



## Merkaba Programming & Uses

**Merkaba is a living field – aware, conscious, evolving & responsive.**

- Give guidelines of behavior - what to do/energies to emit/size, etc.
- Merkaba adjusts to your capabilities ... Allow it to show you possibilities.
- Size of Alpha Sphere/Leonardo Field – arms' length ... Fully expanded Merkaba is 55 feet to the sides (like a flying saucer).
- Mother Earth allows maximum size of Merkabas - 350 miles.
- Remains forever unless removed or death
- Programming - No Love – No Merkaba
- Heart Merkaba is full of love – will not ever cause harm.
- No entity can enter Heart Merkaba – must be love.
- Materializes closer to 4D.
- Connecting - Program all created Merkabas to automatically connect.
- Energize every day upon awakening ... Energize connection.
- Program Merkaba to re-create/duplicate Earth's magnetic field if it collapses to preserve your memories ... Place on automatic standby.
- Program to assimilate/filter energies for personal use - 5G, Cosmic, Light & other energy vibrations/waves.

## **External Merkabas – Clones**

- May be placed around own children, grandchildren & parents  
– Karmic relationship, so no need for personal permission  
(unless you feel an energy pushback).
- Crystals & Stones – Sacred Objects – Food & Water Prayers
- Personal objects, such as cars, computers, homes, etc. &  
definitely pets
- Are exact duplicates of your main Heart Merkaba ... Can  
create an infinite amount of External Clone Merkabas
- All Clone/External Merkabas will connect, even the Merkabas  
of students you have taught.



## Clone/External Merkabas for Healing Mother Earth

**>>> Ask Mother Earth for permission. <<<**

1. Permission granted ... Face area/structure ... Give offering.
2. Go Within ... Unity Breath (Father Sun/Mother Earth/Self).
3. See, hear or feel the Sacred Space of your Heart ... Imagine the bubble around this space.
4. Project your Merkaba in front of you.
5. See Merkaba moving to where you want it ... Imagine it floating above the area/tallest object/building/mountain, etc.
6. Small structure/area: Expand the Merkaba to 55 feet high & wide ... & direct the Merkaba to rise 55 feet above the Earth or tallest structure/object.  
Large area/city: Expand the Merkaba to 555 feet high & wide ... & direct the Merkaba to rise 555 feet above the Earth or tallest structure/object.  
National Capital City/X-Large City: Expand the Merkaba to 5,555 feet high & wide ... & direct the Merkaba to rise 5,555 feet above the Earth or tallest structure/object.
7. Imagine a light beam from the top point, connecting with a node of the Unity Consciousness Grid (dodecahedron) surrounding the Earth ... & imagine a light beam from the bottom point connecting with the Heart of Mother Earth.
8. Direct the Merkaba to spin (3 Merkabas in one: one left, one right & one stationary) by saying aloud, "ACTIVATE" (3x), followed by the Trinity Breath (3 puffs of air).
9. Allow a few minutes ... Feel the breeze from the spinning Merkaba or some indication from Mother Earth the Merkaba has been created successfully.

>>> End with "Thank You" ... Clap hands, & shout "Pau" (Hawaiian, "finished"). <<<

