

USPF AMERICAN MILITARY RAW RECORDS

PUSH / PULL

WOMEN

<u>Weight</u>	<u>Lift</u>	<u>Kgs</u>	<u>Lbs</u>	<u>Name</u>	<u></u>	<u>Date</u>
44kg/97lb	Bench Deadlift TOTAL					
48kg/105.7lb	Bench Deadlift TOTAL					
52kg/114.5lb	Bench Deadlift TOTAL					
56kg/123.5lb	Bench Deadlift TOTAL					
60kg/132.2lb	Bench Deadlift TOTAL					
67.5kg/148lb	Bench	35.0	77.2	Adrienne Stimson	Air Force	2/1/2014
	Deadlift	105.0	242.5	Adrienne Stimson	Air Force	2/1/2014
	TOTAL	140.0	308.6	Adrienne Stimson	Air Force	2/1/2014
75kg/165.2lb	Bench Deadlift TOTAL					
82.5kg/181.7lb	Bench Deadlift TOTAL					
90kg/198.2lb	Bench	87.5	192.9	Kristina Thoman	Army	2/1/2014
	Deadlift	150.0	330.7	Kristina Thoman	Army	2/1/2014
	TOTAL	237.5	523.6	Kristina Thoman	Army	2/1/2014
90+kg/UNL	Bench Deadlift TOTAL					