

SUPERIOR WORLD POWERLIFTING RAW KS D-3 SINGLE LIFT RECORDS
BENCH PRESS
WOMEN - OPEN

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			

BENCH PRESS ~ WOMEN - Juniors 13-15

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			

BENCH PRESS ~ WOMEN - Juniors (16-17)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			

BENCH PRESS ~ WOMEN - Juniors (18-19)

Weight Class	Kgs	Name	Date
44kg/97lbs			

48kg/105.7lbs
52kg/114.5lbs
56kg/123.5lbs
60kg/132.2lbs
67.5kg/148.7lbs
75kg/165.2lbs
82.5kg/181.7lbs
90kg/198.2lbs
90+kg/198.2+lbs

BENCH PRESS ~ WOMEN - Juniors (20-23)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs	72.5	Stacey Hartwig	11/14/2020

BENCH PRESS ~ WOMEN - Submasters (35-39)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			

BENCH PRESS ~ WOMEN - Masters (40-44)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			

90kg/198.2lbs
90+kg/198.2+lbs

BENCH PRESS ~ WOMEN - Masters (45-49)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			

BENCH PRESS ~ WOMEN - Masters (50-54)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			

BENCH PRESS ~ WOMEN - Masters (55-59)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			

BENCH PRESS ~ WOMEN - Masters (60-64)

Weight Class	Kgs	Name	Date
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44kg/97lbs
48kg/105.7lbs
52kg/114.5lbs
56kg/123.5lbs
60kg/132.2lbs
67.5kg/148.7lbs
75kg/165.2lbs
82.5kg/181.7lbs
90kg/198.2lbs
90+kg/198.2+lbs

BENCH PRESS ~ WOMEN - Masters (65-69)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			

BENCH PRESS ~ WOMEN - Masters (70-74)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			

BENCH PRESS ~ WOMEN - Masters (75-79)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			

82.5kg/181.7lbs
90kg/198.2lbs
90+kg/198.2+lbs

BENCH PRESS ~ WOMEN - Masters (80+ Over)

Weight Class	Kgs	Name	Date
44kg/97lbs			
48kg/105.7lbs			
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs			
82.5kg/181.7lbs			
90kg/198.2lbs			
90+kg/198.2+lbs			