

**USPF AMERICAN ABSOLUTE RAW FULL POWER
WOMEN - OPEN**

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat	80.0	176.4	Dakota Green	7/7/2018
	Bench	50.0	110.2	Dakota Green	7/7/2018
	Deadlift	115.0	253.5	Dakota Green	7/7/2018
	TOTAL	240.0	529.1	Dakota Green	7/7/2018
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat	130.0	286.6	Chrissy Codner	5/5/2018
	Bench	80.0	176.4	Chrissy Codner	5/5/2018
	Deadlift	160.0	352.7	Chrissy Codner	5/5/2018
	TOTAL	370.0	815.7	Chrissy Codner	5/5/2018

SUBMASTER - WOMEN 35-39

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat	130.0	286.6	Chrissy Codner	5/5/2018
	Bench	80.0	176.4	Chrissy Codner	5/5/2018
	Deadlift	160.0	352.7	Chrissy Codner	5/5/2018
	TOTAL	370.0	815.7	Chrissy Codner	5/5/2018