



We offer classes & events to embrace the Harmony of Mind~Body~Spirit & Aloha Consciousness ... With new heights of perception, we can Excite, Expand & Empower our awareness to BE the BEST VERSION of OURSELVES within the Wholeness of Life ... Every journey into the Mind~Body~Spirit begins with a single thought, footstep or "Ah-Ha" moment ... Take a breath ... Take a step ... The Journey begins ...



Business/Personal Development

- Business in the Real World
- Instructor Training
- Shamanic Life Coaching

Synergy Work

- Crystals, Stones & Seashells
- Huna I-II-Master/Teacher (Hawaiian Energy Work)
- Lomilomi I - Basic Hawaiian Massage - Big Island Style
- Lomilomi II - Full Hawaiian Massage - Big Island Style
- Lomilomi Master/Teacher - Big Island Style
- Qi Gong
- Reflexology
- Reiki I-II-Master/Teacher (Usui Reiki Ryoho)
- Shamanic Ceremony/Ritual (Blessings/Clearings, Chakra, Feather)
- Sound/Vibrational

Shamanism ~ Modern/Cross-Cultural

- Earth Super Powers
- Meditation
- Merkaba A-Ω Activation
- Simply Shaman Mystery School, Interdimensional Shamanism  
3D~4D~5D & Beyond

Tai Chi & Qi Gong

- Kalana Hula – 6 Movements (Hawaiian Qi Gong)
- Qi Gong – 36 Forms
- Yang Long Form - 1st, 2nd, 3rd Circles – 108 forms (Private class only)

## Classes

Class info also available on our EarthStar FB Page:

<https://www.facebook.com/earthstarspiritualcenter>

### Registration & Refunds

- Registration may be made by email/in-person/phone/text
  - Email: [earthstarsc@gmail.com](mailto:earthstarsc@gmail.com)
  - Home (336) 668-7044 ... Mobile: (336) 681-8342
- Once Registration is made, additional class information & a PayPal link will be sent by email to complete registration with tuition.
- Payment is due by start of class ... If PayPal has not been used, please arrive early to take care of tuition before class begins.
- Refund/Credit
  - Cancellation must be made (by phone/text) no later than day before class for a refund.
  - Once class begins, there will be NO refunds (or credit on future classes) for no-shows, late arrivals or early departures.
  - If a class is cancelled, a full refund will be given.



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