

**PERIOR WORLD POWERLIFTING RAW KS D-3 SINGLE LIFT RECORD**  
**BENCH PRESS**  
**MEN - OPEN**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

**BENCH PRESS ~ MEN - JUNIORS (13 - 15)**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

**BENCH PRESS ~ MEN - JUNIORS (16 - 17)**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

**BENCH PRESS ~ MEN - JUNIORS (18 - 19)**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

**BENCH PRESS ~ MEN - JUNIORS (20 - 23)**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb	92.5	Matthew Zimmerman	11/14/2020
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

**BENCH PRESS ~ MEN - Submaster (35-39)**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

**BENCH PRESS ~ MEN - Masters (40-44)**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

**BENCH PRESS ~ MEN - Masters (45-49)**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

**BENCH PRESS ~ MEN - Masters (50-54)**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

**BENCH PRESS ~ MEN - Masters (55-59)**

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

#### BENCH PRESS ~ MEN - Masters (60-64)

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

#### BENCH PRESS ~ MEN - Masters (65-69)

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

#### BENCH PRESS ~ MEN - Masters (70-74)

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

#### BENCH PRESS ~ MEN - Masters (75-79)

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			

#### BENCH PRESS ~ MEN - Masters (80+ Over)

Weight Class	Kgs	Name	Date
52kg/114.5lb			
56kg/123.5lb			
60kg/132.2lb			
67.5kg/148.7lb			
75kg/165.2lb			
82.5kg/181.7lb			
90kg/198.2lb			
100kg/220.2lb			
110kg/242.5lb			
125kg/275.5lb			
140kg/308.5lb			
(SHW)			