

What's Included?

Here's a list of the services we provide:

Category	Specifics	Member charge	Notes
Wellness Care			
	Comprehensive Physical Exam	\$0	
	Health Maintenance	\$0	
	Immunization Recommendations	\$0	
	Wellness Planning	\$0	
	Weight Management	\$0	
	Rectal exam/stool test	\$0	
	DOT Physical and Card	\$0	
Acute/Sick Care			
	Same day & next day visits	\$0	
	Afterhours/weekend care	\$0 & by appointment	
	House Call	\$0	
Complex Care Coordination			
	Diabetes Management	\$0	
	Hypertension Management	\$0	
	Hyperlipidemia Management	\$0	
	Mental Health/Wellness	\$0	
	Hospital Follow-Up	\$0	

Category	Specifics	Member charge	Notes
	Pre-Operative Examinations	\$0	
	Comprehensive Med List Review	\$0	
Procedures/Labs			
	Urinalysis	\$0	
	Wellness labs	Varies	Wholesale prices
	Other labs	Varies	Wholesale pricing
	Ingrown Toenail removal	\$0	
	Wart removal/Cryotherapy	\$0	
	Mole removals	\$0	
	Cyst removals	\$0	
	Skin tag removals	\$0	
	Treatment for 'age spots'	\$0	
	Skin biopsies	\$0	
	Foreign Body Removal	\$0	
	Knee Injections	\$0	
	Shoulder Injections	\$0	
	Hip (trochanter) Injections	\$0	
	Elbow (Epicondyle) Injections	\$0	
	Laceration repairs	\$0	
	Pathology FEE for removed skin lesions	varies, generally \$65	wholesale pricing
	EKG	\$0	

Category	Specifics	Member charge	Notes
	Immunization Review/Recs	\$0	
	Sick visits	\$0	
	Sports Physicals	\$0	
Labs			low negotiated cost; often <65% billed cost
Xray/Imaging			low negotiated cost; often <65% billed cost
Prescription drugs			low negotiated cost; often <65% billed cost
Classes/Education			
	Weight Management/Counseling	\$0	
	Diabetes Management/Counseling	\$0	
	Nutrition Management/Counseling	\$0	
	Medication Consolidation and review	\$0	