

USPF Meet Name

Meet Location

Date

FULL POWER - DIVISION (Raw KS D3, Raw KW D4, Single Ply D1, or Multi Ply D2)**MEN**

| NAME | WT CLASS | SQUAT | BENCH | DEADLIFT |
|---------------------------------|----------|-------|-------|----------|
| Cody Cassidy | 82.5 D3 | 190 | 127.5 | 252.5 |
| Steve Biles (Sub-masters 35-39) | 110 D3 | 195 | 155 | 270 |

FULL POWER - DIVISION (Raw KS D3, Raw KW D4, Single Ply D1, or Multi Ply D2)**WOMEN**

| NAME | WT CLASS | SQUAT | BENCH | DEADLIFT |
|---------------|----------|-------|-------|----------|
| Lauren Gunter | 90 D3 | 147.5 | 77.5 | 155 |

SINGLE LIFT (S/L Squat, S/L Bench Press, or S/L Deadlift) - **DIVISION** (Raw KS D3, Raw KW D4)**MEN**

| NAME | WT CLASS | SQUAT | BENCH | DEADLIFT |
|----------------------------|----------|-------|-------|----------|
| Jim Curley (Masters 65-69) | 100 D1 | | | 192.5 |

SINGLE LIFT (S/L Squat, S/L Bench Press, or S/L Deadlift) - **DIVISION** (Raw KS D3, Raw KW D4)**WOMEN**

| NAME | WT CLASS | SQUAT | BENCH | DEADLIFT |
|------|----------|-------|-------|----------|
|------|----------|-------|-------|----------|

PUSH / PULL - DIVISION (Raw KS D3, Raw KW D4, Single Ply D1, or Multi Ply D2)**MEN**

| NAME | WT CLASS | BENCH | DEADLIFT |
|------|----------|-------|----------|
|------|----------|-------|----------|

PUSH / PULL - DIVISION (Raw KS D3, Raw KW D4, Single Ply D1, or Multi Ply D2)**WOMEN**

| NAME | WT CLASS | BENCH | DEADLIFT |
|------|----------|-------|----------|
|------|----------|-------|----------|



TOTAL

570 Best Good Lifts of 3 Attempts
620 4th Good Attempts (line below)

TOTAL

380 Best Good Lifts of 3 Attempts
4th Good Attempts (line below)

V D4, Single Ply D1, or Multi Ply D2)

TOTAL

192.5 Best Good Lifts of 3 Attempts
4th Good Attempts (line below)

←← Delete Other Two Events NOT Being Used

1, Single Ply D1, or Multi Ply D2)

TOTAL

Best Good Lifts of 3 Attempts
4th Good Attempts (line below)

←← Delete Other Two Events NOT Being Used

TOTAL

Best Good Lifts of 3 Attempts
4th Good Attempts (line below)

TOTAL

Best Good Lifts of 3 Attempts
4th Good Attempts (line below)

