

POWERLIFTING RECORDS FOR FIREMEN'S OLYMPICS

148# CLASS

SQUAT-----420 by R. Neeley-----1977
BENCH PRESS-----310 by R. Neeley-----1976
DEAD LIFT-----500 by R. Neeley-----1977
TOTAL-----1225 by R. Neeley-----1977

165# CLASS

SQUAT-----400 by K. Slocum-----1976
BENCH PRESS-----350 by L. Barker-----1977
DEAD LIFT-----500 by K. Slocum-----1976
TOTAL-----1205 by K. Slocum-----1976

181# CLASS

SQUAT-----470 by T. Eldridge-----1976
BENCH PRESS-----365 by A. Hammel-----1975
DEAD LIFT-----550 by W. McElwain-----1976
TOTAL-----1310 by K. Slocum-----1977

198# CLASS

SQUAT-----500 by T. Eldridge-----1977
BENCH PRESS-----380 by T. Mayes-----1976
DEAD LIFT-----535 by H. Raney-----1977
TOTAL-----1340 by T. Mayes-----1976

220# CLASS

SQUAT-----450 by J. Tharp-----1975
 450 by H. Raney-----1976
BENCH PRESS-----405 by J. Tharp-----1975
DEAD LIFT-----525 by J. Tharp-----1975
 525 by H. Raney-----1976
TOTAL-----1380 by J. Tharp-----1975

242# CLASS

SQUAT-----440 by J. Lunsford-----1974
BENCH PRESS-----370 by D. Wynn-----1973
DEAD LIFT-----520 by J. Lunsford-----1974
TOTAL-----1275 by D. Wynn-----1973
 1275 by J. Lunsford-----1974

SUPERHEAVY CLASS

SQUAT-----300 by C. Garrity-----1976
BENCH PRESS-----270 by C. Garrity-----1976
DEAD LIFT-----325 by C. Garrity-----1976
TOTAL-----895 by C. Garrity-----1976

OVER 40 DIVISION RECORDS

181# CLASS

SQUAT-----320 by J. Williams-----1977
BENCH PRESS-----240 by J. Williams-----1977
 240 by R. Hand-----1977
DEAD LIFT-----400 by J. Williams-----1977
TOTAL-----960 by J. Williams-----1977

198# CLASS

SQUAT-----500 by T. Eldridge-----1977
BENCH PRESS-----280 by T. Eldridge-----1977
DEAD LIFT-----430 by T. Eldridge-----1977
TOTAL-----1210 by T. Eldridge-----1977