

Regional Cadet Support Unit (Northwest)
PO Box 17000 STN Forces
Winnipeg MB R3J 3Y5

1085-3 (Regional Training)

28 March 2024

Distribution List

JOINING INSTRUCTIONS -
PROVINCIAL MARKSMANSHIP COMPETITION 2024

Ref: CCOMCS Rule Book Sep 2021

GENERAL

1. The Provincial Marksmanship Competition will occur at Edmonton Garrison Twin Arena from 13-14 April 2024.
2. These Joining Instructions are published to help participants prepare for their travel and activities related to the Provincial Marksmanship Competition.

ARRIVAL/INTAKE

3. All out-of-town participants are to arrive at BB222 NLT 2300hrs on 12 April 2024. All local participants should arrive NLT 0730 13 April 2024.
4. A coaches briefing will be held at 0700 at the mess hall. All coaches will receive the detailed competition and match schedule during this initial briefing.

TRAVEL, RATIONS AND ACCOMMODATIONS

5. All travel outside of the Greater Edmonton area for cadets and coaches will be arranged and published by J4 Movements. Travel for competition staff will be booked through J8 Finance.
6. Two buses have been arranged to transport cadets from Northern and Southern Alberta. The following is a brief summary of the schedule. Please refer to the travel orders provided by J4 Movements.
 - COLD LAKE – LLOYDMINSTER – EDMONTON
 - Departing long term parking at Canex, CFB Cold Lake at 1800
 - Departing 186 LHQ (4725 49 Ave) Lloydminster at 2000
 - Arriving in Edmonton at 2230

- Departing Sunday April 14 at 1400
- MEDICINE HAT – LETHBRIDGE – CALGARY – RED DEER – EDMONTON
 - Departing Patterson Armoury Medicine Hat at 1600
 - Departing Vimy Ridge Armoury Lethbridge at 1800
 - Departing HMCS Tecumseh Calgary at 2015
 - Departing Co-Op Place Wetaskawin at 2200
 - Arriving Edmonton 2330
 - Departing Sunday April 14 at 1400

7. Teams that are flying will need to ensure cadets have a copy of their itinerary from Fortress and have a government-issued photo ID that matches the name on their ticket. Coaches who incur unexpected costs for excess baggage when travelling via commercial air are authorized to claim expenses with a CF52 under the activity in code.

8. Meals-on-route will be provided by J4 Movements as required. Anyone meeting a bus after 1200hrs will eat lunch prior to departure from their residences.

9. Accommodations for out-of-town participants and staff are provided at Edmonton Garrison B222. Linens/bedding is provided; however, all members must ensure they bring their own towels and toiletries

10. Rations are provided for out-of-town participants and staff for the weekend. The first meal in the Mess Hall for out-of-town participants and staff will be breakfast on 13 April, and the last will be a box lunch on 14 April. Supper for local participants and staff on April 13 will only be at the mess if the competition does not end before 17:30 hrs. Meals for those who do not arrive home before supper on 14 April will be arranged through J4. Any special dietary needs must be identified as soon as possible. Participants flying out on 15 April will eat breakfast at the mess prior to leaving for the airport.

11. Coaches are reminded that the barracks must be cleaned and left in a tidy state prior to departure on Sunday. March out is NLT 0900hrs on Sunday, 14 April but a specific checking out time for competition staff to inspect will be communicated at the coach's meeting. The cube truck will be available to move personal kit from the barracks to the arena (11 minute walk) should participants be unable to carry the items. Quarters will be inspected, and an out-clearance routine will be conducted before any teams/individuals can leave.

DRESS

12. Dress for the duration of the competition is as follows; Competition Staff will be wearing Cadpat. Coaches and Cadets will be in appropriate civilian attire.

EQUIPMENT

13. All equipment required to set up the range and related areas will be provided and set

up by competition staff. Only pellets issued by competition staff are authorized.

14. Teams are responsible to bring their corps/squadron air rifles and any personal/team shooting equipment including but not limited to off hand stands and or spotting scopes. Any teams not in possession of such items can request assistance through Regional Training.

SUPERVISION & MEDICAL

15. Coaches are responsible for their teams during the competition. Coaches are not required to be RSOs as supervision of the range will be the competition staff's responsibility.

16. **IMPORTANT:** All Cadets attending Provincial Marksmanship must have a completed annual medical validation or a RMLO screened DHQ approved before they arrive to the competition, or they will not be allowed to participate.

17. Coaches shall ensure that all cadets who bring prescription medication, must provide this medication to their coach upon arrival. Cadets will retain and be required to manage all Epi-pen, inhalers and birth control pills on their own. Coaches will supervise the cadets when they are required to take their medications.

18. After hours, medical emergencies shall be taken to the Sturgeon Community Hospital. Urgent or life threatening emergencies shall dial 911. Any medical treatment or injuries must be reported to the coach or competition staff immediately

COMPETITION STRUCTURE

19. A safety briefing will be conducted before the start of the arena's zeroing time, where the range will be set up.

20. All specifications of the Provincial Competition will follow the CCOMCS Rule book. It is the responsibility of the coaches to read the rule book and ensure they seek clarity wherever necessary. All questions can be directed to Capt Bentley Barr, (Chief of Competition) prior to the competition or to any competition staff during the competition. A thorough briefing will also be given at the mandatory coaches meeting on Saturday, 13 March 2024. Some key points include:

- a. All shooting will be conducted on the SIUS electronic targets;
- b. Equipment will be checked
- c. Cadets will shoot three (3) relays in the prone position on Saturday and two (2) relays in the standing position on Sunday.

21. A Junior is a cadet who has not reached the age of 15 by two (2) days after the

conclusion of the Provincial Championship, which is **16 April 2024**. An Open Competitor must not have turned 19 by the same date. It is the responsibility of coaches and the Corps/Squadron COs to ensure their team composition of Juniors and Open is correct. Ages will be verified on FORTRESS prior to the competition. Age errors could result in team disqualification.

ADMINISTRATION

22. Cadets who have been selected for the Stage III Provincial Competition have been added to the FORTRESS serial under “Summer Training and Activities by Selection” tab and changes should have been communicated to the OPI and OIC.

23. Any questions or feedback may be addressed to Captain Stephanie Russell, OIC EX, until 11 April 2024 at stephanie.russell@cadets.gc.ca

J.P. Ruiz
Lt(N)
Regional Training Officer
Distribution List
Action

CO 22, 34 RCSCC
CO 2051, 3069, 2850, 3016, 2313, 3004, 2837, 2748, 2724 RCACC
CO 755, 533, 810, 699, 664, 186, 42, 11, 551, 825 RCACS
J4 Movements

Information

J35
J4 NW
PAO
Z Trg O's

CCOMCS STAGE III 2024 - KIT LIST

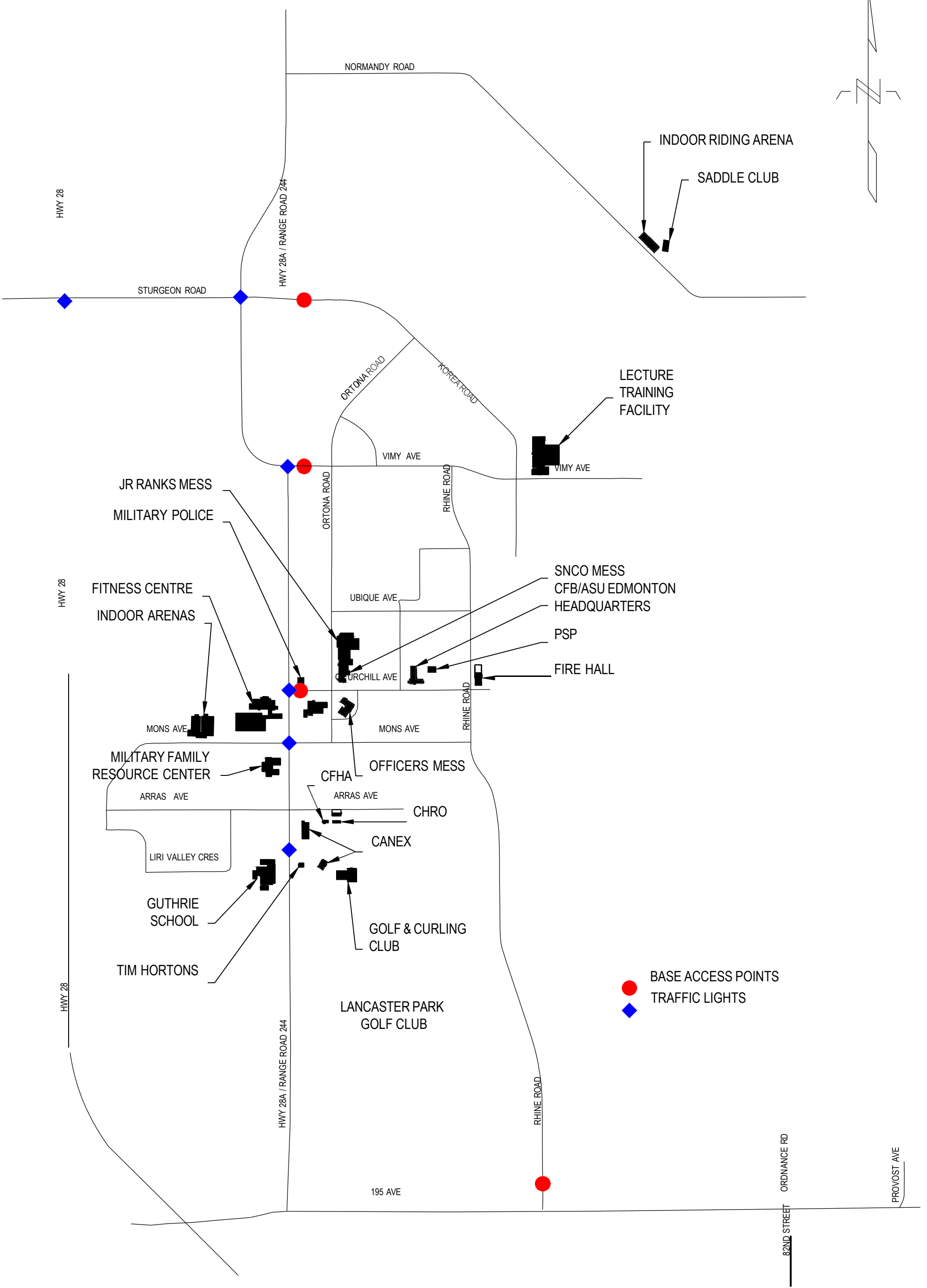
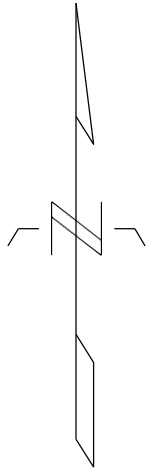
1. Competitors/Coaches are required to bring the following items to the Stg III Prov competition:
 - a. appropriate civilian attire;
 - b. Toiletries;
 - c. Towels

2. Teams are required to bring the following items to Stg III:
 - a. air rifles;
 - b. apertures (as required);
 - c. spotting scopes;
 - d. tripod;
 - e. clipboard;
 - f. air rifle slings (as required/desired);
 - g. shooting gloves (as required/desired);
 - h. shooting jackets (as required/desired);
 - i. shooting mats (optional); and
 - j. safety glasses.

3. Please note the following items are prohibited:
 - a. Knives or weapons of any kind with the exception of authorized competition rifles; and
 - b. smoking paraphernalia, drugs, and alcohol.

1. Cadet corps and participants shall be responsible for personal belongings and valuables.

EDMONTON GARRISON STEELE BARRACKS

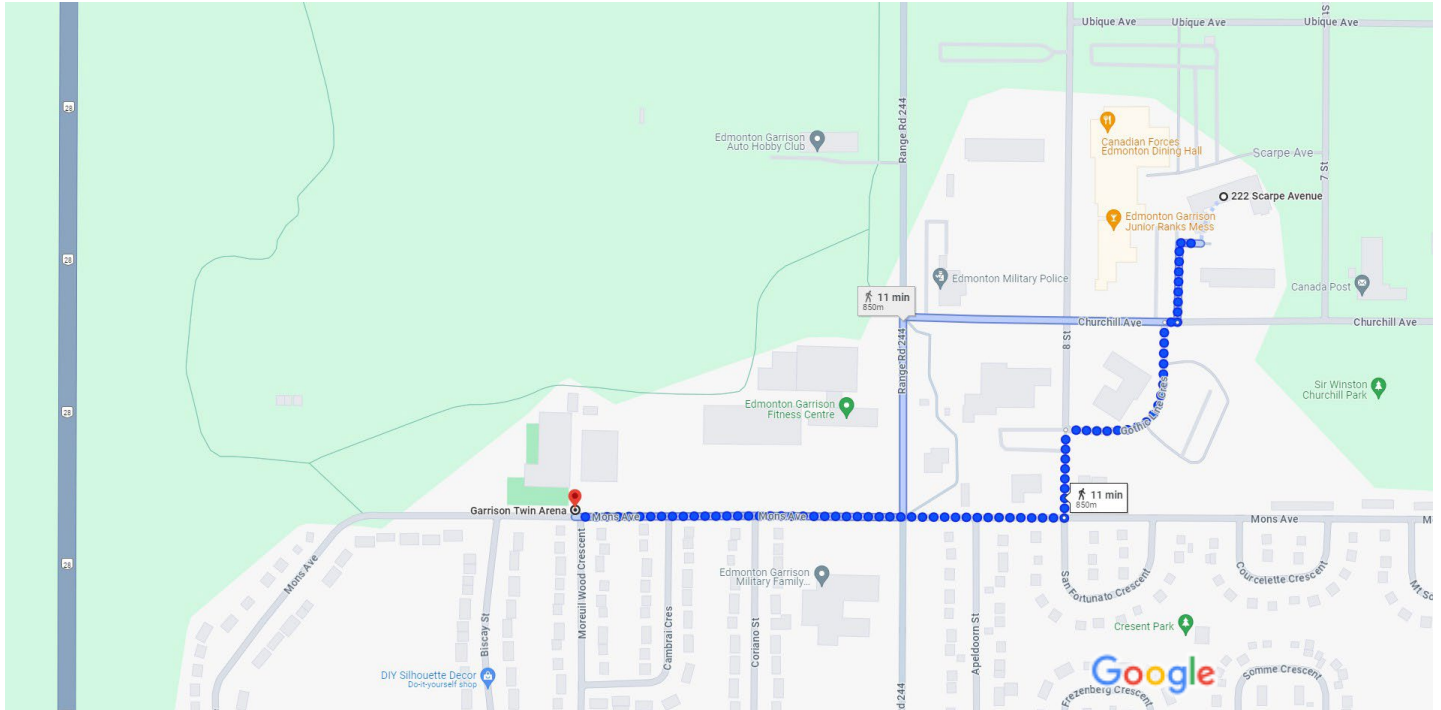


- BASE ACCESS POINTS
- ◆ TRAFFIC LIGHTS



222 Scarpe Ave, Edmonton, AB T0A 2H0 to Garrison Twin Arena, Avenue Mons, Lancaster Park, AB T0A 2H0

Walk 850 m, 11 min



Map data ©2024 50 m



Use caution—walking directions may not always reflect real-world conditions

This route has restricted usage or private roads.

222 Scarpe Ave
Edmonton, AB T0A 2H0

- ↑ 1. Head west toward Churchill Ave
95 m
- ↘ 2. Turn right onto Churchill Ave
 Restricted usage road
12 m
- ↙ 3. Turn left onto Gothic Line Cres
 Restricted usage road
180 m
- ↙ 4. Turn left at 8 St/Ortona Ave
 Restricted usage road
83 m
- ↘ 5. Turn right onto Mons Ave
 Restricted usage road
 Destination will be on the right
450 m

Stage 3 Marksmanship Competition, Edmonton 12-14 April 24

Time	Action	Personnel
0900	Staff arrives, begin Set-up.	All Staff
1200-1300	Lunch	
1300-1630	Continue Set-up; test SIUS system	All Staff
1630-1800	Dinner	
1800-2100	Set-up reception, check-in, etc.	Results Team
1800-2000	Final Set-up, Testing if required.	Range Team
2030	First Teams arrive, Marshall and Equ	Cadets, Rifles, Jackets, Gloves.
2100-2200	Equipment Check for all available teams.	
2230	Last teams arrive, Marshall and Equ	Cadets, Rifles, Jackets, Gloves.
2300	Lights-out	Cadets, Coaches, Event Staff

Stage 3 Marksmanship Competition, Edmonton 12-14 April 24

Time	Action	Personnel
0600	Revielle, Ablutions.	All overnight competitors and coaches.
0630-0730	Mess Hall opens; ALL Event staff eat first, please!	All overnight competitors and coaches.
0800-0900	Equipment Check	Team in full equipment
0815-0845	Coaches meeting, Lane assignments, Jury, etc.	Chiefs and Official Coaches.
0845-0900	Final Range check; Cadets marshall into range.	Comp. Staff, Coaches, Cadets.
0900-1000	Prone zeroing for all competitors	Cadet Competitors
1000-1015	Reset Range, Marshall 1st Relay	Range staff
1015-1100	Prone Relay 1	Teams 1, 2, 3, 4, 5 and 6 and (AB Comp A&B)
1100-1145	Prone Relay 2	Teams 7, 8, 9, 10, 11 and 12. (AB Comp C&D)
1145-1230	Prone Relay 3	Teams 13, 14, 15, 16, 17 and 18. (AB Comp E)
1230-1315	Prone Relay 4	Teams 1, 2, 3, 4, 5 and 6 and (AB Comp A&B)
1200-1330	Lunch, concurrent with Competition Range activity.	
1315-1400	Prone Relay 5	Teams 7, 8, 9, 10, 11 and 12. (AB Comp C&D)
1400-1445	Prone Relay 6	Teams 13, 14, 15, 16, 17 and 18. (AB Comp E)
1445-1530	Prone Relay 7	Teams 1, 2, 3, 4, 5 and 6 and (AB Comp A&B)
1530-1615	Prone Relay 8	Teams 7, 8, 9, 10, 11 and 12. (AB Comp C&D)
1615-1700	Prone Relay 9	Teams 13, 14, 15, 16, 17 and 18. (AB Comp E)
1700-1730	Range Reset	All Staff and Cadet Officials
1730-1900	Supper.	
1900-1930	Post Interim results	
1900-1920	Standing Relay 4.	Whitehorse Team.
2200	Lights Out	Barracks Staff

Stage 3 Marksmanship Competition, Edmonton 12-14 April 24

Time	Action	Personnel
0600	Revielle, Ablutions, PACK & Checkout.	All overnight competitors and coaches.
0630-0730	Mess Opens; ALL Event staff eat first, please!	All overnight competitors and coaches.
0730-0830	Sighting period	
0830-0845	Final Range check; Marshall 1st Relay	Range staff
0845-0930	Standing Relay 1 (20 shots)	Teams 1, 2, 3, 4, 5 and 6. and (AB Comp A&B)
0930-1015	Standing Relay 2 (20 shots)	Teams 7, 8, 9, 10, 11 and 12. (AB Comp C&D)
1015-1100	Standing Relay 3 (20 shots)	Teams 13, 14, 15, 16, 17 and 18. (AB Comp E)
1100	Whitehorse Team Departs.	
1100-1120	Standing Relay 4 (10 shots)	Teams 2, 3, 4, 5 and 6. and (AB Comp A&B)
1120-1140	Standing Relay 5 (10 shots)	Teams 7, 8, 9, 10, 11 and 12. (AB Comp C&D)
1140-1200	Standing Relay 6 (10 shots)	Teams 13, 14, 15, 16, 17 and 18. (AB Comp E)
1200-1330	Lunch	
1310-1330	Final Jury/ Coaches Meeting/ Interim Results	Chiefs and Coaches.
1300	Remaining Northern teams depart.	
1300-1430	Range Teardown	Event Staff/ Cadet Officials
1300-1430	Clean Up Hall, pack, etc.	EVERYONE
1430-1500	Awards and Announcements, then Competitor Dismissal	
1100-1400	Teams depart.	
1515-1600	Final Clean-up and Range Tear-down/pack.	ALL Event Staff
1600	Dismissal and/or move to quarters.	All remaining staff/cadets.

Roll Call

Unit #	Team #	Sunday Relays	Location	On Base	Departure Time	Coach
755 #1	18	3,6	Stony Plain	Yes	PMV	Capt Lindsey Dye
755 #2	7	2,5	Stony Plain	Yes	PMV	CV Megan Proctor
2051 #1	17	3,6	Edmonton	No	PMV	CI Charles Bernachez
2051 #2	8	2,5	Edmonton	No	PMV	CI Charles Bernachez
22 #1	16	3,6	Calgary	Yes	1400	CI Beatrice Khunlee
22 #2	9	2,5	Calgary	Yes	1400	CI Hannah Zike
22 #3	2	1,4	Calgary	Yes	1400	CI Hannah Zike
533 #1	15	3,6	St. Albert	No	PMV	CI Owen Garrett
533 #2	10	2,5	St. Albert	No	PMV	CI Owen Garrett
2850 RCACC	3	1,4	Grand Prairie	Yes	1300	Lt Neil Filler
664 RCACS	11	2,5	Cold Lake	Yes	1400	Capt Ed Buerfeind
186 RCACS	12	2,5	Lloydminster	Yes	1400	CI Gordon Stefanuk
42 RCACS	14	3,6	Wetaskiwin	Yes	1400	CI BE Furuness
11 RCACS	13	3,6	Lethbridge	Yes	1400	2Lt Nathaniel Quinn
34 RCSCC	6	1,4	Lethbridge	Yes	1400	CI Ashley Ruttan
551	1	1,4	Whitehorse	Yes	1100	CI Jim Forsey
3004	4	1,4	Cambridge Bay	Yes	Monday	OCdt Mark Mcquire
Arctic Wild A-B	5	1,4	Yellowknife	Yes	1300	Capt Paul Mckee
Arctic Wild C-D	5	1,4	Yellowknife	Yes	1300	Capt Paul Mckee
Arctic Wild E	5	1,4	Fort Smith	Yes	1300	Capt Paul Mckee
AB Wildcard A	19	1,4	Namao	No	PMV	CI Ashley Ruttan
AB Wildcard B	19	1,4	Edmonton	No	PMV	CI Ashley Ruttan
AB Wildcard C	19	2,5	Airdrie	Yes	1400	CI Ashley Ruttan
AB Wildcard D	19	2,5	Edmonton	No	PMV	CI Ashley Ruttan
AB Wildcard E	19	3,6	Medicine Hat	Yes	1400	CI Ashley Ruttan