

**USPF AMERICAN RAW RECORDS**

**PUSH / PULL**

**MEN ~ OPEN**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL	137.5 260.0 397.5	303.1 573.2 876.3	Matthew Hanlon Matthew Hanlon Matthew Hanlon	11/17/2018 11/17/2018 11/17/2018
82.5kg/181.7lb	Bench Deadlift TOTAL	170.0 249.9 410.0	374.5 551.0 903.9	Keith Odell Jeff Jones Keith Odell	5/5/2017 3/8/2014 5/5/2017
90kg/198.2lb	Bench Deadlift TOTAL	162.4 279.9 442.3	358.0 617.0 975.0	Danny Walls Danny Walls Danny Walls	3/8/2014 3/8/2014 3/8/2014
100kg/220lb	Bench Deadlift TOTAL	175.0 272.5 430.0	385.8 600.8 948.0	Matt Cole Kyle Wright Kyle Wright	11/16/2014 4/5/2014 4/5/2014
110kg/242lb	Bench Deadlift TOTAL	212.5 307.1 507.1	468.5 677.0 1118.0	Kevin Osborne Cody Whitt Cody Whitt	1/10/2015 3/8/2014 3/8/2014
125kg/275lb	Bench Deadlift TOTAL	227.5 345.0 572.5	501.6 760.6 1262.1	Jason McCown Jason McCown Jason McCown	10/12/2013 10/12/2013 10/12/2013
140kg/308.5lb	Bench Deadlift TOTAL	210.5 287.1 489.9	464.0 633.0 1080.0	David Wojciechowicz David Wojciechowicz David Wojciechowicz	3/8/2014 3/8/2014 3/8/2014
140+kg/308+lb	Bench Deadlift TOTAL	205.0 319.8 512.1	451.9 705.0 1129.0	Josh Starr Kevin Thompson Kevin Thompson	12/8/2013 3/8/2014 3/8/2014

**MEN ~ TEEN 13-15**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench	27.2	60.0	Aiden Fox	7/31/2021
	Deadlift	68.0	150.0	Aiden Fox	7/31/2021
	TOTAL	95.3	210.0	Aiden Fox	7/31/2021
56kg/123.5lb	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Bench	105.0	231.5	Cherokee Widner	6/7/2014
	Deadlift	170.0	374.8	Cherokee Widner	6/7/2014
	TOTAL	275.0	606.3	Cherokee Widner	6/7/2014
75kg/165.2lb	Bench	92.1	203.0	Devin Williams	3/8/2014
	Deadlift	137.4	303.0	Devin Williams	3/8/2014
	TOTAL	230.0	507.0	Devin Williams	3/8/2014
82.5kg/181.7lb	Bench	42.5	93.7	Phillip Mitchell	9/16/2023
	Deadlift	112.5	248.0	Phillip Mitchell	9/16/2023
	TOTAL	150.0	330.7	Phillip Mitchell	9/16/2023
90kg/198.2lb	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Bench	62.5	137.8	Trey Potts	10/12/2013
	Deadlift	102.5	226.0	Trey Potts	10/12/2013
	TOTAL	162.5	358.3	Trey Potts	10/12/2013
110kg/242lb	Bench	69.9	154.0	Trey Potts	3/8/2014
	Deadlift	109.8	242.0	Trey Potts	3/8/2014
	TOTAL	179.6	396.0	Trey Potts	3/8/2014
125kg/275lb	Bench	37.5	82.5	Allen Mitchell	9/16/2023
	Deadlift	96.0	211.6	Allen Mitchell	9/16/2023
	TOTAL	133.5	294.3	Allen Mitchell	9/16/2023
140kg/308.5lb	Bench	107.1	236.0	Colton Raines	3/8/2014
	Deadlift	164.7	363.0	Colton Raines	3/8/2014
	TOTAL	272.2	600.0	Colton Raines	3/8/2014
140+kg/308+lb	Bench	92.1	203.0	Austin Thorton	3/8/2014
	Deadlift	174.6	385.0	Austin Thorton	3/8/2014
	TOTAL	267.2	589.0	Austin Thorton	3/8/2014

**MEN ~ TEEN 16-17**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench				
	Deadlift				
	TOTAL				

56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL	97.5 157.4 237.5	215.0 347.0 523.6	James Shannon Keith Williams James Shannon	6/15/2019 3/8/2014 6/15/2019
82.5kg/181.7lb	Bench Deadlift TOTAL	129.7 164.7 284.9	286.0 363.0 628.0	Dallas Parisen Dallas Parisen Dallas Parisen	3/8/2014 3/8/2014 3/8/2014
90kg/198.2lb	Bench Deadlift TOTAL	89.8 139.7 230.0	198.0 308.0 507.0	Asa Rowe Asa Rowe Asa Rowe	3/8/2014 3/8/2014 3/8/2014
100kg/220lb	Bench Deadlift TOTAL	117.5 214.6 332.5	259.0 473.0 733.0	Steven Mitchell Steven Mitchell Steven Mitchell	3/8/2014 3/8/2014 3/8/2014
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL	85.0 162.5 247.5	187.4 358.3 545.6	Tyler McCaslin Tyler McCaslin Tyler McCaslin	6/11/2022 6/11/2022 6/11/2022
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				

#### MEN ~ TEEN 18-19

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench	60.0	132.3	Tristen Lee	7/15/2023
	Deadlift	137.5	303.1	Tristen Lee	7/15/2023
	TOTAL	197.5	435.4	Tristen Lee	7/15/2023
56kg/123.5lb	Bench Deadlift TOTAL				

60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL	112.5 182.5 295.0	248.0 402.3 650.4	Rene Funmaker Rene Funmaker Rene Funmaker	11/22/2015 5/21/2016 5/21/2016
82.5kg/181.7lb	Bench Deadlift TOTAL	120.0 190.0 305.0	264.6 418.9 672.4	Rene Funmaker Rene Funmaker Rene Funmaker	10/30/2016 10/30/2016 10/30/2016
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL	122.5 230.0 352.4	270.0 507.0 777.0	Matt Cain Matt Cain Matt Cain	3/8/2014 3/8/2014 3/8/2014
110kg/242lb	Bench Deadlift TOTAL	137.5 240.0 364.7	303.1 529.0 804.0	Emilio Duran Darius Hutchison Darius Hutchison	12/3/2016 3/8/2014 3/8/2014
125kg/275lb	Bench Deadlift TOTAL	105.0 207.5 305.0	231.5 457.5 672.4	Nathan Seright Nathan Seright Nathan Seright	6/11/2022 6/11/2022 6/11/2022
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL	142.4 237.2 379.7	314.0 523.0 837.0	Garren Rowe Garren Rowe Garren Rowe	3/8/2014 3/8/2014 3/8/2014

#### MEN ~ JUNIORS 20-23

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				

67.5kg/148lb	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Bench	74.8	165.0	Eddie Haislop	3/8/2014
	Deadlift	199.6	440.0	Eddie Haislop	3/8/2014
	TOTAL	274.9	606.0	Eddie Haislop	3/8/2014
82.5kg/181.7lb	Bench	142.5	314.2	Arsenio Leeth	4/5/2014
	Deadlift	235.0	518.1	Arsenio Leeth	4/5/2014
	TOTAL	377.5	832.2	Arsenio Leeth	4/5/2014
90kg/198.2lb	Bench	137.5	302.0	Zachary Hall	12/8/2013
	Deadlift	187.5	413.4	Wes McKnight	12/2/2017
	TOTAL	310.0	683.4	Wes McKnight	12/2/2017
100kg/220lb	Bench	95.0	209.4	Brandon Kane	4/5/2014
	Deadlift	187.5	413.4	Brandon Kane	4/5/2014
	TOTAL	282.5	622.8	Brandon Kane	4/5/2014
110kg/242lb	Bench	185.0	407.9	Kenneth Zimmerman	12/8/2018
	Deadlift	302.5	677.9	Kenneth Zimmerman	12/8/2018
	TOTAL	492.5	1085.8	Kenneth Zimmerman	12/8/2018
125kg/275lb	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Bench	207.8	468.0	Colton Cogar	3/8/2014
	Deadlift	257.2	567.0	Colton Cogar	3/8/2014
	TOTAL	469.9	1036.0	Colton Cogar	3/8/2014
140+kg/308+lb	Bench				
	Deadlift				
	TOTAL				

#### MEN ~ SUBMASTER 35-39

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Bench				
	Deadlift				
	TOTAL				

75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL	170.0 240.0 410.0	374.5 529.1 903.9	Keith Odell Keith Odell Keith Odell	5/5/2017 5/5/2017 5/5/2017
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL	149.7 230.0 379.7	330.0 507.0 837.0	Andrew Pitt Andrew Pitt Andrew Pitt	3/8/2014 3/8/2014 3/8/2014
125kg/275lb	Bench Deadlift TOTAL				
140kg/308.5lb	Bench Deadlift TOTAL	137.5 255.0 392.5	303.1 562.2 865.3	Gary Nichols Gary Nichols Gary Nichols	10/16/2021 10/16/2021 10/16/2021
140+kg/308+lb	Bench Deadlift TOTAL	240.0 300.0 487.5	529.0 661.4 1074.8	Larry "Makie" McComr Doug Bauer Doug Bauer	3/8/2014 5/4/2013 5/4/2013

#### MEN ~ MASTER 40-44

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench	90.0	198.4	Troy Brokenshire	2/4/2017

	Deadlift	162.5	358.3	Troy Brokenshire	2/4/2017
	TOTAL	252.5	556.7	Troy Brokenshire	2/4/2017
90kg/198.2lb	Bench				
	Deadlift				
	TOTAL				
100kg/220lb	Bench	164.7	363.0	Johnny Layne	3/8/2014
	Deadlift	254.9	562.0	Johnny Layne	3/8/2014
	TOTAL	419.6	925.0	Johnny Layne	3/8/2014
110kg/242lb	Bench	165.0	363.8	Eric Steirer	2/4/2017
	Deadlift	290.0	639.3	Eric Steirer	2/4/2017
	TOTAL	455.0	1003.1	Eric Steirer	2/4/2017
125kg/275lb	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Bench	172.4	380.0	Danimal Miller	3/8/2014
	Deadlift	214.6	473.0	Danimal Miller	3/8/2014
	TOTAL	387.4	854.0	Danimal Miller	3/8/2014
140+kg/308+lb	Bench	195.0	429.9	Aaron Nedeff - Mariett:	6/3/2018
	Deadlift	277.5	611.8	Aaron Nedeff - Mariett:	6/3/2018
	TOTAL	467.5	1030.7	Aaron Nedeff - Mariett:	6/3/2018

#### MEN ~ MASTER 45-49

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Bench				
	Deadlift				
	TOTAL				

100kg/220lb	Bench Deadlift TOTAL
110kg/242lb	Bench Deadlift TOTAL
125kg/275lb	Bench Deadlift TOTAL
140kg/308.5lb	Bench Deadlift TOTAL
140+kg/308+lb	Bench Deadlift TOTAL

**MEN ~ MASTER 50-54**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				



110kg/242lb	Bench	160.0	352.7	Larry Savage	10/30/2016
	Deadlift	210.0	463.0	Larry Savage	10/30/2016
	TOTAL	370.0	815.7	Larry Savage	10/30/2016

125kg/275lb	Bench				
	Deadlift				
	TOTAL				

140kg/308.5lb	Bench				
	Deadlift				
	TOTAL				

140+kg/308+lb	Bench				
	Deadlift				
	TOTAL				

**MEN ~ MASTER 55-59**

Weight	Lift	Kgs	Lbs	Name	Date
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52kg/114.5lb	Bench				
	Deadlift				
	TOTAL				

56kg/123.5lb	Bench				
	Deadlift				
	TOTAL				

60kg/132.2lb	Bench				
	Deadlift				
	TOTAL				

67.5kg/148lb	Bench				
	Deadlift				
	TOTAL				

75kg/165.2lb	Bench				
	Deadlift				
	TOTAL				

82.5kg/181.7lb	Bench				
	Deadlift				
	TOTAL				

90kg/198.2lb	Bench				
	Deadlift				
	TOTAL				

100kg/220lb	Bench				
	Deadlift				
	TOTAL				

110kg/242lb	Bench				
	Deadlift				
	TOTAL				

125kg/275lb	Bench				
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Deadlift  
TOTAL

140kg/308.5lb Bench  
Deadlift  
TOTAL

140+kg/308+lb Bench  
Deadlift  
TOTAL

**MEN ~ MASTER 60-64**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench	122.5	270.1	Dominic Licavoli	6/16/2019
	Deadlift	157.5	347.2	Dominic Licavoli	6/16/2019
	TOTAL	267.5	589.7	Dominic Licavoli	6/16/2019
125kg/275lb	Bench	130.0	286.6	Dominic Licavoli	11/16/2019
	Deadlift	190.0	418.9	Dominic Licavoli	11/16/2019
	TOTAL	320.0	705.5	Dominic Licavoli	11/16/2019
140kg/308.5lb	Bench Deadlift				

TOTAL

140+kg/308+lb Bench  
Deadlift  
TOTAL

MEN ~ MASTERS 65-69

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL	117.5 190.0 307.5	259.0 418.9 677.9	Dominic LiCavoli Dominic LiCavoli Dominic LiCavoli	10/30/2021 10/30/2021 10/30/2021
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				

**MEN ~ MASTER 70-74**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench Deadlift TOTAL				
125kg/275lb	Bench Deadlift TOTAL	112.5 137.5 250.0	248.0 303.1 551.2	Gene Lawrence Gene Lawrence Gene Lawrence	5/4/2013 5/4/2013 5/4/2013
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				

**MEN ~ MASTER 75-79**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift				

	TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				
60kg/132.2lb	Bench Deadlift TOTAL				
67.5kg/148lb	Bench Deadlift TOTAL				
75kg/165.2lb	Bench Deadlift TOTAL				
82.5kg/181.7lb	Bench Deadlift TOTAL				
90kg/198.2lb	Bench Deadlift TOTAL				
100kg/220lb	Bench Deadlift TOTAL				
110kg/242lb	Bench	95.0	209.4	Gene Lawrence	5/3/2015
	Deadlift	150.0	330.7	Gene Lawrence	5/3/2015
	TOTAL	245.0	540.1	Gene Lawrence	5/3/2015
125kg/275lb	Bench	95.0	209.4	Gene Lawrence	11/16/2014
	Deadlift	150.0	330.7	Gene Lawrence	11/16/2014
	TOTAL	245.0	540.1	Gene Lawrence	11/16/2014
140kg/308.5lb	Bench Deadlift TOTAL				
140+kg/308+lb	Bench Deadlift TOTAL				

MEN ~ MASTER 80+					
Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Bench Deadlift TOTAL				
56kg/123.5lb	Bench Deadlift TOTAL				

60kg/132.2lb Bench  
Deadlift  
TOTAL

67.5kg/148lb Bench  
Deadlift  
TOTAL

75kg/165.2lb Bench  
Deadlift  
TOTAL

82.5kg/181.7lb Bench  
Deadlift  
TOTAL

90kg/198.2lb Bench  
Deadlift  
TOTAL

100kg/220lb Bench  
Deadlift  
TOTAL

110kg/242lb Bench  
Deadlift  
TOTAL

125kg/275lb Bench  
Deadlift  
TOTAL

140kg/308.5lb Bench  
Deadlift  
TOTAL

140+kg/308+lb Bench  
Deadlift  
TOTAL