

13USOS

LIFTERS
 2013 49TH USPF OKLAHOMA STATE
 POWERLIFTING / BENCH PRESS / DEADLIFT
 SHAWNEE, OKLAHOMA APRIL 27, 2013

LIFTERS

NAME	CITY/CLUB	WEIGHT	CLASS	DIV	TM	FLT	LOT	COEFF
-- 148 -- HAWKINS, DEE ELLEN	CHOCTAW, OKLA CAPUTO'S GYM	144.00	148	WOD	1	1	5	
-- 165 -- MORTON, STACY	THE VILLAGE, OK CAPUTO'S GYM	149.50	165	WOD	1	1	7	
-- 181 -- OATS, SEAN	OKC, OKLAHOMA CAPUTO'S GYM	178.50	181	MOP	1	1	6	
-- 198 -- SMITH, JASON	BETHANY, OKLA CRAIN	196.50	198	MOB	2	1	8	
NAGELE, MARC	BARTLESVILLE, OK CRAIN	195.00	198	MMP	2	1	1	
SMITH, JASON	BETHANY, OKLA CRAIN	196.50	198	MOD	2	1	8	
-- 220 -- CAPUTO, CARMEN	MWC, OKLAHOMA CAPUTO'S GYM	204.50	220	MOB	1	1	4	
CAPUTO, CARMEN	MWC, OKLAHOMA CAPUTO'S GYM	204.50	220	MOD	1	1	4	
-- 242 -- FLOOD, GARY	TULSA, OKLAHOMA	226.50	242	MMP		1	2	
HUNT, DANIEL	EDMOND, OKLA CAPUTO'S GYM	230.50	242	MOD	1	1	3	
-- SHW -- DAVIS, JOE	SHAWNEE, OKLA CRAIN	0.00	SHW	MOB	2	1	9	

BEST LIFTER MEN - OPEN POWERLIFTING SEAN OATS
 MASTERS POWERLIFTING MARC NAGELE
 OPEN BENCH PRESS JASON SMITH
 OPEN DEADLIFT JASON SMITH
 WOMEN - OPEN DEADLIFT STACY MORTON
 TEAM 1ST-CAPUTO'S GYM 2ND-CRAIN
 A=AMERICAN RECORD
 S=STATE RECORD

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ATTEMPTS
2013 49TH USPF OKLAHOMA STATE
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ATTEMPTS

NAME	DIV	SQUAT	BENCH			SUB	DEADLIFT	TOTAL	
-- 148 --									
HAWKINS, DEE	WOD						150S 165S 185S	185.0	
-- 165 --									
MORTON, STAC	WOD						185S 205S 235S	235.0	
-- 181 --									
OATS, SEAN	MOP	275	315	350	200	225 -275	575.0	405 425 -475	1000.0
-- 198 --									
SMITH, JASON	MOB				350	380A	380.0		
NAGELE, MARC	MMP	455S	485S	515S	305S	320 325	840.0	505S 540S 550S	1390.0S
SMITH, JASON	MOD							545A 580A-600A	580.0
-- 220 --									
CAPUTO, CARM	MOB				205	225 250	250.0		
CAPUTO, CARM	MOD							405 445	445.0
-- 242 --									
FLOOD, GARY	MMP	275	305	320	185	-205 205	525.0	345 375 -405	900.0
HUNT, DANIEL	MOD							315 365 400	400.0
-- SHW --									
DAVIS, JOE	MOB								

BEST LIFTER MEN - OPEN POWERLIFTING SEAN OATS
 MASTERS POWERLIFTING MARC NAGELE
 OPEN BENCH PRESS JASON SMITH
 OPEN DEADLIFT JASON SMITH
 WOMEN - OPEN DEADLIFT STACY MORTON
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