

2000 USPF CALIFORNIA STATE BENCH PRESS CHAMPIONSHIP

March 4, 2000

Frazier Park, California

Special Olympian men

Matthew Prinster (121)	148.75
Donnie Tucker (143)	137.75
Kevin Ezell (275)	159.50

Mens Open

165 lb

*Steve Ward	413.25
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198 lb

Casey Cowell	363.75
Lance Claggett	-----

220 lb

Dan Johnson	330.50
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242 lb

Noah Simon	402.25
Kevin Westbrook	292.00

275 lb

Kenneth Scott	457.25
Dan Herrera	385.75

Mens Masters 40-49 (Formula)

*#Jim Lawrence (40) (148)	352.50
Kenneth Scott (40) (275)	457.25

Mens Masters 50-59

Edwin Hill (59) (181)	264.50
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Mens Masters 60+

*#Dan Herrera(62) (275)	385.75
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* Denotes California State Single Lift Record (Steve Ward—Submaster bench record, Jim Lawrence—Master 40-44 bench record, Dan Herrera—Master 60-64 bench record.)

#Denotes American Single Lift record—Jim Lawrence—Master 40-44 bench record. Dan Herrera—Master 60-64 bench record.

Best Lifter Mens Open Light—Steve Ward, Best Lifter Mens Open Heavy—Ken Scott.

Referees: Victor Elliott, Lisa Denison, Don Haley, Fran Haley, & Jack Hughes. Spotters/Loaders: Chris Kostas and Ian Roos. We thank you all very much for all your hard work and help. Thanks to Chris Kostas and Krishna Roos at the score table for all their efforts to make the meet successful. We also would like to thank our sponsors **Wheeler's Fitness Equipment, Inzer Advance Designs, Wright's Power Promotions, and Powerlifting USA Magazine**. Thanks to the Principal of Frazier Park High School for providing such a great venue. And of course, thanks to all the fine lifters who came to our meet and for their performances. Also thanks to Kern County Special Olympics and the three fine lifters that performed on this day. It was an outstanding meet. Results—Steve Denison.