

USPF Sub-Master and Master National Powerlifting Championships

May 12, 2001

Las Vegas, Nevada

NAME	SQ	BP	DL	Total					
123 Women 50-54									
Debbie McNulty	214	137	248	599					
132 Women 75-79									
Josie Merrell	88	110	176	374					
165 Women 45-49									
Mary Jacobson	253	242	363	858					
198 Women 35-39									
Mary Pennington\$	148\$	176\$	253\$	577\$					
148 Men 35-39									
David Edmondson	462	270	485	1217					
Jim Oswood	325	270	418	1013					
Steve Kato	00	00	00	00					
148 Men 45-49									
Brendon Rohan	407	303	507	1217					
148 Men 70-74									
Robert Cortes*	380*	259*	479*	1118*					
148 Men 80-84									
Roger Merrell	88	72	154	314					
165 Men 45-49									
Richard Cirigliano\$	440	303	600\$	1343					
181 Men 35-39									
Tony Lonzellotta	473	347	468	1288					
181 Men 40-44									
Pete Wainscott	407	352	551	1310					
Mike Dobrovolski	407	248	485	1140					
181 Men 50-54									
Frank Sumner	242	264	325	831					
181 Men 60-64									
Rudy Lozano	00	00	00	00					
198 Men 35-39									
Billy Wayne	512	314	529	1355					
198 Men 40-44									
Keith Kanemoto	633	462	551	1646					
Roland Lopez	352	308	451	1111					
Michael Brown	143	281	143	567					
198 Men 50-54									
Bill Johnson*	633*	270	562	1465					
Tommy Mitchell	584	325	551	1460					
Charley Jones	341	347	429	1117					
198 Men 55-59									
Willie Kindred	473	308	573	1354					
198 Men 60-64									
Pete Wilson\$	451\$	347\$	424	1222\$					
198 Men 75-79									
Rex Monahan	187	143	319	649					

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220 Men 35-39				
Pat McNeil	584	396	507	1487
James Oberkirsch	402	314	418	1134
220 Men 40-44				
John Durso	622	418	622	1662
220 Men 45-49				
Brent Edmund	479	336	551	1366
Ruben Arrendondo	512	374	479	1365
220 Men 50-54				
Bob Evans	490	336	462	1288
220 Men 70-74				
S.Marcel Donabedian	314	242	385	941
242 Men 40-44				
Karl Deutsch	622	374	584	1580
242 Men 45-49				
Gary Stevens	551	253	501	1305
242 Men 50-54				
Manuel Frutoz	440	341	523	1304
275 Men 45-49				
Delmer Brown	600	402	540	1542
Gary Ridgeway	584	-413	--00	00
275 Men 60-64				
Danny Herrera	303	402	303	1008
308+ Men 50-54				
George Brink	00	00	00	00

*American record, \$State record, Best Lifters were Mary Jacobson—Women’s Division, Pat McNeil—Submaster Men, Robert Cortes—Master light, & Willie Kindred-Heavy. The USPF Submaster and Master Nationals in Las Vegas was a fine exhibition of strength and power. We appreciate all those lifters that were able to come out and lift during the Mother’s Day weekend. Even though the numbers were down, the lifting was spectacular. There were two American Records set in two different weight classes and age groups. First off, Robert Cortes broke all the American records in the 148 lb class 70-74 age group while Bill Johnson broke the American squat record in 198 lb class 50-54 age group. Congratulations to both of these gentlemen. Especially significant is the fact that Robert Cortes just competed a week earlier at the USAPL Master Nationals in Texas and took first in his weight class there. Robert brought many of his family members to Vegas to cheer him on and support him. He has had many great years of lifting and still has many more. Robert Cortes set his first state record in the early 80’s while in the 45-49 age group. He has American and state records in 45-49, 54-54, 55-59, 60-64, 65-69, and now 70-74. All records have been set in the 148 lb weight class. That is incredible to be able to set that many records and be able to stay in the same weight class for over 20 years of competitive lifting. Congratulations to Robert for being a true die hard champion. Bill Johnson was our other American record breaker in the 198 class, 50-54 age group. Bill successfully squatted 633 lbs breaking the old squat record of J.B. Adams who set the record at 628 lbs in the squat back on May 14, 1988. Congratulations to Bill

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Johnson for his fine efforts in breaking this 13 year record. Since I am the California state chairman, I am also recognizing those lifters who broke state records. If there are other state records from outside California that were broken, please get a hold of your state chairman with these results or have him or her contact me. Mary Pennington set all the California state submaster women's records with a squat of 148 lbs, bench of 176 lbs, deadlift of 253 lbs, and a total of 578 lbs. Congratulations to Mary for her fine efforts on the platform. Richard Cirigliano broke Gordon Santee's 1992 California state deadlift record in the 165 class, 45-49 age group with a 600 lb pull. Congratulations to Richard! Pete Wilson broke three California state records in the 198 class, 60-64 age group with a 451 squat, 347 bench, and a 1223 lb total. Pete also holds the California state records in the 198 class 55-59 age group in the squat, bench, and total that he set back in 1994. Congratulations to Pete! I want to thank all those individuals who helped support our meet. Thanks to my good friends Jesse Branham and Brad Trujillo from Grand Junction, CO who came over to help spot and load. Thanks to John Bostick and Andrew Austin from Palmdale, CA who also came over to Vegas to help spot and load. These four individuals were the best spotter/loaders that a meet director would want. They did an outstanding job and we really appreciate their efforts. We also would like to thank Scott Layman for his help with the scoreboard, spotting/loading, and being the platform manager at times. I want to thank my parents, Smokie and Twila Denison for being at the meet to help support me by taking care of the Door and handling the Inzer table. Thanks to my niece Rachel Mishra, who is from Vegas and made it over to be my expeditor for the meet. She did a really fine job and I really appreciate her taking the time to support our meet.. We want to thank our various International and national judges starting with Jan and Linda Shendow, Dave Jeffrey, Gordon Santee, Bud Mucci, Jim and Ann Wright, and of course my fine wife Lisa Denison who helped judge and announce. We also want to thank Chris Kostas for announcing and Krishna Kostas for running the score table. Thanks to Chris Kostas and Wright's Power Promotions for the platform and warm-up equipment. Thanks to Chuck LaMantia for the use of his sound equipment. Thanks to Gene Estrada and **Estrada's Gym** in San Luis Obispo, CA for the use of his electric squat racks, and digital clock. Thanks to Eddie Haflich of **Strength and Health Barbell Club** in Bakersfield, CA for the use of his warm-up weights. Finally we want to thank our sponsors for their monetary help, gift certificates and equipment. We would like to give special thanks to **Ergogen Labs, Inzer Advance Designs, Topper Supply Company, METRX, House of Pain Iron Wear, Digital Disc Jockeys, Crain's Muscle World, Crepinsek Strength Equipment, Powerlifting USA magazine, Rex Monahan, and my good friend Dean Tornabene** for their support of our meet.

Results—Steve Denison.