

USPF Venice Beach Powerlifting and Benchpress Sept 18, 2004

Place	Record	NAME	DIVISION	WT Class	Bdy Wght	Age	SQUAT	BENCH	DEADLIFT	TOTAL	
		Powerlifting									
		Women									
1		Sabra Lucchesi	Open Women	123	119.00	49	225.75	181.75	281.00	688.50	
1		Sara Haflich	Open Women	132	130.50	27	281.00	159.50	308.50	749.00	
		165									
1		Ian Espinoza	Open Men	165	159.25	31	435.25	292.00	413.25	1140.50	
2		Steve Somerman	Open Men	165	161.25	52	462.75	203.75	435.25	1101.75	
		198									
1		Jose Hernandez	Open Men	198	197.00	36	507.00	352.50	473.75	1333.25	Best Lifter-light
2		Mike Belluscio	Open Men	198	197.00	41	501.50	275.50	462.75	1239.75	
		220									
1		Ray DiBartolomeo	Open Men	220	210.50	27	501.50	391.25	562.00	1454.75	
2		Mehul Jadav	Open Men	220	218.75	26	440.75	374.75	501.50	1317.00	
		242									
1		Michael West	Open Men	242	224.25	29	479.50	374.75	485.00	1339.25	
		275									
1		Robert Speno	Open Men	275	275.00	35	672.25	462.75	617.25	1752.25	Best Lifter-heavy
2		Kellen Boyce	Open Men	275	267.00	38	644.75	391.25	567.50	1603.50	
3		Emilio Paez	Open Men	275	267.00	38	551.00	369.25	573.00	1493.25	
4		William McCaslin	Open Men	275	269.75	30	451.75	374.75	518.00	1344.50	
		308									
1	SR	Brian Meek	Open Men	308	282.00	58	650.25	473.75	628.25	1752.25	
		Master Men 40-49 Formula									
1	SR	Clinton Sims	Master 45-49	242	231.00	47	600.75	473.75	639.25	1713.75	
2		Victor Calia	Master 40-44	220	219.00	40	556.50	440.75	655.75	1653.00	
3		Mike Belluscio	Master 40-44	198	197.00	41	501.50	275.50	462.75	1239.75	
		Master Men 50-59 Formula									
1	AR	Brian Meek	Master 55-59	308	282.00	58	650.25	473.75	628.25	1752.25	Best Lifter-master
2		Steve Somerman	Master 50-54	165	161.25	52	462.75	203.75	435.25	1101.75	
		Master Men 60-69 Formula									
1	AR/SR	Danny Herrera	Master 65-69	275	268.75	67	540.00	407.00	462.75	1409.75	
								4th-418.75			
2		Tom Miller	Master 60-64	165	160.00	63	374.75	203.75	424.25	1002.75	
3		Roy Taylor	Master 60-64	198	190.50	64	176.25	187.25	352.50	716.00	

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Place	Record	NAME	DIVISION	WT Class	Bdy Wght	Age		Bench		Total	
		Bench only									
		148									
1		Narbe Mansourian	Open Men	148	147.25	28		363.75		363.75	Best Lifter-light 114-198
		165									
1	SR	Freddy Sanchez	Junior 16-17	165	162.75	16		231.25		231.25	
		198									
1		Aaron Benes	Open Men	165	161.50	25		242.50		242.50	
		198									
1		Nicholas Herroz	Open Men	198	198.00	28		385.75		385.75	
2		Jose Hernandez	Open Men	198	197.00	36		352.50		352.50	
3		Raul Mena	Open Men	198	198.25	26		281.00		281.00	
		242									
1		Alvin Waldon	Open Men	242	228.25	53		462.75		462.75	
2		Michael West	Open Men	242	224.25	29		374.75		374.75	
3		Ron Garcia	Open Men	242	227.50	41		358.00		358.00	
		275									
1		Patrick Collard	Open Men	275	270.50	37		501.50		501.50	Best Lifter-heavy 220-308+
		308									
1		Tom Reynolds	Open Men	308	292.00	39		485.00		485.00	
2		Brian Meek	Open Men	308	282.00	58		473.75		473.75	
		Master Men 40-49 Formula									
1		Clinton Sims	Master 45-49	242	231.00	47		473.75		473.75	
2		Ron Garcia	Master 40-44	242	227.50	41		358.00		358.00	
3		Fred Fleet	Master 45-49	181	169.50	49		203.75		203.75	
		Master Men 50-59 Formula									
1		Brian Meek	Master 55-59	308	282.00	58		473.75		473.75	Best Lifter-master
2		Alvin Waldon	Master 50-54	242	228.25	53		462.75		462.75	
3	AR/SR	Bob Evans	Master 55-59	220	219.75	57		418.75		418.75	
4		Lothar Vallot	Master 50-54	198	195.25	52		192.75		192.75	
		Master Men 60-69 Formula									
1	AR/SR	Larry Manly	Master 65-69	198	188.25	68		281.00		281.00	
		AR=American record, SR=State record									

