you will conceive in your womb and bring forth a Son, and shall call His name Jesus. He will be great, and will be called the Son of the Highest; and the Lord God will give Him the throne of His father David. And He will reign over the house of Jacob forever, and of His kingdom there will be no end. Then Mary said, "Behold the maidservant of the Lord! Let it be to me according to your word." And the angel departed from her.

(Luke 1:26:33 & 38)



Yusufu naye aliondoka Galilaya, toka mji wa Nazareti, akapanda kwenda Uyahudi mpaka mji wa Daudi, uitwao Bethlehemu, kwa kuwa yeye ni wa mbari na jamaa ya Daudi; ili aandikwe pamoja na Mariamu mkewe, ambaye amemposa, naye ana mimba. Ikawa, katika kukaa huko, siku zake za kuzaa zikatimia, akamzaa mwanawe, kifungua mimba, akamvika nguo za kitoto, akamlaza katika hori ya kulia ng'ombe, kwa sababu hawakupata nafasi katika nyumba ya wageni. (Luka Mtakatifu 2:4-7)

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Joseph also went up from Galilee, out of the city of Nazareth, into Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, to be registered with Mary, his betrothed wife, who was with child. So it was, that while they were there, the days were completed for her to be delivered. And she brought forth her firstborn Son, and wrapped Him in swaddling cloths, and laid Him in a manger, because there was no room for them in the inn. (Luke 2:4-7)



Na katika nchi ile ile walikuwako wachungaji wakikaa makondeni na kulinda kundi lao kwa zamu usiku. Malaika wa Bwana akawatokea ghafula, utukufu wa Bwana ukawang'aria pande zote, wakaingiwa na hofu kuu. Malaika akawaambia, Msiogope; kwa kuwa mimi ninawaletea habari njema ya furaha kuu itakayokuwa kwa watu wote; maana leo katika mji wa Daudi amezaliwa, kwa ajili yenu, Mwokozi, ndiye Kristo Bwana. Na hii ndiyo ishara kwenu; mtamkuta mtoto mchanga amevikwa nguo za kitoto, amelala katika hori ya kulia ng'ombe. Mara walikuwapo pamoja na huyo malaika, wingi wa jeshi la mbinguni, wakimsifu Mungu, na kusema,

Atukuzwe Mungu juu mbinguni,

Na duniani iwe amani kwa watu aliowaridhia.

(Luka Mtakatifu 2:8-14)

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Now there were in the same country shepherds living out in the fields, keeping watch over their flock by night. And behold, an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were greatly afraid.

Then the angel said to them, "Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. For there is born to you this day in the city of David a Savior, who is Christ the Lord. And this will be the sign to you: You will find a Babe wrapped in swaddling cloths, lying in a manger." And suddenly there was with the angel a multitude of the heavenly host praising God and saying: "Glory to God in the highest, and on earth peace, goodwill toward men!"

(Luke 2:8-14)



Yule mtoto akakua, akaongezeka nguvu, amejaa hekima, na neema ya Mungu ilikuwa juu yake. (Luka Mtakatifu 2:40)

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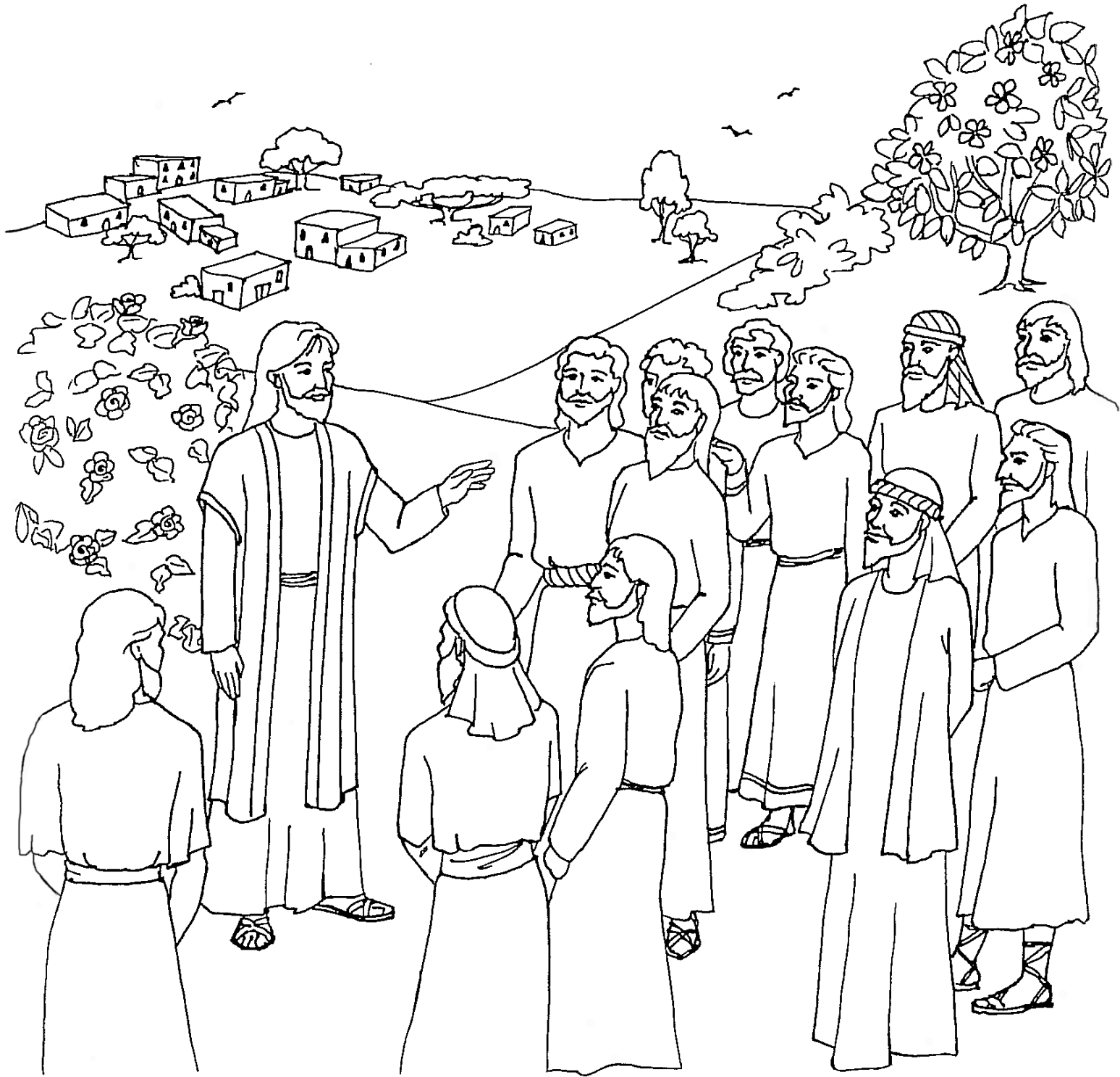
And the Child grew and became strong in spirit, filled with wisdom; and the grace of God was upon Him. (Luke 2:40)



Yohana alitokea, akibatiza nyikani, na kuuhubiri ubatizo wa toba liletalo ondoleo la dhambi. Wakamwendea nchi yote ya Uyahudi, nao wa Yerusalemu wote, wakabatizwa katika mto wa Yordani, wakiziungama dhambi zao. Na Yohana alikuwa amevaa singa za ngamia na mshipi wa ngozi kiunoni mwake, akala nzige na asali ya mwitu. Akahubiri akisema, Yuaja nyuma yangu aliye na nguvu kuliko mimi, ambaye mimi sistahili kuinama na kuilegeza gidamu ya viatu vyake. Mimi niliwabatiza kwa maji; bali yeye atawabatiza kwa Roho Mtakatifu. Ikawa siku zile, Yesu alikuja kutoka Nazareti ya Galilaya, akabatizwa na Yohana katika Yordani. Mara alipopanda kutoka majini, akaona mbingu zinapasuka, na Roho, kama hua, akishuka juu yake; na sauti ikatoka mbinguni, Wewe ndiwe Mwanangu, mpendwa wangu; nimependezwa nawe. (Marko Mtakatifu 1:4-11)

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John came baptizing in the wilderness and preaching a baptism of repentance for the remission of sins. Then all the land of Judea, and those from Jerusalem, went out to him and were all baptized by him in the Jordan River, confessing their sins. Now John was clothed with camel's hair and with a leather belt around his waist, and he ate locusts and wild honey. And he preached, saying, "There comes One after me who is mightier than I, whose sandal strap I am not worthy to stoop down and loose. I indeed baptized you with water, but He will baptize you with the Holy Spirit." It came to pass in those days that Jesus came from Nazareth of Galilee, and was baptized by John in the Jordan. And immediately, coming up from the water, He saw the heavens parting and the Spirit descending upon Him like a dove. Then a voice came from heaven, "You are my beloved Son, in whom I am well pleased." (Mark 1:4-11)



Akapanda mlimani, akawaita aliowataka mwenyewe; wakamwendea. Akaweka watu kumi na wawili, wapate kuwa pamoja naye, na kwamba awatume kuhubiri, tena wawe na amri ya kutoa pepo.

(Marko Mtakatifu 3:13-15)

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And He went up on the mountain and called to Him those He Himself wanted. And they came to Him. Then He appointed twelve, that they might be with Him and that He might send them out to preach, and to have power to heal sicknesses and to cast out demons.

(Mark 3:13-15)



Basi palikuwa na mtu mmoja wa Mafarisayo, jina lake Nikodemo, mkuu wa Wayahudi. Huyu alimjia usiku, akamwambia, Rabi, twajua ya kuwa u mwalimu, umetoka kwa Mungu; kwa maana hakuna mtu awezaye kuzifanya ishara hizi uzifanyazo wewe, isipokuwa Mungu yu pamoja naye. Yesu akajibu, akamwambia, Amin, amin, nakuambia, Mtu asipozaliwa mara ya pili, hawezi kuuona ufalme wa Mungu. Nikodemo akamwambia, Awezaje mtu kuzaliwa, akiwa mzee? Aweza kuingia tumboni mwa mamaye mara ya pili akazaliwa? Yesu akajibu, Amin, amin, nakuambia, Mtu asipozaliwa kwa maji na kwa Roho, hawezi kuingia ufalme wa Mungu. Kilichozaliwa kwa mwili ni mwili; na kilichozaliwa kwa Roho ni roho.

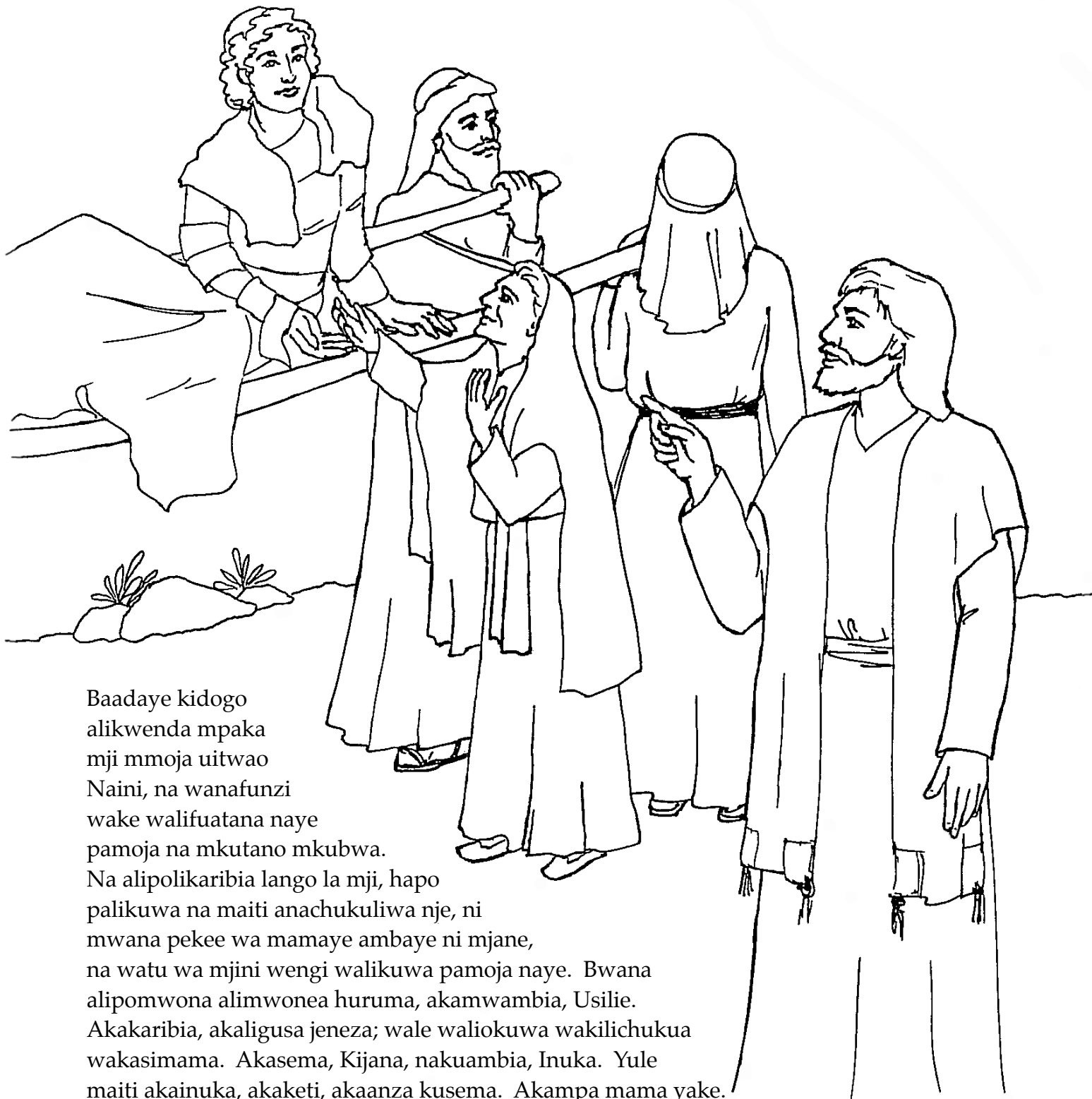
(Yohana Mtakatifu 3:1-6)

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There was a man of the Pharisees named Nicodemus, a ruler of the Jews. This man came to Jesus by night and said to him, "Rabbi, we know that You are a teacher come from God; for no one can do these signs that You do unless God is with him." Jesus answered and said to him, "Most assuredly, I say to you, unless one is born again, he cannot see the kingdom of God." Nicodemus said to Him, "How can a man be born when he is old? Can he enter a second time into his mother's womb and be born?" Jesus answered, "Most assuredly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit."

(John 3:1-6)





Baadaye kidogo alikwenda mpaka mji mmoja uitwao Naini, na wanafunzi wake walifuatana naye pamoja na mkutano mkubwa. Na alipolikaribia lango la mji, hapo palikuwa na maiti anachukuliwa nje, ni mwana pekee wa mamaye ambaye ni mjane, na watu wa mjini wengi walikuwa pamoja naye. Bwana alipomwona alimwonea huruma, akamwambia, Usilie. Akakaribia, akaligusa jeneza; wale waliokuwa wakilichukua wakasimama. Akasema, Kijana, nakuambia, Inuka. Yule maiti akainuka, akaketi, akaanza kusema. Akampa mama yake.

Hofu ikawashika wote, wakamtukuza Mungu, wakisema, Nabii mkuu ametokea kwetu; na, Mungu amewaangalia watu wake. (Luka Mtakatifu 7:11-16)

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Now it happened, the day after, that He went into a city called Nain; and many of His disciples went with Him, and a large crowd. And when he came near the gate of the city, behold, a dead man was being carried out, the only son of his mother; and she was a widow. And a large crowd from the city was with her. When the Lord saw her, He had compassion on her and said to her, "Do not weep." Then he came and touched the open coffin, and those who carried him stood still. And He said, "Young man, I say to you, arise." So he who was dead sat up and began to speak. And He presented him to his mother.

Then fear came upon all, and they glorified God, saying, "A great prophet has risen up among us" and "God has visited His people." (Luke 7:11-16)



Basi Yesu alipoinua macho yake akaona mkutano mkuu wanakuja kwake, alimwambia Filipo, Tununue wapi mikate, ili hawa wapate kula? Na hilo alilina ili kumjaribu; kwa maana alijua mwenyewe atakalotenda. Filipo akamjibu, Mikate ya dinari mia mbili haiwatoshi, kila mmoja apate kidogo tu. Wanafunzi wake mmojawapo, Andrea, nduguye Simoni Petro, akamwambia, Yupo hapa mtoto, yuna mikate mitano ya shayiri na samaki wawili, lakini hivi ni nini kwa watu wengi kama hawa? Yesu akasema, Waketisheni watu. Na mahali pale palikuwa na majani tele. Basi watu waume wakaketi, wapata elfu tano jumla yao. Basi Yesu akaitwaa ile mikate, akashukuru, akawagawia walioketi; na kadhalika katika wale samaki kwa kadiri walivyotaka. Nao waliposhiba, aliwaambia wanafunzi wake, Kusanyeni vipande vilivyobaki, kisipotee cho chote. Basi wakavikusanya, wakajaza vikapu kumi na viwili, vipande vya mikate mitano ya shayiri vilivyowabakia wale waliokula. Basi watu wale, walipoiona ishara aliyoifanya, walisema, Hakika huyu ni nabii yule ajaye ulimwenguni. (Yohana Mtakatifu 6:5-14)

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Then Jesus lifted up His eyes, and seeing a great multitude coming toward Him, He said to Philip, "Where shall we buy bread, that these may eat?" But this He said to test him, for He himself knew what He would do. Philip answered Him, "Two hundred denarii worth of bread is not sufficient for them, that every one of them may have a little." One of His disciples, Andrew, Simon Peter's brother, said to Him, "There is a lad here who has five barley loaves and two small fish, but what are they among so many?"

Then Jesus said, "Make the people sit down." Now there was much grass in the place. So the men sat down, in number about five thousand. And Jesus took the loaves, and when He had given thanks He distributed them to the disciples, and the disciples to those sitting down; and likewise of the fish, as much as they wanted. So when they were filled, He said to His disciples, "Gather up the fragments that remain, so that nothing is lost." Therefore they gathered them up, and filled twelve baskets with the fragments of the five barley loaves which were left over by those who had eaten. Then those men, when they had seen the sign that Jesus did, said, "This is truly the Prophet who is come into the world." (John 6:5-14)



Hata ilipokuwa jioni wanafunzi wake wakatelemka baharini; wapakanda chomboni, wakaanza kuivuka bahari kwenda Kapernaumu. Nako kumekwisha kuwa giza, wala Yesu hajawafikia. Na bahari ikaanza kuchafuka kwa kuvuma upepo mkuu. Basi wakavuta makasia kadiri ya maili tatu nne, wakamwona Yesu anakwenda juu ya bahari na kukikaribia chombo; wakaogopa. Naye akawaambia, Ni mimi, msiogope. Basi wakataka kumpokea chomboni; na mara hiyo chombo kikaifikilia nchi waliyokuwa wakienda. (Yohana Mtakatifu 6:16-20)

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Now when evening came, His disciples went down to the sea, got into the boat, and went over the sea toward Capernaum. And it was already dark, and Jesus had not come to them. Then the sea arose because a great wind was blowing. So when they had rowed about three or four miles, they saw Jesus walking on the sea and drawing near the boat; and they were afraid. But He said to them, "It is I; do not be afraid." Then they willingly received Him into the boat, and immediately the boat was at the land where they were going. (John 6:16-21)



Basi wakamletea watoto wadogo ili awaguse; wanafunzi wake wakawakemea. Ila Yesu alipoona alichukizwa sana, akawaambia, Waacheni watoto wadogo waje kwangu, msiwazuie; kwa maana watoto kama hawa ufalme wa Mungu ni wao. Amin, nawaambieni, Ye yote asiyeukubali ufalme wa Mungu kama mtoto mdogo hatauingia kabisa. Akawakumbatia, akaweka mikono yake juu yao, akawabarikia.

(Marko Mtakatifu 10:13-16)

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Then they brought little children to Him, that He might touch them; but the disciples rebuked those who brought them. But when Jesus saw it, He was greatly displeased and said to them, "Let the little children come to Me, and do not forbid them; for of such is the kingdom of God. Assuredly I say to you, whoever does not receive the kingdom of God as a little child will by no means enter it." And He took them up in His arms, laid His hands on them, and blessed them. (Mark 10:13-16)



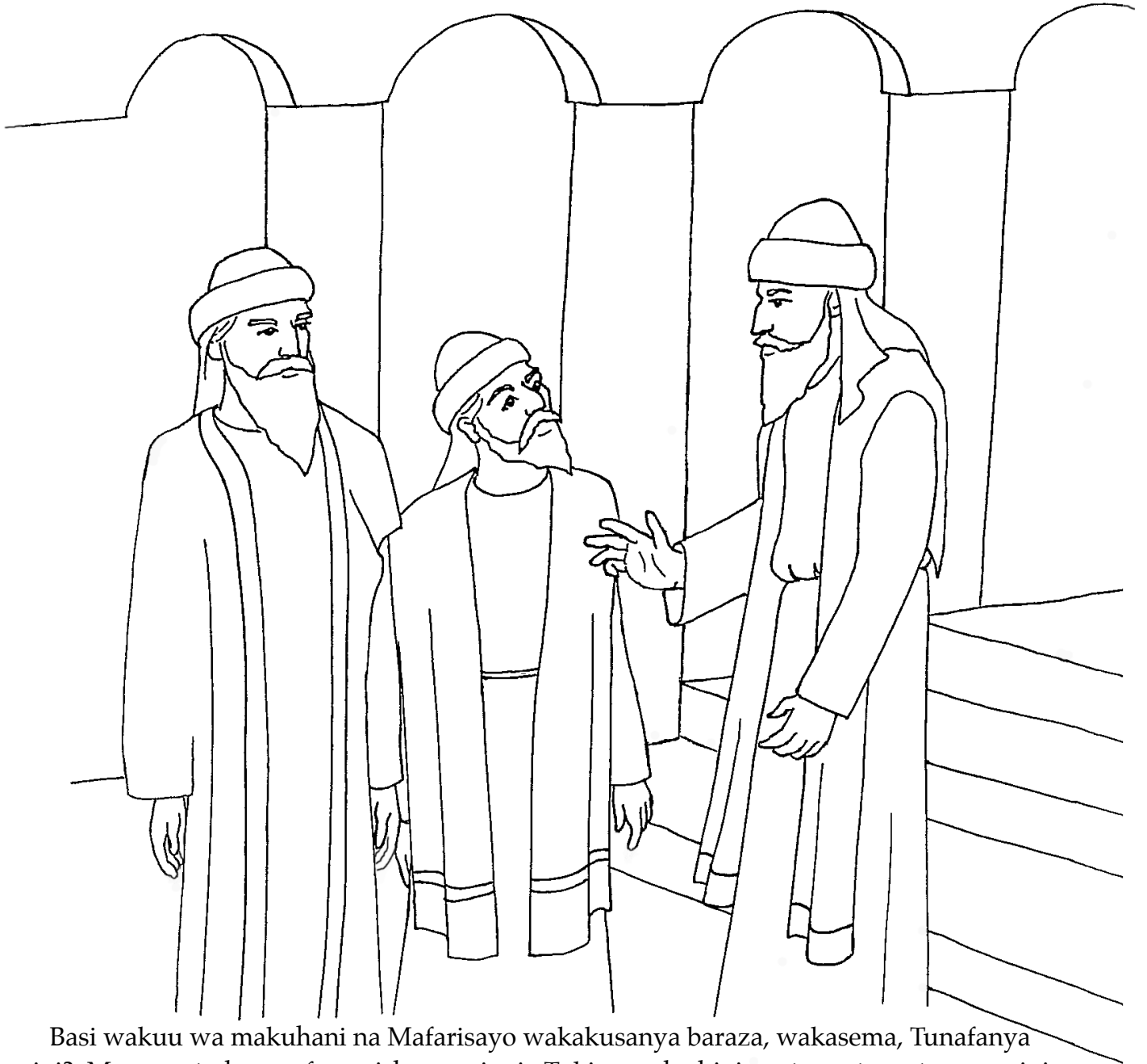
Mimi ndimi mchungaji mwema. Mchungaji mwema huutoa uhai wake kwa ajili ya kondoo. (Yohana Mtakatifu 10:11)

Kondoo wangu waisikia sauti yangu; nami nawajua, nao wanifuata. Nami nawapa uzima wa milele; wala hawatapotea kamwe; wala hakuna mtu atakayewapokonya katika mkono wangu. (Yohana Mtakatifu 10:27-28)

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“I am the good shepherd. The good shepherd gives His life for the sheep.”  
(John 10:11)

“My sheep hear My voice, and I know them, and they follow Me. And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand.”  
(John 10:27-28)



Basi wakuu wa makuhani na Mafarisayo wakakusanya baraza, wakasema, Tunafanya nini? Maana mtu huyu afanya ishara nyingi. Tukimwacha hivi, watu wote watamwamini; na Warumi watakuja, watatuondolea mahali petu na taifa letu. Mtu mmoja miongoni mwao, Kayafa, aliyekuwa Kuhani Mkuu mwaka ule, akawaambia, Ninyi hamjui neno lo lote; wala hamfikiri ya kwamba yafaa mtu mmoja afe kwa ajili ya watu, wala lisiangamie taifa zima. Na neno hilo yeye hakulisema kwa nafsi yake; bali kwa kuwa alikuwa Kuhani Mkuu mwaka ule, alitabiri ya kwamba Yesu atakufa kwa ajili ya taifa hilo. Wala si kwa ajili ya taifa hilo tu; lakini pamoja na hayo awakusanye watoto wa Mungu waliotawanyika, ili wawe wamoja. Basi tangu siku ile walifanya shauri la kumwua. (Yohana Mtakatifu 11:47-53)

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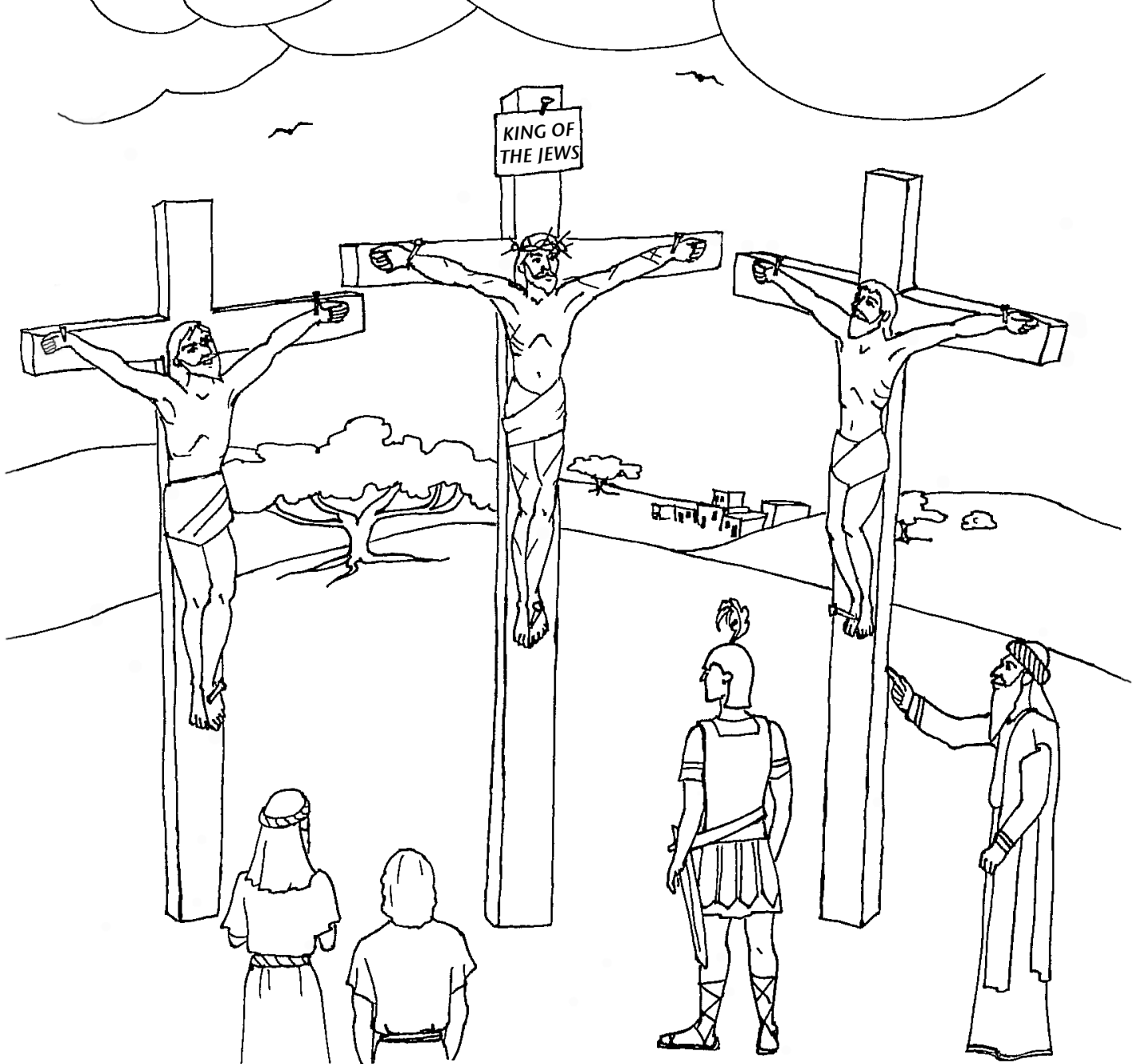
Then the chief priests and the Pharisees gathered a council and said, "What shall we do? For this Man works many signs. If we let Him alone like this, everyone will believe in Him, and the Romans will come and take away both our place and nation." And one of them, Caiaphas, being high priest that year, said to them, "You know nothing at all, nor do you consider that it is expedient for us that one man should die for the people, and not that the whole nation should perish." Now this he did not say on his own authority; but being high priest that year he prophesied that Jesus would die for the nation, and not for that nation only, but also that He would gather together in one the children of God who were scattered abroad. Then, from that day on, they plotted to put Him to death." (John 11:47-53)



Basi kulipokuwa jioni aliketi chakulani pamoja na wale Thenashara. Nao walipokuwa wakila, alisema, Amin, nawaambia, Mmoja wenu atanisaliti. Wakahuzunika sana, wakaanza kumwuliza mmoja mmoja, Ni mimi, Bwana? Akajibu akasema, Yeye aliyetia mkono wake pamoja nami katika kombe, ndiye atakayenisaliti. (Mathayo Mtakatifu 26:20-23)

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When evening had come, He sat down with the twelve. Now as they were eating, He said, "Assuredly, I say to you, one of you will betray Me." And they were exceedingly sorrowful, and each of them began to say to Him, "Lord, is it I?" He answered and said, "He who dipped his hand with Me in the dish will betray Me." (Matthew 26:20-23)



Wakapelekwa na wawili wengine, wahalifu, wauawe pamoja naye. Na walipofika mahali paitwapo Fuvu la Kichwa, ndipo walipomsulibisha yeye, na wale wahalifu, mmoja upande wa kume, na mmoja upande wa kushoto. (Luka Mtakatifu 23:32-33)

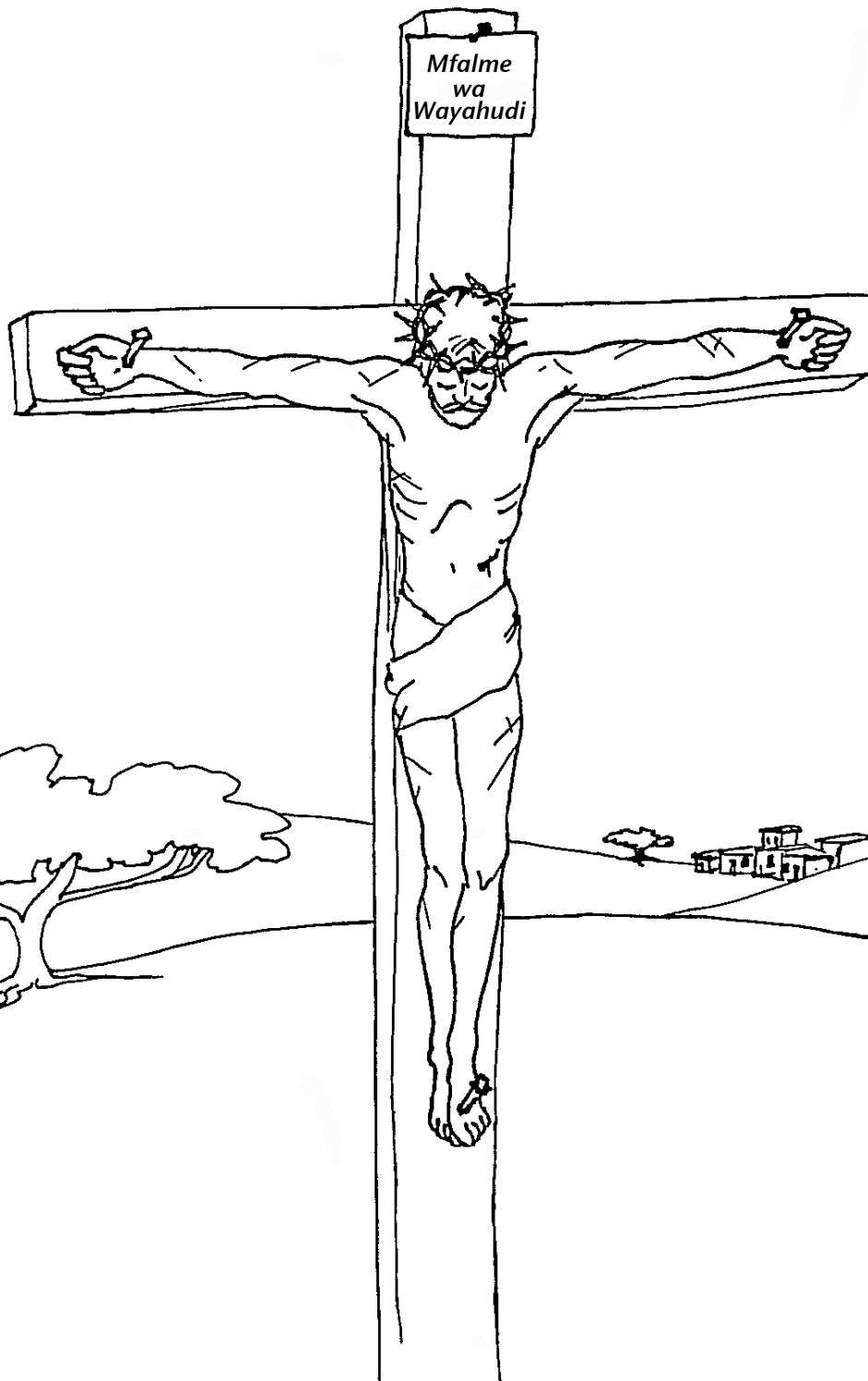
Na mmoja wa wale wahalifu waliotungikwa alimtukana, akisema, Je! wewe si Kristo? Jiokoe nafsi yako na sisi. Lakini yule wa pili akamjibu, akamkemea, akisema, Wewe humwogopi hata Mungu, nawe u katika hukumu iyo hiyo? Nayo ni haki kwetu sisi, kwa kuwa tunapokea malipo tuliyostahili kwa matendo yetu; bali huyu hakutenda lo lote lisilofaa. Kisha akasema, Ee Yesu, nikumbuke utakapoingia katika ufalme wako. Yesu akamwambia, Amin, nakuambia, leo hivi utakuwa pamoja nami peponi. (Luka Mtakatifu 23:39-43)

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There were also two others, criminals, led with Him to be put to death. And when they had come to the place called Calvary, there they crucified Him, and the criminals, one on the right hand and the other on the left. (Luke 23:32-33)

Then one of the criminals who were hanged blasphemed Him, saying, "If You are the Christ, save Yourself and us." But the other, answering, rebuked him, saying, "Do you not even fear God, seeing you are under the same condemnation? And we indeed justly, for we receive the due reward of our deeds; but this Man has done nothing wrong." Then he said to Jesus, "Lord, remember me when You come into Your kingdom." And Jesus said to him, "Assuredly, I say to you, today you will be with Me in Paradise." (Luke 23:39-43)

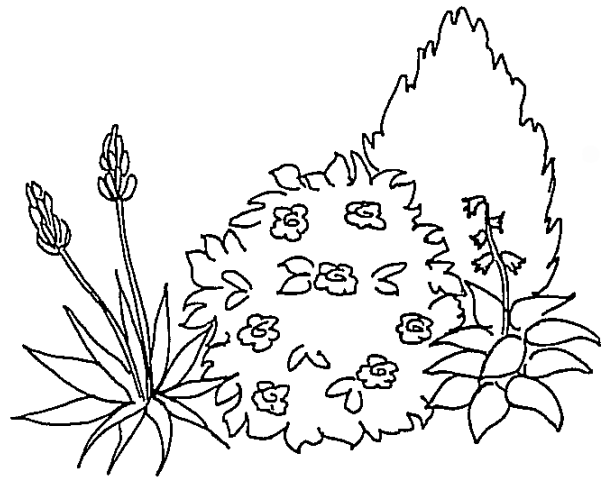
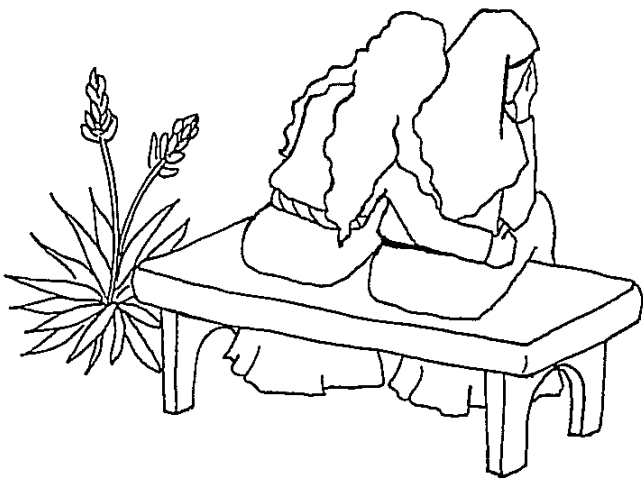




Hapo ilikuwa yapata saa sita, kukawa giza juu ya nchi yote hata saa kenda, jua limepungua nuru yake; pazia la hekalu likapasuka katikati. Yesu akalia kwa sauti kuu, akasema, Ee Baba, mikononi mwako naiweka roho yangu. Alipokwisha kusema hayo alikata roho. Yule akida alipoona yaliyotukia, alimtukuza Mungu, akisema, Hakika yake, mtu huyu alikuwa mwenye haki. (Luka Mtakatifu 23:44-47)

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Now it was about the sixth hour, and there was darkness over all the earth until the ninth hour. Then the sun was darkened, and the veil of the temple was torn in two. And when Jesus had cried out with a loud voice, He said, "Father, into your hands I commit My spirit." Having said this, He breathed His last. So when the centurion saw what had happened, he glorified God, saying, "Certainly this was a righteous Man!" (Luke 23:44-47)



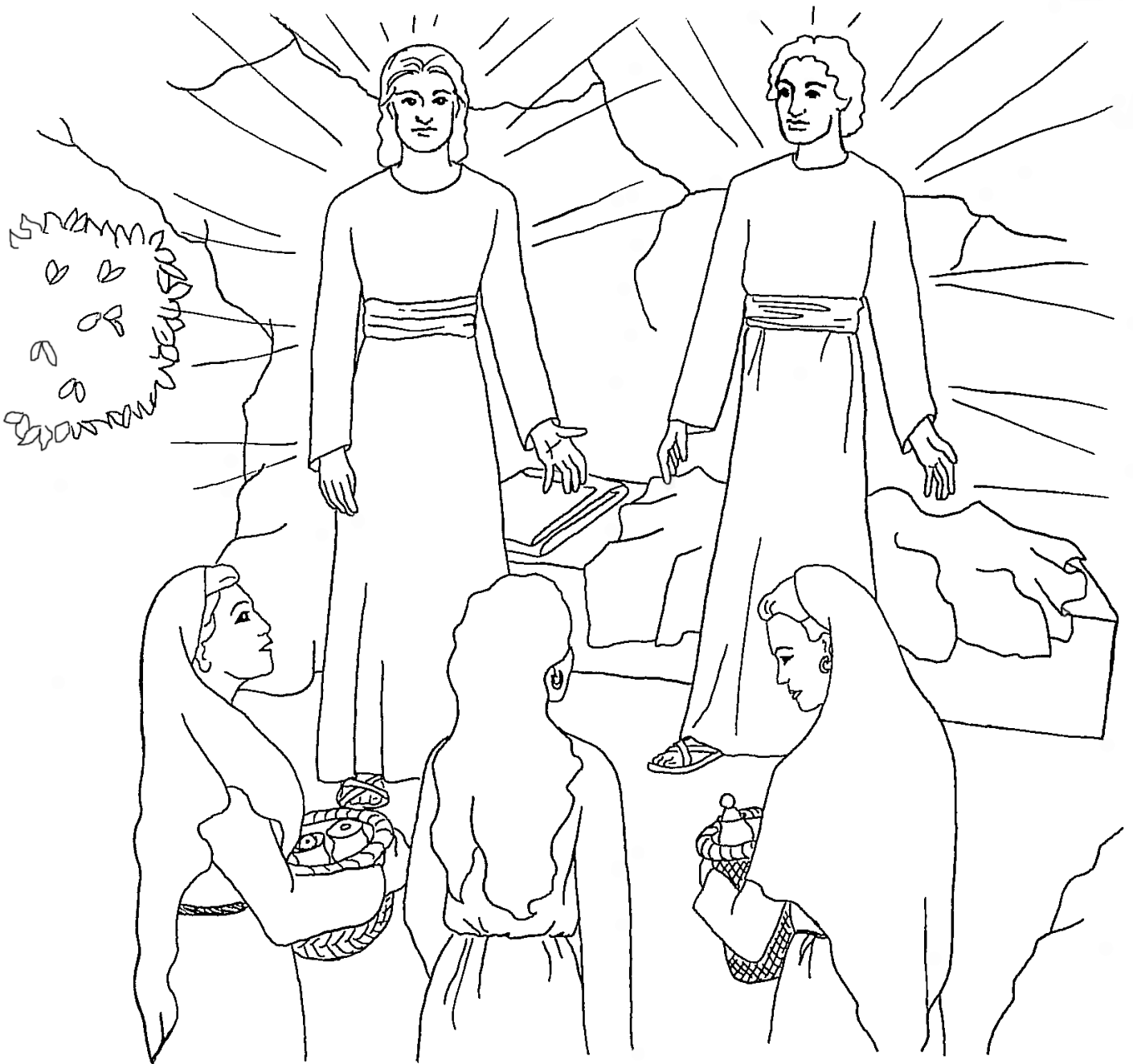
Hata ilipokuwa jioni akafika mtu tajiri wa Arimathaya, jina lake Yusufu, naye mwenyewe alikuwa mwanafunzi wa Yesu; mtu huyu alimwendea Pilato, akauomba mwili wa Yesu. Ndipo Pilato akaamuru apewe. Yusufu akautwaa mwili, akauzunga-zonga katika sanda ya kitani safi, akauweka katika kaburi lake jipya, alilokuwa amelichonga mwambani; akavingirisha jiwe kubwa mbele ya mlango wa kaburi, akaenda zake. Na pale walikuwapo Mariamu Magdalene, na Mariamu yule wa pili, wameketi kulielekea kaburi.

(Mathayo Mtakatifu 27:57-61)

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Now when evening had come, there came a rich man from Arimathea, named Joseph, who himself had also become a disciple of Jesus. This man went to Pilate and asked for the body of Jesus. Then Pilate commanded the body to be given to him. When Joseph had taken the body, he wrapped it in a clean linen cloth, and laid it in his new tomb which he had hewn out of the rock; and he rolled a large stone against the door of the tomb, and departed. And Mary Magdalene was there, and the other Mary, sitting opposite the tomb.

(Matthew 27:57-61)



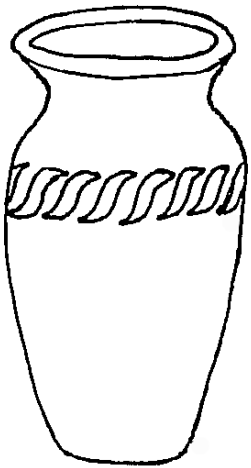
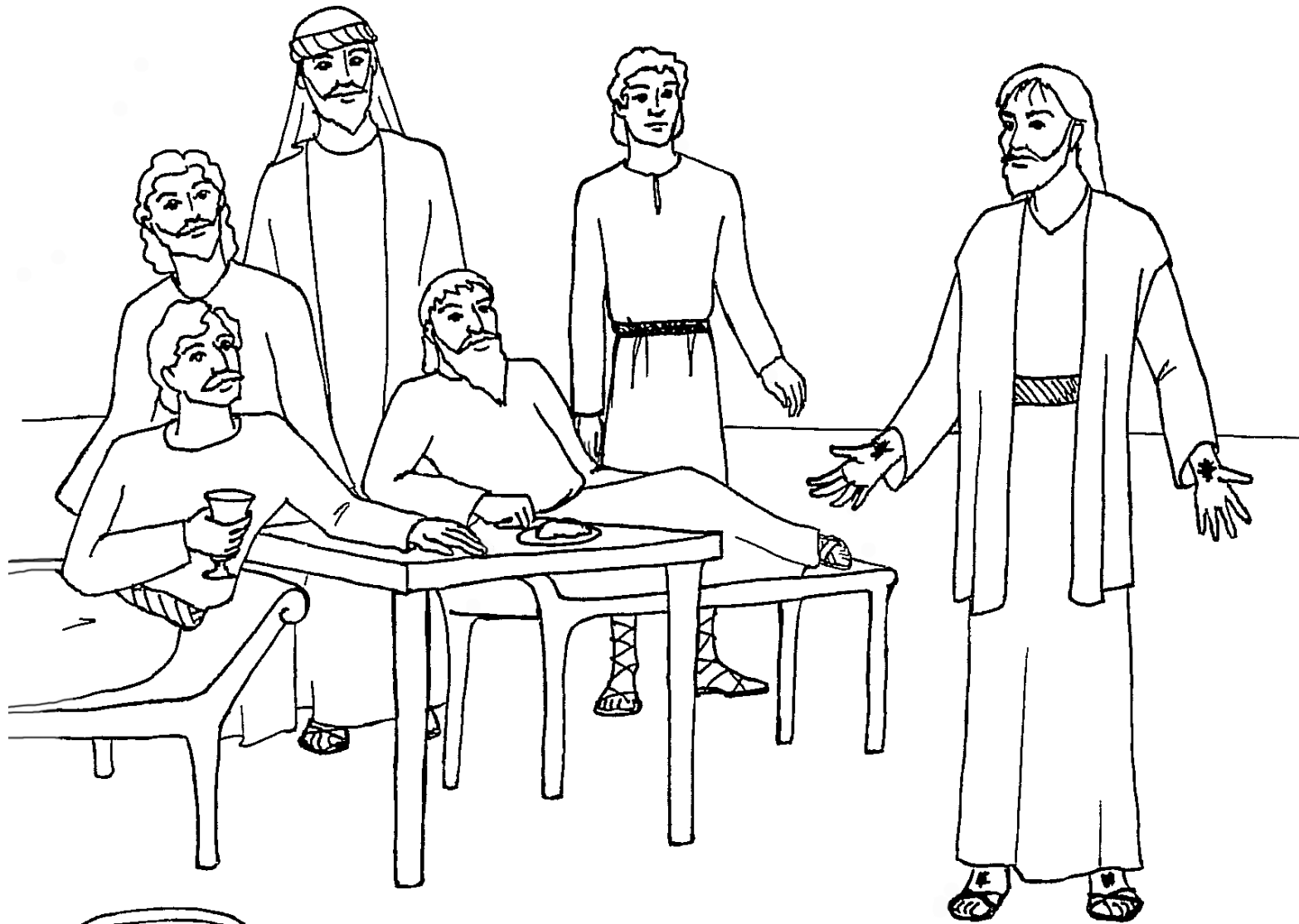
Hata siku ya kwanza ya juma, ilipoanza kupambazuka, walikwenda kaburini, wakiyaleta manukato waliyoweka tayari. Wakalikuta lile jiwe limevingirishwa mbali na kaburi, wakaingia, wasiuone mwili wa Bwana Yesu. Ikawa walipokuwa wakifadhaika kwa ajili ya neno hilo, tazama, watu wawili walisimama karibu nao, wamevaa nguo za kumetameta; nao walipoiingiwa na hofu na kuinama kifudufudi hata nchi, hao waliwaambia, Kwa nini mnamtafuta aliye hai katika wafu? Hayupo hapa, amefufuka. Kumbukeni alivyosema nanyi alipokuwa akaliko Galilaya, akisema, Imempasa Mwana wa Adamu kutiwa mikononi mwa wenye dhambi, na kusulibiwa, na kufufuka siku ya tatu. Wakayakumbuka maneno yake.

(Luka Mtakatifu 24:1-8)

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Now on the first day of the week, very early in the morning, they, and certain other women with them, came to the tomb bringing the spices which they had prepared. But they found the stone rolled away from the tomb. Then they went in and did not find the body of the Lord Jesus. And it happened, as they were greatly perplexed about this, that behold, two men stood by them in shining garments. Then, as they were afraid and bowed their faces to the earth, they said to them, "Why do you seek the living among the dead? He is not here, but is *risen!* Remember how He spoke to you when He was still in Galilee, saying, "The Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.'" And they remembered His words.

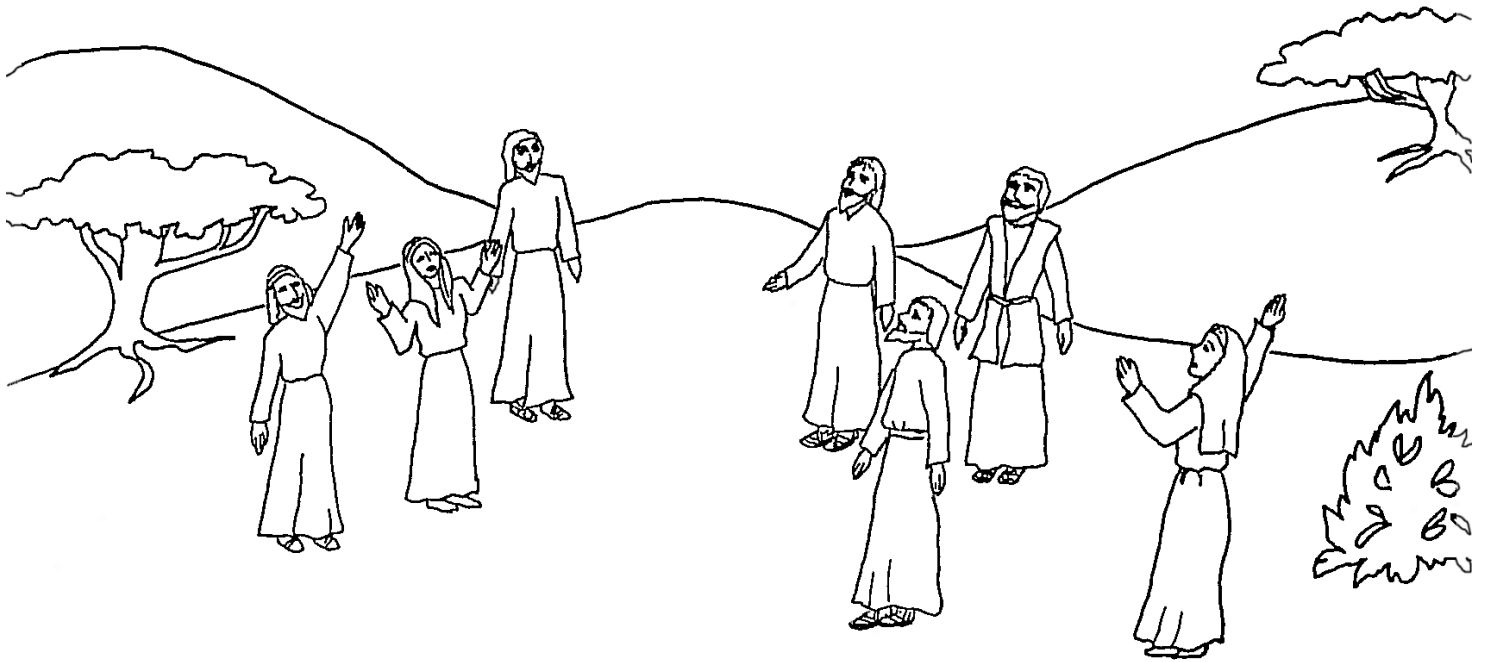
(Luke 24:1-8)



Wakaondoka saa ile ile, wakarejea Yerusalemu, wakawakuta wale kumi na mmoja wamekutanika, wao na wale waliokuwa pamoja nao, wakisema, Bwana amefufuka kweli kweli, naye amemtokea Simoni. Nao waliwapa habari ya mambo yale ya njiani, na jinsi alivyotambulikana nao katika kuumegea mkate. Na walipokuwa katika kusema habari hiyo, yeye mwenyewe alisimama katikati yao, akawaambia, Amani iwe kwenu. Wakashituka, wakaogopa sana, wakidhani ya kwamba wanaona roho. Akawaambia, Mbona mnafadhaika? na kwa nini mnaona shaka mioyoni mwenu? Tazameni mikono yangu na miguu yangu, ya kuwa ni mimi mwenyewe. Nishikenishikeni, mwone; kwa kuwa roho haina mwili na mifupa kama mnavyoniona mimi kuwa nayo. Na baada ya kusema hayo aliwaonyesha mikono yake na miguu yake. (Luka Mtakatifu 24:33-40)

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So they rose up that very hour and returned to Jerusalem, and found the eleven and those who were with them gathered together, saying, "The Lord is risen indeed, and has appeared to Simon!" And they told about the things that had happened on the road, and how He was known to them in the breaking of bread. Now as they said these things, Jesus Himself stood in the midst of them, and said to them, "Peace to you." But they were terrified and frightened, and supposed they had seen a spirit. And he said to them, "Why are you troubled? And why do doubts arise in your hearts? Behold My hands and My feet, that it is I Myself. Handle Me and see, for a spirit does not have flesh and bones as you see I have." When He had said this, He showed them His hands and His feet. (Luke 24:33-40)



Akawaambia, Ndivyo ilivyoandikwa, kwamba Kristo atateswa na kufufuka siku ya tatu; na kwamba mataifa yote watahubiriwa kwa jina lake habari ya toba na ondoleo la dhambi, kuanza tangu Yerusalemu. Nanyi ndinyi mashahidi wa mambo haya. Akawaongoza mpaka Bethania, akainua mikono yake akawabariki. Ikawa katika kuwabariki, alijitenga nao; akachukuliwa juu mbinguni. (Luka Mtakatifu 24:46-48 & 50-51)

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And He said to them, "Thus it is written, and thus it was necessary for the Christ to suffer and to rise from the dead the third day, and that repentance and remission of sins should be preached in His name to all nations, beginning at Jerusalem. And you are witnesses of these things." And he led them out as far as Bethany, and He lifted up His hands and blessed them. Now it came to pass while He blessed them, that He was parted from them and carried up into heaven. (Luke 24:46-48 & 50-51)

For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved. He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God. (John 3:16-18)

Kwa maana jinsi hii Mungu aliupenda ulimwengu, hata akamtoa Mwanawe pekee, ili kila mtu amwaminiye asipotee, bali awe na uzima wa milele. Maana Mungu hakumtuma Mwana ulimwengu ili auhukumu ulimwengu, bali ulimwengu uokolewe katika yeye. Amwaminiye yeye hahukumiwi; asiyeamini amekwisha kuhukumiwa; kwa sababu hakuliamini jina la Mwana pekee wa Mungu. (Yohana Mtakatifu 3:16-18)

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If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (I John 1:8-9)

Tukisema kwamba hatuna dhambi, twajidanganya wenyewe, wala kweli haimo mwetu. Tukiziungama dhambi zetu, Yeye ni mwaminifu na wa haki hata atuondolee dhambi zetu, na kutusafisha na udhalimu wote. (I Yohana 1:8-9)

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Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me." (John 14:6)

Yesu akamwambia, Mimi ndimi njia, na kweli, na uzima; mtu haji kwa Baba, ila kwa njia ya mimi. (Yohana Mtakatifu 14:6)

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"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light. (Matthew 11:28-30)

Njoni kwangu, ninyi nyote msumbukao na wenye kulemewa na mizigo, nami nitawapumzisha. Jitieni nira yangu mjifunze kwangu; kwa kuwa mimi ni mpole na mnyenyekevu wa moyo; nanyi mtapata raha nafsi mwenu; kwa maana nira yangu ni laini, na mzigo wangu ni mwepesi. (Mathayo Mtakatifu 11:28-30)

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And truly Jesus did many other signs in the presence of His disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name. (John 20:30-31)

Basi kuna ishara nyingine nyingi alizozifanya Yesu mbele ya wanafunzi wake, zisizoandikwa katika kitabu hiki. Lakini hizi zimeandikwa; ili mpate kuamini ya kwamba Yesu ndiye Kristo, Mwana wa Mungu; na kwa kuamini mwe na uzima kwa jina lake. (Yohana Mtakatifu 20:30-31)

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"I am the Alpha and the Omega, the Beginning and the End, the First and the Last." (Revelation 22:13)

Mimi ni Alfa na Omega, mwanzo na mwisho, wa kwanza na wa mwisho. (Ufunuo Wa Yohana 22:13)

**AΩ**



Does this prayer express the desire of your heart? If it does, pray this prayer and Christ will come into your life as He promised:

*"Lord Jesus, I realize that I am a sinner and need you in my life. I thank you for dying on the cross to take away my sins. Thank you for forgiving my sins and giving me eternal life. I invite you into my life as Savior and Lord. Please take control of my life."*

Name \_\_\_\_\_ Date \_\_\_\_\_

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Je maombi haya ni sawa na moyo wako? Kama ni sawa, omba maombi haya na Kristo ataingia ndani ya maisha yako kama alivyoahidi:

*"Bwana Yesu, Nimegundua ya kwamba mimi ni nwenye dhambi na ninakuhitaji katika maisha yangu. Ninakushukuru kwa kufa msalabani ili uondoe dhambi zangu. Asante kwa kunisamehe na kunipa maisha ya milele. Ninakukaribisha ndani ya maisha yangu kama Bwana na Mwokozi. Tafadhali yaongoze maisha yangu."*

Jina \_\_\_\_\_ Tarahe \_\_\_\_\_

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