

USPF COLORADO STATE RECORDS - Raw KS Division 3

OPEN - MEN

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Squat	227.5	501.5	Michael Poort	7/30/2023
	Bench	182.5	402.3	Michael Poort	7/30/2023
	Deadlift	267.5	589.7	Michael Poort	7/30/2023
	TOTAL	677.5	1493.5	Michael Poort	7/30/2023
110kg/242lb	Squat	252.5	556.6	Michael Poort	11/12/2023
	Bench	182.5	402.3	Michael Poort	11/12/2023
	Deadlift	272.5	600.7	Michael Poort	11/12/2023
	TOTAL	707.5	1559.0	Michael Poort	11/12/2023
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat	237.5	523.6	Aaron Langil	11/12/2023
	Bench	170.0	347.8	Aaron Langil	11/12/2023
	Deadlift	282.5	622.8	Aaron Langil	11/12/2023
	TOTAL	690.0	1521.0	Aaron Langil	11/12/2023
140+kg/308+lb	Squat				
	Bench				
	Deadlift				

TOTAL

SUBMASTER - MEN

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
100kg/220lb	Squat Bench Deadlift TOTAL				
110kg/242lb	Squat Bench Deadlift TOTAL	200.0 150.0 275.0 625.0	440.9 330.7 606.2 1378.0	Steven Biles Steven Biles Steven Biles Steven Biles	11/12/2023 11/12/2023 11/12/2023 11/12/2023
125kg/275lb	Squat Bench Deadlift TOTAL	170.0 107.5 230.0 507.5	374.8 237.0 507.0 1118.8	Isaiah Leal Isaiah Leal Isaiah Leal Isaiah Leal	11/12/2023 11/12/2023 11/12/2023 11/12/2023
140kg/308.5lb	Squat Bench Deadlift TOTAL				
140+kg/ SHW	Squat Bench Deadlift				

TOTAL