

**USPF ARIZONA STATE RAW SINGLE LIFT RECORDS
BENCH PRESS
MEN - OPEN**

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb	152.5	336.2	Dustin Frazier	5/2/2015
90kg/198.2lb				
100kg/220.2lb	160.0	352.7	Gary Panttila	6/11/2011
110kg/242.5lb	162.5	358.3	Edward Yarbrough	4/5/2014
125kg/275.5lb	150.0	330.7	Fabian Preciado	9/21/2013
140kg/308.5lb	160.0	352.7	Sean Sette	3/24/2012
(SHW)				

BENCH PRESS MEN - JUNIORS (13 - 15)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS MEN - JUNIORS (16 - 17)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb	92.5	203.9	Evan Pittman	5/2/2015
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb	130.0	286.6	Francisco Uriarte	4/5/2014
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS MEN - JUNIORS (18 - 19)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb	130.0	286.6	Ricardo Rosales	5/22/2016
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH PRESS MEN - JUNIORS (20 - 23)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb	152.5	336.2	Reginald Webster	9/22/2012
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH PRESS MEN - Submaster (35-39)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb	182.5	402.3	Ahmed Shufik	3/24/2012
90kg/198.2lb	192.5	424.4	Ahmed Shufik	9/21/2013
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH PRESS MEN - Masters (40-44)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb	185.0	407.9	Ahmed Shafik	11/16/2014
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb	150.0	330.7	Eddie Del Rio	4/5/2014
125kg/275.5lb				
140kg/308.5lb (SHW)	160.0	352.7	Sean Sette	3/24/2012

BENCH PRESS MEN - Masters (45-49)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb	200.0	440.9	Ahmed Shafik	11/16/2019
100kg/220.2lb	147.5	325.2	Frank Brown	6/11/2011
110kg/242.5lb	162.5	358.3	Edward Yarbrough	4/5/2014
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH PRESS MEN - Masters (50-54)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH PRESS MEN - Masters (55-59)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb	35.0	77.2	Gary Panttila Sr.	9/22/2012
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS MEN - Masters (60-64)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb	100.0	220.5	Alvin J. Haase	9/21/2013
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb	125.0	275.6	Ed Regua	11/22/2015
90kg/198.2lb				
100kg/220.2lb	105.0	231.5	Edward Johnson	3/24/2012
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS MEN - Masters (65-69)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH PRESS MEN - Masters (70-74)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb	100.0	220.5	Gene Lawrence	3/24/2012
125kg/275.5lb	112.5	248.0	Gene Lawrence	5/4/2013
140kg/308.5lb (SHW)				

BENCH PRESS MEN - Masters (75-79)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb	120.0	264.6	Chuck Gourley	9/21/2013
110kg/242.5lb	95.0	209.4	Gene Lawrence	5/3/2015
125kg/275.5lb	95.0	209.4	Gene Lawrence	11/16/2014
140kg/308.5lb (SHW)				

BENCH PRESS MEN - Masters (80+ Over)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

