



EarthStar Spiritual Center's Reiki Classes

People have often asked: "Why study Reiki with EarthStar Spiritual Center if I am already attuned by another Reiki Master?" ... "What does ESC Reiki offer above & beyond standard Reiki training from other teachers?"

... Favorable reason for studying with ESC is our integration of other energy dimensional/healing/movement modalities to evolve Reiki Energy with Frequencies/Harmonies/Vibrations for Mind, Body & Spirit Healing during this Ascended State of Humanity ... Harmony ...

- Reiki I & II (\$144 each)
 - Usui Reiki Ryoho (Usui System of Natural Healing)
 - Attunements with Power Symbol & Personal Master Symbols (Reiki 1)
 - Attunement w/Arcturian Star Light (sand sculpture at Mt. Kurama)
 - Attunements with Power, Mental/Emotional & Distant Reiki Symbols (Reiki II)
 - 3 symbols for Power, Mental/Emotional & Distant Reiki (as drawn by Hawayo Takata)
 - H.E.A.L.I.N.G. acronym of awareness for ceremonial consistency in Reiki sessions
 - Integrating deep breathing (Qi Gong) techniques for energy movement
 - North Carolina licensing statutes/procedures for a Reiki business
 - Qi Gong movements for grounding/centering
 - Reiki 1 & Reiki II are both 1-day classes for Certification (usually taught in 1 weekend)
 - Reiki Ideals by Mikao Usui
 - Seated Reiki Healing & hand positions
 - Self-Healing techniques & hand positions
 - Standard 12 Reiki hand positions plus 16 joint positions (Huna Hawaiian)
 - Techniques to stay energized after a session – not feeling "drained"
 - Use of Japanese/Reiki words for vibrational/frequency energy healing
 - Visualizing with the Blue Reiki Ray (same color of Medicine Buddha)

- Reiki Master (\$555)

- Above teachings if did not have Reiki I/II with ESC
- 2-day class for Certification (taught in 1 weekend)
- 3 pillars of Reiki: Buddhism, Shintoism, Qi Gong
- Attunement with Tibetan Master Symbol & Tibetan Fire Serpent (Kundalini)
- Attunement with Medicine Buddha
- Attunement with Arcturian Star Light
- Ceremony, Ritual & Sacred Circle
- Enhanced Master Healing techniques & crystals/stones
- Hawaiian Chants & Huna integration
- Japanese numbers & words
- Medicine Buddha bracelet
- Reiki Lineage (9th from Mikao Usui)
- Sanskrit & Medicine Buddha Chants
- Tea Ceremony
- Use of Ceremonial clothing, instruments, supplies & tools for Reiki Energy Healing

- Reiki Master Teacher (\$333)

- Above teachings of Reiki I/II/Master ... Must be an ESC Reiki Master
- Acquiring Ceremonial clothing, instruments, supplies & tools for Reiki classes
- 2-day class for Certification (taught in 1 weekend)
- ESC Reiki Manuals available for purchase for classes
- Instructor Methodology & Training (1-day class)
- Interfaith Minister Ordination (written reports required)
- Teaching Attunements for Reiki I, II & Master Levels
- Teaching Ceremonies/Rituals, Chants, Numbers, Sacred Circle & Words for Reiki
- Teaching Effective Reiki practices for success
- Teaching ESC Lesson Plans/Manuals for all levels of Reiki
- Teaching Qi Gong
- Teaching Reiki Hand Positions & Symbols

~ Consider making an investment in your Reiki Knowledge to shift your practice into the Ascended Energies of our current Earth Vibrations for Mind, Body & Spirit Healing ~

Reiki Ideals

Just for today, I will let go of anger.

Just for today, I will let go of worry.

Just for today, I will show
appreciation.

Just for today, I will work on my
spiritual growth.

Just for today, I will be kind to others.

AW-ASK

Medicine Buddha

