



USPF West Coast Benchpress and Deadlift, Venice Beach, CA June 11, 2005

		<b>242 Open Men</b>						
	1	Mark Bell	Open Men	242	238.25	28	534.6	
	2	Bryon Brubaker	Open Men	242	238.25	42	512.6	
	3	Steve Williams	Open Men	242	237.75	46	485.0	
		<b>275 Open Men</b>						
	1	Scott Hoekstra	Open Men	275	260.50	38	567.7	Best Lifter-Heavy
	2	Patrick Collard	Open Men	275	268.25	38	507.1	
	3	Emilio Paez	Open Men	275	271.25	25	413.4	
	4	Ryan Stewart	Open Men	275	268.75	26	369.3	
	5	Anthony Valdez	Open Men	275	261.50	23	347.2	
		<b>308 Open Men</b>						
	1	David Marr	Open Men	308	284.75	38	496.0	
	2	Brian Meek	Open Men	308	278.00	59	457.5	
	DQ	Scott Cartwright	Open Men	308	304.25	35	-611.8	
		<b>Master Men 40-49</b>						
SR/AR	1	Steve Williams	Master 45-49	242	237.75	47	485.0	
SR	2	Bryon Brubaker	Master 40-44	242	238.25	42	512.6	
	3	Doug Hester	Master 40-44	275	274.00	42	402.3	
	4	Joe Lara	Master 45-49	220	211.50	46	330.7	
		<b>Master Men 50-59</b>						
	1	Brian Meek	Master 55-59	308	278.00	59	457.5	
	2	Shawn Stone	Master 50-54	242	223.50	51	429.9	
	3	Ken Van Buren	Master 50-54	181	175.75	52	275.6	
	DQ	Doug Knapp	Master 55-59	275	272.50	57	-347.2	
		<b>Master Men 60-69</b>						
SR/AR	1	Danny Herrera	Master 65-69	275	271.00	67	413.4	Best Master
SR/AR	2	Daniel Smith	Master 60-64	242	234.50	61	402.3	
							4th-408.95	
	3	Charles Whyte	Master 65-69	181	173.50	65	242.5	
	4	Steve Bloom	Master 60-64	198	196.00	63	270.1	
		<b>Master Men 70-79</b>						
	1	Nyles Spurlock	Master 70-74	220	214.75	70	275.6	
SR/AR	2	Arvid Hale	Master 75-79	181	172.25	76	132.3	

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Record	Place	NAME	DIVISION	WT Class	Bdy Wght	Age	Best Deadlift	
		<b>West Coast Deadlift</b>						
		<b>Women</b>						
SR/AR	1	Nicki l'Anson	Open Women	198	197.50	39	203.9	
							4th-214.9	
	1	Monica Silva	Master 40-44	148	145.50	41	242.5	Best Lifter-women
SR/AR	2	Monica Sparango	Master 40-44	148	147.00	42	203.9	
							4th-253.5	
		<b>13-15 Junior Men</b>						
	1	Drew Horine	Junior 13-15	198	187.20	15	374.8	
		<b>16-17 Junior Men</b>						
SR/AR	1	Francisco Rodriguez	Junior Men	275	274.50	17	518.1	
							4th-551.15	
SR	2	Jonathan Hoffman	Junior Men	220	210.50	17	391.3	
		<b>18-19 Junior Men</b>						
SR/AR	1	Sean Demarinis	Junior Men	220	209.00	19	529.1	Best Lifter-Junior
	2	Jason Longfellow	Junior Men	181	169.50	18	429.9	
	3	Andres Topchi	Junior Men	242	238.60	19	451.9	
SR/AR	4	Anthony Segretario	Junior Men	308	298.60	19	407.9	
		<b>20-23 Junior Men</b>						
	1	Nicholas Chung	Junior Men	181	173.75	22	474.0	
AR	2	Ronnie Castro	Junior Men	308	278.75	22	551.2	
	3	Tony Olson	Junior Men	181	169.75	21	424.4	
		<b>165 Open Men</b>						
	1	Ryan Spencer	Open Men	165	164.75	31	578.7	Best Lifter-Light
	2	Leslie Nelson Jr	Open Men	165	164.75	25	402.3	
		<b>181 Open Men</b>						
	1	Javier Avila	Open Men	181	181.75	48	600.8	
SR	2	David Foster	Open Men	181	178.75	36	457.5	
	3	Leon Sparango	Open Men	181	174.25	32	413.4	

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		<b>220 Open Men</b>						
	1	Sean Demarinis	Open Men	220	209.00	19	529.1	
	2	Shawn Myers	Open Men	220	213.75	30	523.6	
	3	David Chavez	Open Men	220	200.00	39	512.6	
		<b>242 Open Men</b>						
	1	Raymond Harper	Open Men	242	228.50	56	672.4	Best Lifter-Heavy
	2	Mark Bell	Open Men	242	238.25	28	633.8	
	3	Art Kovach	Open Men	242	232.25	39	501.6	
		<b>275 Open Men</b>						
	1	Steve Denison	Open Men	275	260.50	43	672.4	
SR	2	Anthony Valdez	Open Men	275	261.50	23	600.8	
	3	Emilio Paez	Open Men	275	271.25	25	600.8	
	4	Ryan Stewart	Open Men	275	268.75	26	578.7	
		<b>308 Open Men</b>						
	1	Scott Cartwright	Open Men	308	304.25	35	655.9	
	2	Brian Meek	Open Men	308	278.00	59	622.8	
	3	Jonas Dyhrfeld-Johnson	Open Men	308	291.60	32	501.6	
		<b>Master Men 40-49</b>						
SR/AR	1	Javier Avila	Master 45-49	181	181.75	48	600.8	
	2	Steve Denison	Master 40-44	275	260.50	43	672.4	
	3	Doug Hester	Master 40-44	275	274.00	42	463.0	
		<b>Master 50-59</b>						
AR	1	Raymond Harper	Master 55-59	242	228.50	56	672.4	Best Master
SR/AR	2	Gordon Santee	Master 55-59	165	159.50	58	519.2	
							4th-540.13	
	3	Brian Meek	Master 55-59	308	278.00	59	622.8	
	4	Mark Sandstrom	Master 50-54	242	234.75	50	451.9	
	5	Doug Knapp	Master 55-59	275	272.50	57	363.8	
		<b>Master 60-69</b>						
AR	1	Larry Manly	Master 65-69	198	194.50	68	330.7	
							4th-341.7	
AR	2	Daniel Smith	Master 60-64	242	234.50	61	352.7	
	3	Steve Bloom	Master 60-64	198	196.00	63	303.1	
		SR=State Record						
		AR=America Record						

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		<b>State Single Lift Bench Records set:</b>							
		Nicki l'Anson, 198 Open Women, 192 lbs							
		Nicki l'Anson, 198 Submaster Women, 192 lbs							
		Monica Sparango, 148 Master Women 40-44, 121 lbs							
		Sheila Mann, 114 Master Women 55-59, 88 lbs							
		Jonathan Hoffman, 220 Junior 16-17, 336 lbs							
		Troy Hunnewell, 148 Junior 16-17, 226 lbs							
		Sean Demarinis, 220 Junior 18-19, 424 lbs							
		Anthony Segretario, 308 Junior 18-19, 429 lbs							
		Andres Topchi, 242 Junior 18-19, 402 lbs							
		Steve Williams, 242 Master 45-49, 485 lbs							
		Bryon Brubaker, 242 Master 40-44, 512 lbs							
		Daniel Smith III, 242 Master 60-64, 409 lbs							
		Danny Herrera, 275 Master 65-69, 413 lbs							
		Arvid Hale, 181 Master 75-79, 132 lbs							
		<b>State Single Lift Deadlift Records set:</b>							
		Nicki l'Anson, 198 Submaster Women, 214 lbs							
		Monica Sparango, 148 Master Women 40-44, 253 lbs							
		Francisco Rodriguez, 275 Junior 16-17, 551 lbs							
		Jonathan Hoffman, 220 Junior 16-17, 391 lbs							
		Sean Demarinis, 220 Junior 18-19, 529 lbs							
		Anthony Segretario, 308 Junior 18-19, 407 lbs							
		Javier Avila, 181 Master 45-49, 600 lbs							
		David Foster, 181 Submaster, 457 lbs							
		Anthony Valdez, Junior 20-23, 600 lbs							
		Gordon Santee, 165 Master 55-59, 540 lbs							
		<b>American Single Lift Bench Records set:</b>							
		Anthony Segretario, 308 Junior 18-19, 429 lbs							
		Steve Williams, 242 Master 45-49, 485 lbs							
		Daniel Smith III, 242 Master 60-64, 409 lbs							
		Danny Herrera, 275 Master 65-69, 413 lbs							
		Arvid Hale, 181 Master 75-79, 132 lbs							
		<b>American Single Lift Deadlift Records set:</b>							
		Nicki l'Anson, 198 Submaster Women, 214 lbs							
		Monica Sparango, 148 Master Women 40-44, 253 lbs							
		Francisco Rodriguez, 275 Junior 16-17, 551 lbs							
		Sean Demarinis, 220 Junior 18-19, 529 lbs							
		Anthony Segretario, 308 Junior 18-19, 407 lbs							
		Ronnie Castro, 308 Junior 20-23, 551 lbs							
		Javier Avila, 181 Master 45-49, 600 lbs							
		Raymond Harper, 242 Master 55-59, 672 lbs							
		Gordon Santee, 165 Master 55-59, 540 lbs							
		Larry Manly, 198 Master 65-69, 341 lbs							
		Daniel Smith III, 242 Master 60-64, 352 lbs							
		Thanks to all of our valuable help at the meet.							
		Gordon Santee, International referee							
		Bill Ennis, International referee							
		Kevin Meskew, National referee							
		Steve Denison, National referee, announcer							
		David Foster, State referee							
		Scott Layman, State referee							
		Scott Cartwright, State referee							
		Venice Beach Staff for providing spotters and loaders.							