

NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
California State Powerlifting Championship							
105 Junior Women							
Trisha Layman	Junior Womer	103.00	13	115.74	66.14	143.30	325.18
123 Junior Women 20-23							
Alex Decker	Junior Womer	116.60	20	154.32	99.21	253.53	507.06
198+ Junior Women 20-23							
Teresa Merkelbach	Junior Womer	206.00	22	137.79	115.74	248.02	501.55
132 Open Women							
Catherine LaMantia	Open Women	132.00	15	110.23	71.65	203.93	385.81
148 Open Women							
Karen Matthews	Open Women	143.80	38	319.67	176.37	352.74	848.77
181 Open Women							
Rolanda Dixon	Open Women	171.80	39	352.74	225.97	385.81	964.51
198 Open Women							
Donna Bergfield	Open Women	194.20	38	330.69	187.39	314.16	832.24
198+ Open Women							
Nicki l'Anson	Open Women	216.00	40	352.74	242.51	358.25	953.49
148 Submaster Women							
Karen Matthews	Sub Women	143.80	38	319.67	176.37	352.74	848.77
181 Submaster Women							
Rolanda Dixon	Sub Women	171.80	39	352.74	225.97	385.81	964.51
198+ Master Women 40-44							
Nicki l'Anson	Master womer	216.00	40	352.74	242.51	358.25	953.49
165 Junior Men 13-15							
Dalton Horine	Junior Men	150.00	14	242.51	170.86	286.60	699.96
181 Junior Men 13-15							
Joe Dominguez	Junior Men	174.80	15	352.74	220.46	402.34	975.54
Jake Campos	Junior Men	181.00	14	275.58	187.39	308.64	771.61

USPF California State Powerlifting, Benchpress, and Deadlift Championship
 March 31, 2007

NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
165 Junior Men 16-17							
Peyton Seals	Junior Men	162.20	17	303.13	176.37	341.71	821.21
198 Junior Men 16-17							
Phil Owens	Junior Men	196.40	17	402.34	286.60	440.92	1129.86
220 Junior Men 16-17							
Drew Horine	Junior Men	211.40	17	413.36	281.09	435.41	1129.86
165 Junior Men 18-19							
Ross Thompson	Junior Men	161.60	19	341.71	264.55	402.34	1008.60
220 Junior Men 18-19							
John Gambos	Junior Men	208.80	18	341.71	264.55	407.85	1014.12
308+ Junior Men 20-23							
O'neil Roussell	Junior Men	358.20	21	507.06	413.36	540.13	1460.55
Anthony Cissell	Junior Men	322.60	21	485.01	402.34	424.39	1311.74
Nathan Wright	Junior Men	310.60	21	573.20	-479.00		O
114 Open Men							
Charlie LaMantia	Open Men	104.80	10	77.16	66.14	148.81	292.11
148 Open Men							
Scott Layman	Open Men	147.50	36	551.15	391.32	485.01	1427.48
Daniel Sorenson	Open Men	148.70	43	462.97	330.69	523.59	1317.25
165 Open Men							
Joseph Lipanovich	Open Men	165.00	24	418.87	325.18	402.34	1146.39
Thang Nguyen	Open Men	164.40	26	385.81	187.39	435.41	1008.60
181 Open Men							
Leon Sparango	Open Men	175.20	33	485.01	363.76	479.50	1328.27
Mark Lambert	Open Men	181.00	33	352.74	374.78	435.41	1162.93
Caesar Marciales	Open Men	173.00	26	308.64	176.37	407.85	892.86
198 Open Men							
Jose Hernandez	Open Men	196.20	39	529.10	358.25	507.06	1394.41
Anthony Fregoso	Open Men	182.60	29	220.46	236.99	347.22	804.68

USPF California State Powerlifting, and Deadlift Championship
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NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
220 Open Men							
Mike Tronske	Open Men	217.40	43	507.06	451.94	589.73	1548.73
Andrew Acevedo	Open Men	202.00	27	501.55	457.45	545.64	1504.64
Michael Belluscio	Open Men	207.20	43	551.15	314.16	534.62	1399.92
242 Open Men							
Ricardo Costa	Open men	238.60	31	501.55	490.52	501.55	1493.62
David Muro	Open men	221.20	36	639.33	-462.00		O
275 Open Men							
John Planas	Open men	260.20	32	611.78	468.48	650.36	1730.61
Brian Meek	Open men	271.60	61	639.33	435.41	562.17	1636.92
Robert Speno	Open men	273.40	38	694.45	-523.00		O
308 Open Men							
Lew Wright	Open men	278.00	35	402.34	303.13	501.55	1207.02
308+ Open Men							
Jake Petersen	Open men	316.20	28	677.91	418.87	562.17	1658.96
Antoni Patalano	Open men	344.00	29	545.64	363.76	507.06	1416.46
242 Submaster Men							
David Muro	Submaster me	221.20	36	639.33	-462.00		O
308 Submaster Men							
Lew Wright	Submaster me	278.00	35	402.34	303.13	501.55	1207.02
148 Master Men 40-44							
Daniel Sorenson	Master men	148.70	43	462.97	330.69	523.59	1317.25
181 Master Men 40-44							
Ken Fasulo	Master men	174.40	41	402.34	248.02	451.94	1102.30
198 Master Men 40-44							
Patrick Harrity	Master men	187.00	42	457.45	330.69	424.39	1212.53
220 Master Men 40-44							
Mike Tronske	Master men	217.40	43	507.06	451.94	589.73	1548.73
Michael Belluscio	Master men	207.20	43	551.15	314.16	534.62	1399.92
Richard Schwartz	Master men	207.80	40	551.15	385.81	523.59	1460.55
Darrell Robideau	Master men	204.40	41	-451.00			O

USPF California State Powerlifting, Benchpress, and Deadlift Championship
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NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
275 Master Men 40-44							
Mark Menslage	Master men	260.20	42	606.27	424.39	573.20	1603.85
148 Master Men 45-49							
Ron Ferron	Master men	143.80	47	407.85	292.11	457.45	1157.42
220 Master Men 45-49							
Michael Brown	Master men	205.40	46	402.34	286.60	396.83	1085.77
Michael Womelsdorf	Master men	218.00	49	358.25	253.53	418.87	1030.65
123 Master Men 50-54							
Kevin Meskew	Master men	121.60	51	253.53	165.35	341.71	760.59
220 Master Men 50-54							
Greg Baxter	Master men	211.60	52	507.06	303.13	540.13	1350.32
242 Master Men 50-54							
Steve Denning	Master men	242.20	51	-407.00			O
275 Master Men 50-54							
Manny Sanchez	Master men	247.40	50	540.13	336.20	473.99	1350.32
Delmer Brown	Master men	256.60	54	462.97	330.69	451.94	1245.60
198 Master Men 55-59							
Lothar Vallot	Master men	194.80	55	242.51	214.95	303.13	760.59
220 Master Men 55-59							
Kenny Croxdale	Master men	209.60	58	501.55	363.76	595.24	1460.55
242 Master Men 60-64							
Bob Evans	Master men	233.00	60	429.90	407.85	385.81	1223.55
275 Master Men 60-64							
Brian Meek	Master men	271.60	61	639.33	435.41	562.17	1636.92
198 Master Men 65-69							
Roy Taylor	Master men	191.80	66	292.11	187.39	391.32	870.82
181 Master Men 70-74							
Larry Manly	Master men	179.00	70	275.58	214.95	314.16	804.68
198 Master Men 70-74							
Pete Wilson	Master men	198.00	70	451.94	330.69	424.39	1207.02
165 Master Men 75-79							
Robert Cortes	Master men	153.60	76	325.18	231.48	443.12	999.79

NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
California State Benchpress Championship							
123 Junior Women 20-23							
Alex Decker	Junior Womer	116.60	20		99.21		99.21
114 Open Women							
Bonnie Aerts	Open Women	111.80	48		99.21		99.21
198+ Open Women							
Nicki l'Anson	Open Women	216.00	40		242.51		242.51
Mary Rubcic-Tawzer	Open Women	225.00	50		93.70		93.70
148 Submaster Women							
Karen Matthews	Sub Women	143.80	38		176.37		176.37
114 Master Women 40-44							
Angela Tronske	Master Wome	107.80	41		110.23		110.23
148 Master Women 40-44							
Monica Sparango	Master Wome	147.20	43		242.51		242.51
198+ Master Women 40-44							
Nicki l'Anson	Master womer	216.00	40		242.51		242.51
114 Master Women 45-49							
Bonnie Aerts	Master Wome	111.80	48		99.21		99.21
123 Master Women 45-49							
Anne Larson	Master Wome	117.90	45		130.07		130.07
198+ Master Women 50-54							
Mary Rubcic-Tawzer	Master Wome	225.00	50		93.70		93.70
165 Junior Men 13-15							
Joe Iriberry	Junior Men	159.20	14		209.44		209.44
220 Junior Men 16-17							
Chase Craft	Junior Men	207.60	17		270.06		270.06
242 Junior Men 18-19							
Jonathan Hoffmann	Junior Men	239.40	19		501.55		501.55

USPF California State Powerlifting, Benchpress, and Deadlift Championship
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NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
220 Junior Men 20-23							
Greg Butler	Junior Men	211.40	22		407.85		407.85
114 Open Men							
Nikolai Maynard	Open Men	108.60	16		88.18		88.18
132 Open Men							
James Maynard	Open Men	127.20	39		-132.00		O
148 Open Men							
Rogelio Sanchez	Open Men	145.80	31		181.88		181.88
165 Open Men							
Joseph Lipanovich	Open Men	165.00	24		325.18		325.18
181 Open Men							
Mark Lambert	Open Men	181.00	33		374.78		374.78
242 Open Men							
Bryon Brubaker	Open Men	239.80	44		573.20		573.20
Jonathan Hoffmann	Open Men	239.40	19		501.55		501.55
Ricardo Costa	Open Men	238.60	31		490.52		490.52
Ken Tauzer	Open Men	225.60	55		303.13		303.13
275 Open Men							
Alan Aerts	Open Men	269.00	50		462.97		462.97
Scott Hoekstra	Open Men	260.00	40		-633.00		O
308+ Open Men							
Clay Tauzer	Open Men	363.80	24		-402.00		O
242 Submaster Men							
Dennis Reneau	Submaster	237.00	36		462.97		462.97
Devin Dixon	Submaster	241.00	36		374.78		374.78
198 Master Men 40-44							
Hoddy Fritz	Master men	185.00	40		275.58		275.58
220 Master Men 40-44							
Darrell Robideau	Master men	204.40	41		363.76		363.76
220 Master Men 45-49							
Morgan Ward Long	Master men	205.00	47		-363.00		O

USPF California State Powerlifting, Benchpress, and Deadlift Championship
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NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
242 Master Men 50-54							
Steve Denning	Master men	242.20	51		286.60		286.60
275 Master Men 50-54							
Alan Aerts	Master men	269.00	50		462.97		462.97
308 Master Men 50-54							
Steve Brown	Master men	290.60	53		523.59		523.59
242 Master Men 55-59							
Ken Tauzer	Master men	225.60	55		303.13		303.13
275 Master Men 55-59							
Doug Knapp	Master men	272.40	59		380.29		380.29
148 Master Men 60-64							
Gordon Santee	Master men	148.75	60		231.48		231.48
							4th-236
242 Master Men 60-64							
Bob Evans	Master men	233.00	60		407.85		407.85
181 Master Men 65-69							
Rudy Lozano	Master men	179.00	67		391.32		391.32
132 Master Men 70-74							
Jim Andres	Master men	130.00	72		154.32		154.32
181 Master Men 70-74							
Larry Manly	Master men	179.00	70		214.95		214.95

NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
California State Deadlift Championship							
123 Junior Women 20-23							
Alex Decker	Junior Womer	116.60	20			253.53	253.53
114 Open Women							
Bonnie Aerts	Open Women	111.80	48			187.39	187.39
198+ Open Women							
Nicki l'Anson	Open Women	216.00	40			358.25	358.25
Mary Rubcic-Tawzer	Open Women	225.00	50			198.41	198.41
148 Submaster Women							
Karen Matthews	Sub Women	143.80	38			352.74	352.74
198+ Master Women 40-44							
Nicki l'Anson	Master womer	216.00	40			358.25	358.25
148 Master Women 40-44							
Monica Sparango	Master Wome	147.20	43			363.76	363.76
114 Master Women 45-49							
Michelle Kilikauskas	Master Wome	110.60	48			192.90	192.90
Bonnie Aerts	Master Wome	111.80	48			187.39	187.39
198+ Master Women 50-54							
Mary Rubcic-Tawzer	Master Wome	225.00	50			198.41	198.41
							4th-203
123 Master Women 65-69							
Opal Belanger	Master Wome	119.80	68			104.72	104.72
220 Junior Men 16-17							
Chase Craft	Junior Men	207.60	17			440.92	440.92
242 Junior Men 18-19							
Jonathan Hoffmann	Junior Men	239.40	19			501.55	501.55
165 Junior Men 20-23							
Dalziel Soto	Junior Men	161.20	22			407.85	407.85
123 Open Men							
Omar Alaqeeli	Open men	117.60	27			275.58	275.58

USPF California State Powerlifting, Benchpress, and Deadlift Championship
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NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
165 Open Men							
Joseph Lipanovich	Open Men	165.00	24			402.34	402.34
181 Open Men							
Pavel Tsatsouline	Open Men	181.20	37			490.52	490.52
Mark Lambert	Open Men	181.00	33			435.41	435.41
Caesar Marciales	Open Men	173.00	26			407.85	407.85
242 Open Men							
David Muro	Open men	221.20	36			699.96	699.96
275 Open Men							
Robert Speno	Open men	273.40	38			617.29	617.29
Jonas Dyhrfeld-Johns	Open Men	261.20	33			562.17	562.17
Alan Aerts	Open Men	269.00	50			501.55	501.55
308+ Open Men							
Clay Tauzer	Open Men	363.80	24			435.41	435.41
181 Master Men 40-44							
Ken Fasulo	Master men	174.40	41			451.94	451.94
220 Master Men 40-44							
Darrell Robideau	Master men	204.40	41			451.94	451.94
242 Master Men 45-49							
Stephen Matthews	Master Men	230.80	45			435.41	435.41
220 Master Men 50-54							
Greg Baxter	Master men	211.60	52			540.13	540.13
242 Master Men 50-54							
Steve Denning	Master men	242.20	51			374.78	374.78
275 Master Men 50-54							
Alan Aerts	Master men	269.00	50			501.55	501.55
148 Master Men 60-64							
Gordon Santee	Master men	148.75	60			429.90	429.90
198 Master Men 65-69							
Roy Taylor	Master men	191.80	66			391.32	391.32
165 Master Men 70-74							
Roger Hill	Master men	153.20	73			-424.00	O
181 Master Men 70-74							
Vladzimir Tsatsulin	Master men	180.80	70			363.76	363.76

NAME	DIVISION	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
Meet Director: Steve Denison							
Referees:							
Bill Ennis, International							
Gordon Santee, International							
Ron Scott, International							
Jack Hughes, International							
Jim Merlino, National							
Steve Denison-National							
Scott Layman, National							
Lisa Wheeler, National							
Ken Wheeler, National							
Kevin Meskew, National							
Lance Slaughter, National							
Kenny Croxdale, National							
Jason Burnell, National							
Bernie Gagne, National							
Pete Wilson, National							
Karen Matthews, State							
Steve Matthews, State							
Daniel McDermott, State							
Chuck LaMantia, National, announcer							
Kelli LaMantia, State, scorekeeper							

I ended up with 95 lifters competing. I had 5 no-shows and 1 guy who cancelled a week before the meet because of high blood pressure problems. I told him that was normal for a powerlifter. I want to thank all the tremendous help I had at the meet on Saturday. It wouldn't have been as successful if I didn't have all this help and support to run the meet smoothly. Thank you very much officials, spotters/loaders and lifters! We started at 10 and finished at 6pm.

Thanks to the officials:

Chuck LaMantia-Announcing and Kellie LaMantia-score-cards, Tom Miller-score-cards, Bill Ennis, Gordon Santee, Ron Scott, Jason Burnell-bar loading program and master scoresheet, Lance Slaughter, Ken Wheeler, Lisa Wheeler, Karen Matthews, Steve Matthews, Kenny Croxdale, Kevin Meskew, Jack Hughes, Bernie Gagne, Jim Merlino, Scott Layman, Pete Wilson and Daniel McDermott.

Thanks to the spotters:

Ruben Arrendondo, Delmer Brown, Zach Passman, Mike, Steve Matthews, Gordon Santee, Art Labare, Mr Horine

Congrats to the American Eagle Gym for winning the 1st place team award coached by Chuck LaMantia.

2nd place team went to Old School Barbell coached by Steve Belanger.

Thanks to our vendors: CSS Photo Design and Keith Lemm.

Contact them for your meet photo at <http://www.cssphotodesign.com/>

Thanks to House of Pain and Chris Grantano for coming down. Thanks to the Army National Guard and MSG Bonilla for having a table and two recruiters. Thanks to VA or Veterans Administration and Felix Hernandez for setting up a table. Thanks to Le Padeia for setting up a food vending table to raise money for UCI Medical students and for running the Inzer table for me.

Thanks again to all the competitors! I really appreciate all your support.