

USPF RHODE ISLAND SINGLE PLY DIV 1 RECORDS
SINGLE LIFT BENCH
MEN - OPEN

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb	56.7	125	Lee Skalski	3/20/2005
56kg/123.5lb	63.5	140	Steve Costa	3/17/2002
60kg/132.2lb	131.5	290	John DelBonis	3/30/1996
67.5kg/148.7lb	167.8	370	Jerry Celio	3/21/2004
75kg/165.2lb	174.6	385	John Avant	3/30/1996
82.5kg/181.7lb	245	540.1	Bob Masello	6/28/2008
90kg/198.2lb	249.5	550	Bob Masello	3/26/2006
100kg/220.2lb	227.5	501.5	Bob Connell Jr.	3/23/2008
110kg/242.5lb	251.7	555	Craig Debartolo	3/21/2005
125kg/275.5lb	262.5	578.7	Craig Debartolo	3/23/2008
140kg/308.5lb	250	551.1	James Bourgault Sr.	6/10/2017
(SHW)	281.2	620	Raymond Santanelli	3/30/1996

BENCH ~ MEN - Teen (13-15)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb	95.3	210	Sloan Lazzareschi	3/17/2002
67.5kg/148.7lb	115.7	255	Sloan Lazzareschi	3/30/2003
75kg/165.2lb				
82.5kg/181.7lb	108.9	240	Ryan McCormack	3/30/1996
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH ~ MEN - Teen (16-17)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb	136.1	300	Sloan Lazzareschi	3/20/2005
82.5kg/181.7lb				
90kg/198.2lb	108.9	240	Mark Vieira	3/29/1998
100kg/220.2lb				
110kg/242.5lb	158.8	350	Anthony Vargas	3/20/2005
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH ~ MEN - Teen (18-19)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb	106.6	235	Sean Maloney	3/20/1994
75kg/165.2lb				
82.5kg/181.7lb	147.4	325	Jason Carreiro	3/19/2000
90kg/198.2lb	156.5	345	Mark Bairos	3/29/1998
100kg/220.2lb	136.1	300	Mark Vieira	3/19/2000
110kg/242.5lb	142.9	315	Craig Lacroix	3/17/2002
125kg/275.5lb				
140kg/308.5lb (SHW)	201.9	445	Joe Vessella	3/25/2001

BENCH ~ MEN - Juniors (20-23)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH ~ MEN - Submasters (35-39)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb	167.8	370	Jerry Celio	
75kg/165.2lb	174.6	385	John Avant	3/30/1996
82.5kg/181.7lb				
90kg/198.2lb	217.7	480	Robert Salter	3/20/2005
100kg/220.2lb	208.7	460	Ed Flori	3/17/2002
110kg/242.5lb	251.7	555	Craig Debartolo	3/20/2005
125kg/275.5lb	256.3	565	Craig Debartolo	3/26/2006
140kg/308.5lb	226.8	500	Billy Tucker	3/25/2001
(SHW)	197.3	435	Tom Mancini	3/17/2002

BENCH ~ MEN - Masters (40-44)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				

60kg/132.2lb	112.5	248.0	Steve Barattini	3/21/2010
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb	197.3	435	Jonathan Saber	3/17/2002
100kg/220.2lb	192.8	425	Bob Connell Jr.	3/21/2004
110kg/242.5lb	227.5	501.5	Craig A. Debaratolo	3/21/2010
125kg/275.5lb	262.5	578.7	Craig A. Debaratolo	3/23/2008
140kg/308.5lb (SHW)				

BENCH ~ MEN - Masters (45-49)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb	108.9	240	Domenic Izzi	3/29/1998
82.5kg/181.7lb				
90kg/198.2lb	136.1	300	William McLaughlin	3/26/1995
100kg/220.2lb	227.5	501.5	Bob Connell Jr.	3/23/2008
110kg/242.5lb	192.8	425	Stanley Pappas	3/25/2007
125kg/275.5lb	254	560	George Lazzareschi Jr.	3/20/2005
140kg/308.5lb (SHW)				

BENCH ~ MEN - Masters (50-54)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb	158.8	350	Cris Tabulina	3/25/2007
82.5kg/181.7lb	145.2	320	William McLaughlin	3/16/1997
90kg/198.2lb	158.8	350	William McLaughlin	3/30/1996
100kg/220.2lb	230	507.1	Bob Connell Jr.	6/20/2010
110kg/242.5lb				
125kg/275.5lb	262.5	578.7	James Bourgault Sr.	11/16/2015
140kg/308.5lb (SHW)	260	573.2	James Bourgault Sr.	11/22/2014

BENCH ~ MEN - Masters (55-59)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				

75kg/165.2lb	152.5	336.2	Cris Tabulina	3/21/2010
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb	237.5	523.6	James Bourgault Sr.	10/16/2021
140kg/308.5lb (SHW)	250	551.2	James Bourgault	6/10/2017

BENCH ~ MEN - Masters (60-64)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH ~ MEN - Masters (65-69)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb	93	205	Lawrence Nardi	3/20/1994
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb (SHW)				

BENCH ~ MEN - Masters (70-74)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				

110kg/242.5lb	122.5	270	S. Marce Donabedian	3/25/2001
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH ~ MEN - Masters (75-79)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				

BENCH ~ MEN - Masters (80+ Over)

Weight Class	Kgs	Lbs	Name	Date
52kg/114.5lb				
56kg/123.5lb				
60kg/132.2lb				
67.5kg/148.7lb				
75kg/165.2lb				
82.5kg/181.7lb				
90kg/198.2lb				
100kg/220.2lb				
110kg/242.5lb				
125kg/275.5lb				
140kg/308.5lb				
(SHW)				