

USPF California State Powerlifting and Benchpress Championship  
 July 20, 2002  
 Santa Barbara, CA

Place	NAME	SQUAT	Bench	Deadlift	Total
	<b>Women PL</b>				
	<b>114 Open Women</b>				
1	Stephanie Kubik	225.75	132.25	242.50	600.50
	<b>165 Open Women</b>				
1	Lisa Denison	385.75	187.25	391.25	964.25
	<b>198 Open Women</b>				
1	Disa Hatfield	451.75	292.00	363.75	1107.50
	<b>148 M 45-49 Women</b>				
1	Sasha Meshkov	264.50	132.25	308.50	705.25
	<b>165 M 45-49 Women</b>				
1	Mary Jacobson	314.00	231.25	385.75	931.00
	<b>Men PL</b>				
	<b>148 Open Men</b>				
1	Steve Somerman	407.00	170.75	402.25	980.00
	<b>148 Natural</b>				
1	Steve Somerman	407.00	170.75	402.25	980.00
	<b>148 Master 50-54</b>				
1	Steve Somerman	407.00	170.75	402.25	980.00
	<b>165 Natural</b>				
1	Brian Pearson	369.25	319.50	435.25	1124.00
	<b>181 Teen Men</b>				
1	Aaron Nadal	336.00	220.25	358.00	914.25
			4th 231.25		
	<b>198 Teen Men</b>				
1	Adrian Lopez	264.50	154.25	319.50	738.25
	<b>198 Open Men</b>				
1	James Lee	540.00	435.25	567.50	1542.75
2	Mike Belluscio	490.50	275.50	501.50	1267.50
	<b>198 Natural Men</b>				
1	Charles Stocking	518.00	259.00	507.00	1284.00
2	Mike Belluscio	490.50	275.50	501.50	1267.50
3	Greg Shaver	292.00	264.50	363.75	920.25
	<b>198 Submaster</b>				
1	Mike Belluscio	490.50	275.50	501.50	1267.50
	<b>198 Master 40-44</b>				
1	Tim Deran	457.25	275.50	501.50	1234.25
	<b>220 Junior Men</b>				
1	Travis Vassallo	473.75	341.50	479.50	1294.75
	<b>220 Open Men</b>				
1	Patrick McNeil	562.00	391.25	540.00	1493.25
2	Billy Wayne	529.00	341.50	562.00	1432.50
3	Paul Wondra	297.50	347.00	473.75	1118.25
	<b>220 Master 40-44</b>				
1	Michael Womelsdorf	407.00	303.00	407.00	1117.00
2	Michael Brown	369.25	281.00	435.25	1085.50
	<b>220 Master 45-49</b>				
1	Ruben Arredondo	529.00	380.25	479.50	1388.75
2	Paul Wondra	297.50	347.00	473.75	1118.25
	<b>242 Open Men</b>				
1	Steve Silver	661.25	501.50	699.75	1862.50
2	Rob Meulenberg	628.25	418.75	639.25	1686.25
	<b>275 Teen Men</b>				
1	Max Higgins	661.25	396.75	545.50	1603.50
	<b>275 Open Men</b>				
1	Riccardo Magni	606.25	418.75	595.00	1620.00
	<b>Delmer Brown</b>	551.00	407.00	nl-551	Bomb
	<b>275 Master 45-49</b>				
	<b>Delmer Brown</b>	551.00	407.00	nl-551	Bomb
	<b>308 Natural Men</b>				
1	Toby Levers	705.25	440.75	722.00	1868.00

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	<b>Bench Only Women</b>			
	<b>114 M 40-44 Women</b>			
1	Donna Arndt	187.25		
	<b>132 M 45-49 Women</b>			
1	Gerrie Shapiro	143.25		
	<b>Bench Only Men</b>			
	<b>148 Submaster Men</b>			
1	Brian Crocker	341.50		
Bomb	Joe Drake	nl-281		
	<b>165 Master 60-64</b>			
1	Jim Merlino	292.00		
	<b>181 Submaster Men</b>			
1	Ken Fasulo	314.00		
	<b>198 Teen Men</b>			
1	Josh Mouton	225.75		
	<b>198 Open Men</b>			
1	James Lee	435.25		
2	Michael Gray	402.25		
	<b>198 Submaster Men</b>			
1	Scott Marcinek	446.25		
	<b>198 Master 55-59</b>			
1	Ritchie Creevy	314.00		
	<b>198 Master 70-74</b>			
1	Len Sandberg	209.25		
		4th 214.75		
	<b>220 Open Men</b>			
1	Ryan Gerard	440.75		
	<b>220 Master 45-49</b>			
1	Paul Wondra	347.00		
	<b>220 Master 60-64</b>			
1	Richard Ciavarelli	264.50		
	<b>242 Open Men</b>			
1	Alvin Waldon	462.75		
2	Joe Grissom	407.00		
3	Michael Lohr	374.75		
	<b>242 Natural Men</b>			
1	Alvin Waldon	462.75		
	<b>242 Submaster Men</b>			
1	Scott Hoekstra	473.75		
	<b>242 Master 50-54</b>			
1	Alvin Waldon	462.75		
	<b>242 Master 55-59</b>			
1	Daniel Smith III	424.25		
	<b>275 Master 40-44</b>			
1	Daniel Smith	440.75		
2	Kenneth Scott	424.25		
Bomb	Chuck McGuire	nl-352		
	<b>308 Junior Men</b>			
1	Josh Bryant	606.25		
	<b>308 Master 40-44</b>			
1	Neil Ferone	424.50		

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**Powerlifting Best Lifters**

Teen Men--Max Higgins  
Women--Mary Jacobson  
Master Men--Ruben Arrendondo  
Natural Men--Toby Levers  
Open Men--Steve Silver

**Bench only Best Lifter**

Josh Bryant

**State Powerlifting Records:**

**Aaron Nadal**--181 Teen 13-15, squat 336 lbs, bench 231.25 lbs, deadlift 358 lbs, total 914.25 lbs

**Charles Stocking**--198 Junior 20-23, squat 518 lbs

**Toby Levers**--308 Junior 20-23, deadlift 722 lbs

**State Single Lift Bench Records:**

**Donna Arndt**--114 Master Women 40-44, single lift bench record----187.25 lbs

**Gerrie Shapiro**--132 Master Women 45-49, single lift bench record 143.25 lbs

**Brian Crocker**--148 Submaster 35-39, single lift bench record-----341.50

**Jim Merlino**--165 Master 60-64, single lift bench record--292 lbs.

**Scott Marcinek**--198 Submaster 35-39, single lift bench record-----446.25 lbs

**Len Sandberg**--198 Master 70-74, single lift bench record--214.75

**Alvin Waldon**--242 Master 50-54, single lift bench record--462.75

**Daniel Smith III**--242 Master 55-59, single lift bench record--424.25

**Josh Bryant**--308 Junior 20-23, single lift bench record--606.25

We would like to thank the following people for making this meet a success:

Meet Director: Kevin Fisher

Scoretable: Amy Gorton and Breane Musser.

Score-board: Shelly Lamb

Expeditior: Dan Lee

Spotters/Loaders: Jake Cunningham, Derek Keller, and Dave Dallmeyer

Referees: Gordon Santee, Bill Ennis, Steve Denison, Ken Wheeler, Jim Merlino, Scott Layman, Lance Slaughter

Announcer: Tim Gramatovich

Setup and breakdown helpers: Tanya Colombana, Scott Ainsworth--who built the platform, and Dorothy Littlejohn.

T-shirt sales help: Scott Wenz