

**16TH ANNUAL CALIFORNIA FIREMEN'S OLYMPICS
JULY 7, 1987 - IRVINE, CALIFORNIA**

	<u>SQ</u>	<u>BP</u>	<u>DL</u>	<u>TOTAL</u>
<u>148# CLASS</u>				
CONSIGLIO, KEN	391	214	363	970
NORMAN, DAVID	220	259	325	804
MOORE, STEVEN	242	176	297	716
<u>165# CLASS</u>				
COUGLAR, MARK	485	308	462	1,256
OSIPOWICH, TOM	451 _m	225	429 _m	1,107 _m
BIZZINI, JAMES	369	264	396	1,030
<u>181# CLASS</u>				
McELWAIN, BILL	462	303	523	1,289
DOGLIETTO, DUANE	391	253	413	1,058
NELSON, MARK	330	281	391	1,003
<u>198# CLASS</u>				
HAYES, FRANK	529	391	529	1,449
BEESLEY, BROOK	391	319	451	1,162
<u>220# CLASS</u>				
SOUZA, RANDY	666*	440*	551	1,659*
COOPER, LARRY	462	352	529	1,344
BRINKLEY, GREG	418	325	501	1,245
SUTSOS, PHIL	429	319	468	1,218
<u>242# CLASS</u>				
RILEY, CHRIS	655	385	666*	1,708
KOENEKAMP, STEVE	501	(INJURED - WITHDREW)		

MASTERS OVER 40 BY SCHWARTZ FORMULA

RODRIGUEZ, ROBT. (148)	314 _m	253 _m	435 _m	1,003 _m
CLAWSON, RICH (220)	330	253	551	1,135
EIBERT, JERRY (198)	352	275	429	1,058

MASTERS OVER 50

ELDRIDGE, TOM (198)	551 _m	264 _m	540 _m	1,355 _m
WHITE, BILL (165)	325	225	424	975

* INDICATES OPEN RECORD
m INDICATES MASTERS RECORD

The 16th Annual California Firemen's Olympics are history. Only 22 lifters showed up but they put on a great show for a packed house of very vocal and enthusiastic supporters at the Registry Hotel in Irvine, California.

If we had a "best lifter" award, it would have been a toss up between 220 pounder Randy Sousa from L. A. City Fire Department and Chris Riley, a light 242 pounder, from the Garden Grove Fire Department. Randy went "3 for 3" in the squat ending up with a beautiful PR 666 and a new meet record. Chris was right there with a 655. Randy made a beautiful 440 bench (no shirt) and another meet record while Chris had some problems and ended up with is opener at 385. He made up for it in the dead lift, however, and went "3 for 3" and a PR meet record 666. Randy smoked a 551 opener and was within an inch or two of completing a big jump to 644 for his second. He passed his third because of a slightly sore back.

Hard luck lifter Steve Koenekamp suffered a stress or hairline fracture of his right arm during his third squat. I've never seen or heard of that one before and he had to withdraw from the meet. He thought the tricep let go, but X-rays proved otherwise. Better luck next year Steve.

Many of our lifters were in their first competition and they all performed very well with no "bombouts."

All seven of our Master lifters turned in good performances with Bill McElwain and Tom Osipowich graciously electing to go Open and leaving three over 40 Masters to duke it out for the three medals. Osipowich's squat, dead lift, and total were new Master's meet records. Forty-eight year old Bob Rodriguez increased all of his own Masters records at 148. Tom Eldridge's lifts at 198 were all records since none existed in the over 50 age group. Tom, who planned to open the bench at 319, got the scare of his life when while warming up, quickly realized that a pinched nerve in his neck was causing some paralysis in his right arm. He managed to bench 264 on his third attempt after missing it on his second by offsetting the grip and taking the majority of the load with his left arm.

Heartfelt thanks to our outstanding, hard-working referees Don and Fran Haley, Bud Mucci, and Jack Hughes. Other outstanding contributors were spotter/loaders Tony Teets, Willie and Wayne Salmon, and Doug Travis. Special thanks to announcer Roger Bolton and scorekeepers Danni Hartmann, Linda Devaney, Sue Cox, and Candi Wilson. When the meet was over, Danni and Linda loaded all the warm-up equipment including 100 pound plates onto the truck by themselves! They also helped load the truck to go to the meet and set up the warm-up area. That's real dedication you must agree. Everyone had a great time and I'm sure are looking forward to next year in Santa Clara.