

## FRUIT OF THE SPIRIT INVENTORY

1. **Love.** Am I motivated to do for others as Christ has done for me, or am I giving in order to receive something in return?
2. **Joy.** Am I experiencing a joy of life on a regular basis, regardless of my circumstances or is my happiness dependent on things going smoothly in my day?
3. **Peace.** Do I find myself frazzled by the crashing waves of turmoil in my life, or am I experiencing “the peace that passes all comprehension” (Philippians 4:6-7)?
4. **Patience.** Am I easily set off when things go wrong or when people irritate me, or am I able to keep a godly perspective in the face of life’s frustrations?
5. **Kindness.** Is it my goal to serve others with kindness, or am I too focused on my own needs, desires or problems to let the goodness of God overflow to others?
6. **Goodness.** Does my life reflect the holiness of God, **and** do I desire to see others experience God at a deep level in their own lives?
7. **Faithfulness.** Are there areas of hypocrisy and indifference toward others in my life, or is my life characterized by faith in Christ and faithfulness to those around me?
8. **Gentleness.** Do I come across to others as hyper-critical and headstrong, or am I allowing the grace of God to flow through me to others?
9. **Self-control.** Are my fleshly desires controlling my life, or am I allowing the Spirit to direct me to the things that please God and serve others?