

USPF ARIZONA STATE RAW FULL POWER

TEEN - MEN AGE 13-15

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat	122.5	270.1	Daniel Salomon	11/22/15
	Bench	85.0	187.4	Daniel Salomon	11/22/15
	Deadlift	170.0	374.8	Daniel Salomon	11/22/15
	TOTAL	367.5	810.2	Daniel Salomon	11/22/15
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat	125.0	275.6	Ben Pierce	11/22/15
	Bench	95.0	209.4	Ben Pierce	11/22/15
	Deadlift	150.0	330.7	Ben Pierce	11/22/15
	TOTAL	370.0	815.7	Ben Pierce	11/22/15
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat	175.0	385.8	Thomas Moreno	10/30/2021
	Bench	115.0	253.5	Thomas Moreno	10/30/2021
	Deadlift	182.5	402.3	Thomas Moreno	10/30/2021
	TOTAL	472.0	1040.6	Thomas Moreno	10/30/2021
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/SHW	Squat Bench Deadlift TOTAL				

USPF ARIZONA STATE RAW TEEN - MEN			AGE 16-17		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL	152.5 92.5 175.0 420.0	336.2 203.9 385.5 925.9	Evan Pittman Evan Pittman Evan Pittman Evan Pittman	05/02/15 05/02/15 05/02/15 05/02/15
75kg/165.2lb	Squat Bench Deadlift TOTAL	142.0 82.5 155.0 377.5	308.6 181.9 341.7 832.2	Daniel Salomon Daniel Salomon Daniel Salomon Daniel Salomon	05/21/16 05/21/16 05/21/16 05/21/16
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL	162.5 110.0 160.0 435.0	358.3 242.5 352.7 959.0	Ricardo Rosales Ricardo Rosales Ricardo Rosales Ricardo Rosales	08/22/15 08/22/15 08/22/15 08/22/15
110kg/242lb	Squat Bench Deadlift TOTAL	85.0 70.0 142.5 297.5	187.4 154.3 314.2 655.9	Nelson Vazquez Nelson Vazquez Nelson Vazquez Nelson Vazquez	06/16/19 06/16/19 06/16/19 06/16/19
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/SHW	Squat Bench Deadlift TOTAL				

USPF ARIZONA STATE RAW TEEN - MEN			AGE 18-19		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL	190.0 132.5 232.5 540.0	396.8 292.1 512.6 1190.5	Jorge Kevin Mendoza Dominic DeLeon Dominic DeLeon Dominic DeLeon	10/30/2016 11/16/2014 11/16/2014 11/16/2014
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	195.0 132.5 200.0 527.5	429.9 292.1 440.9 1162.9	Chris Pierce Chris Pierce Chris Pierce Chris Pierce	03/24/12 03/24/12 03/24/12 03/24/12
90kg/198.2lb	Squat Bench Deadlift TOTAL	190.0 115.0 220.0 517.5	418.9 253.5 485.0 1140.9	Israel Mendoza Israel Mendoza Israel Mendoza Israel Mendoza	05/22/16 08/22/15 08/22/15 08/22/15
100kg/220lb	Squat Bench Deadlift TOTAL	180.0 137.5 180.0 485.0	396.8 303.1 396.8 1069.2	Ricardo Rosales Ricardo Rosales Ricardo Rosales Ricardo Rosales	11/22/15 11/22/15 11/22/15 11/22/15
110kg/242lb	Squat Bench Deadlift TOTAL				
125kg/275lb	Squat Bench Deadlift TOTAL	202.5 125.0 200.0 525.5	446.4 275.6 440.9 1157.4	Miguel Romero Jr. Miguel Romero Jr. Miguel Romero Jr. Miguel Romero Jr.	05/22/16 05/22/16 05/22/16 05/22/16
140kg/308.5lb	Squat Bench Deadlift TOTAL	205.0 130.0 200.0 512.5	451.9 286.6 440.9 1129.9	Miguel Romero Miguel Romero Miguel Romero Miguel Romero	10/30/2016 11/22/15 11/22/15 10/30/2016
140+kg/SHW	Squat Bench Deadlift TOTAL				

USPF ARIZONA STATE RAW JUNIOR - MEN			AGE 20-23		
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL	137.5 90.0 160.0 387.5	303.1 198.4 352.7 854.2	Daniel Kirk Daniel Kirk Daniel Kirk Daniel Kirk	6/11/2011 6/11/2011 6/11/2011 6/11/2011
67.5kg/148lb	Squat Bench Deadlift TOTAL	165.0 110.0 180.0 455.0	363.8 242.5 396.8 1003.1	Hung Le Hung Le Hung Le Hung Le	10/30/16 10/30/16 10/30/16 10/30/16
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL	217.0 142.5 235.0 595.0	479.5 314.2 518.1 1311.8	Arsenio Leeth Arsenio Leeth Arsenio Leeth Arsenio Leeth	4/5/2014 04/05/14 04/05/14 04/05/14
90kg/198.2lb	Squat Bench Deadlift TOTAL	227.5 160.0 255.0 642.5	501.6 352.7 562.2 1416.7	Chadd Russo Chadd Russo Chadd Russo Chadd Russo	9/21/2013 9/21/2013 9/21/2013 9/21/2013
100kg/220lb	Squat Bench Deadlift TOTAL	240.0 175.0 267.5 682.5	529.1 385.8 589.7 1504.7	Chadd Russo Chadd Russo Chadd Russo Chadd Russo	08/22/15 08/22/15 08/22/15 08/22/15
110kg/242lb	Squat Bench Deadlift TOTAL	200.0 160.0 225.0 560.0	440.9 357.7 496.0 1239.5	David Van Hoorik David Van Hoorik Diego Perez David Van Hoorik	6/11/2011 6/11/2011 3/24/2012 6/11/2011
125kg/275lb	Squat Bench Deadlift TOTAL				
140kg/308.5lb	Squat Bench Deadlift TOTAL	195.0 142.5 240.0 577.5	429.9 314.2 529.1 1273.2	Diego Perez Diego Perez Diego Perez Diego Perez	9/21/2013 9/21/2013 9/21/2013 9/21/2013
140+kg/ SHW	Squat Bench Deadlift TOTAL				