

# Mens High School

## Men USPF Oklahoma State Powerlifting Records--HIGH SCHOOL

Class	Name	City	Date	Lift	Kilograms	Pounds
52 kg / 114.50 lb	Scott Hopkins	Edmond	Oct-95	Squat	147.5	325.17
	Scott Hopkins	Edmond	Oct-95	Bench Press	100	220.46
	Danny Harris	Tulsa	Mar-82	Deadlift	172	380.29
	Scott Hopkins	Edmond	Oct-95	Total	395	870.81
56 kg / 123.25 lb	Donny Jay	Tulsa	May-82	Squat	175	385.8
	Donny Jay	Tulsa	May-82	Bench Press	110	242.5
	Shaun Coyne	Bartlesville	Dec-85	Deadlift	192.5	424.38
	Donny Jay	Tulsa	May-82	Total	455	1003.09
60 kg / 132.25 lb	Darrell Craine	Chickasha	May-83	Squat	182.5	402.33
	Charles Jones	Shawnee	Feb-94	Bench Press	120.2	265
	Darrell Craine	Chickasha	May-83	Deadlift	217.5	479.5
	Darrell Craine	Chickasha	May-83	Total	505	1113.32
67.5 kg / 148.75 lb	Ty Stapleton	Bartlesville	May-84	Squat	230	507.05
	Ty Stapleton	Bartlesville		Bench Press	150	330.69
	Ty Stapleton	Bartlesville	May-84	Deadlift	237.5	523.59
	Ty Stapleton	Bartlesville		Total	610	1344.8
75 kg / 165.25 lb	Tyler Hathcock	Shawnee	Mar-04	Squat	230	507.05
	Tyler Hathcock	Shawnee	Mar-04	Bench Press	140	308.64
	Tyler Hathcock	Shawnee	Mar-04	Deadlift	227.5	501.54
	Tyler Hathcock	Shawnee	Mar-04	Total	597.5	1317.24
82.5 kg / 181.75 lb	Bruce Bumpas	Chickasha	May-83	Squat	227.5	501.54
	J.J. Talton	Shawnee	Mar-00	Bench Press	167.98	370
	Bruce Bumpas	Chickasha	May-83	Deadlift	285	628.31
	Bruce Bumpas	Chickasha	May-83	Total	637.5	1405.43
90 kg / 198.25 lb	Jerry Crabtree	Bartlesville	May-85	Squat	245	540.12
	Toss Sisson	Checotah	Aug-95	Bench Press	147.5	325.17
	Jim White	Miami	Jan-82	Deadlift	250	551.15
	Jim White	Miami	Jan-82	Total	595	1311.23
100 kg / 220.25 lb	Shannon Grimes	Seminole	Feb-88	Squat	320	705.47
	Shannon Grimes	Seminole	Feb-88	Bench Press	185	407.85
	Shannon Grimes	Seminole	Feb-88	Deadlift	267.5	589.73
	Shannon Grimes	Seminole	Feb-88	Total	772.5	1703.05

110 kg / 242.5 lb	Jeremy Barrientos	Shawnee	Apr-12	Squat	272.15	600
	Jeremy Barrientos	Shawnee	Apr-12	Bench Press	190.51	420
	Jeremy Barrientos	Shawnee	Apr-12	Deadlift	273.06	602
	Jeremy Barrientos	Shawnee	Apr-12	Total	735.73	1622
125 kg / 275.5 lb	Stephen Bear	Seminole	Aug-86	Squat	227.5	501.54
	Chase Lavalley	Shawnee	Mar-02	Bench Press	154.22	340
	Chase Lavalley	Shawnee	Mar-02	Deadlift	238.13	525
	Stephen Bear	Seminole	Aug-86	Total	590	1300.71
140 kg / 308.5 lb	Blaine Wilburn	Shawnee	Mar-09	Squat	340	154.22
	Blaine Wilburn	Shawnee	Mar-09	Bench Press	165	74.84
	Blaine Wilburn	Shawnee	Mar-09	Deadlift	360	163.29
	Blaine Wilburn	Shawnee	Mar-09	Total	865	392.36
140+ kg / 308.5+ lb	Ronnie Sissney	Waukomis	Feb-89	Squat	227.5	501.54
	Ronnie Sissney	Waukomis	Feb-89	Bench Press	150	330.69
	Ronnie Sissney	Waukomis	Feb-89	Deadlift	207.5	457.45
	Ronnie Sissney	Waukomis	Feb-89	Total	585	1289.69

## Womens High School

### Womens USPF Oklahoma State Powerlifting Records-- High School

Class	Name	City	Date	Lift	Kilograms	Pounds
44 kg/ 97.00 LB	Raelina Gibson	Shawnee	Nov-83	Squat	90	198.41
	Raelina Gibson	Shawnee	Mar-85	Bench Press	55	121.25
	Raelina Gibson	Shawnee	Mar-85	Deadlift	107.5	236.99
	Raelina Gibson	Shawnee	Mar-85	Total	252.5	556.66
48 kg/ 105.82 LB	Carla Oliver	Shawnee	Feb-89	Squat	107.5	236.99
	Carla Oliver	Shawnee	Feb-89	Bench Press	55	121.25
	Stephanie Cook	Henryetta	Jun-85	Deadlift	120	264.55
	Kristy Johnson	Oklahoma City	Feb-94	Total	274.42	605
52 kg/ 114.64 LB	Shannon Cook	Shawnee	May-87	Squat	110	242.51
	Kimberly Crain	Shawnee		Bench Press	52.5	115.74
	Shannon Cook	Shawnee	May-87	Deadlift	122.5	270.06
	Shannon Cook	Shawnee	May-87	Total	277.5	611.77
56 kg / 123.46 lb	Haley Bird	Kansas	Oct-07	Squat	120	264.55
	Haley Bird	Kansas	May-08	Bench Press	64.63	142.5

	Haley Bird	Kansas	Oct-07	Deadlift	125	275.57
	Haley Bird	Kansas	Oct-07	Total	307.5	677.91
60 kg / 132.28 lb	Karen Williams	Sulphur	Mar-85	Squat	107.5	236.99
	Jennifer A Rutledge	Red Oak	Jan-05	Bench Press	61.23	135
	Heather Craig		Dec-85	Deadlift	115	253.52
	Karen Williams	Sulphur	Mar-85	Total	247.5	545.64
67.5 kg / 148.81 lb	Candy Castoe	Chickasha		Squat	77.5	170.86
	Candy Castoe	Chickasha		Bench Press	45	99.21
	Emily Meadors	Broken Arrow	Jul-07	Deadlift	117.5	259.04
	Candy Castoe	Chickasha		Total	235	518.08
75 kg / 165.35 lb	Vikki Holland	Davis	Mar-85	Squat	120	264.02
	Vikki Holland	Davis	Mar-85	Bench Press	65	143.5
	Vikki Holland	Davis	Mar-85	Deadlift	155	341.71
	Vikki Holland	Davis	Mar-85	Total	340	749.56
82.5 kg / 181.88 lb				Squat		
				Bench Press		
				Deadlift		
				Total		
90 kg / 198.41 lb				Squat		
				Bench Press		
				Deadlift		
				Total		
Heavyweight				Squat		
				Bench Press		