

**USPF TEXAS DIVISION 1 (SINGLE PLY) RECORDS
OPEN - MEN**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat		418.7	B. Adams	1987
	Bench		257.0	B. Adams	1987
	Deadlift		445.0	B. Adams	1987
	TOTAL		1118.0	B. Adams	1987
56kg/123.5lb	Squat		496.0	D Ramsey	1988
	Bench		314.0	B. Adams	1989
	Deadlift		549.0	A Clark	1972
	TOTAL		1317.0	B. Adams	1989
60kg/132.2lb	Squat		485.0	F Styles	1989
	Bench		319.0	J Walker	1982
	Deadlift		565.0	A Clark	1977
	TOTAL		1225.0	B Benoit	1977
67.5kg/148lb	Squat		677.0	J Jackson	1987
	Bench		413.0	P Manicchia	1988
	Deadlift		610.0	R Gaugler	1977
	TOTAL		1559.0	T.J. Hoerner	1999
75kg/165.2lb	Squat		705.0	R Gaugler	1981
	Bench		457.0	Johnny Vasquez	2006
	Deadlift		735.2	Troy	1996
	TOTAL		1878.0	R Gaugler	1982
82.5kg/181.7lb	Squat		827.0	M Bridges	1982
	Bench		512.0	M Bridges	1982
	Deadlift		755.0	M Bridges	1982
	TOTAL		2105.0	M Bridges	1982
90kg/198.2lb	Squat		777.0	M Northcutt	1988
	Bench		529.0	R Pittman	1987
	Deadlift		799.0	C McCain	1979
	TOTAL		2022.0	R Pittman	1987
100kg/220lb	Squat		881.8	S Goggins	1987
	Bench		575.0	B Whitaker	1991
	Deadlift		821.0	S Goggins	1987
	TOTAL		2204.0	S Goggins	1987
110kg/242lb	Squat		964.5	S Goggins	1990
	Bench		633.0	C Pappillion	1990
	Deadlift		832.2	S Goggins	1990
	TOTAL		2303.0	S Goggins	1990
125kg/275lb	Squat		881.0	M Griffin	2002
	Bench		611.7	P Springer	1996
	Deadlift		859.7	S Warman	1986
	TOTAL		2204.0	S Warman	1986
140kg/308.5lb	Squat	441.0	972.2	Henry Thomason	10/22/2016
	Bench	301.0	663.6	Henry Thomason	10/22/2016
	Deadlift		766.0	C Saunders	2005
	TOTAL	1062.0	2341.3	Henry Thomason	10/22/2016
140+kg/308+lb	Squat		970.0	C Young	1989
	Bench		622.7	A Clark	1987
	Deadlift		848.7	C Young	1984

TOTAL

2309.0 C Young

1986

SUBMASTERS - MEN 35-39

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat		473.0	G Young	1999
	Bench		242.0	G Young	1999
	Deadlift		429.0	G Young	1999
	TOTAL		1146.0	G Young	1999
67.5kg/148lb	Squat		462.0	J Yu	1999
	Bench		363.7	J Yu	1998
	Deadlift		501.0	Michael	2000
	TOTAL		1223.0	Michael	2000
75kg/165.2lb	Squat		523.5	G Kaiser	1997
	Bench		429.7	R McCarty	2002
	Deadlift		540.0	G Kaiser	1997
	TOTAL		1366.5	G Kaiser	1997
82.5kg/181.7lb	Squat		600.7	D Madere	1999
	Bench		473.0	R McCarty	2003
	Deadlift		584.0	T Hambric	1997
	TOTAL		1542.9	D Madere	1999
90kg/198.2lb	Squat		655.7	B Shaw	1999
	Bench		413.2	J Vasquez	1998
	Deadlift		644.7	B Shaw	1999
	TOTAL		1703.0	B Shaw	1999
100kg/220lb	Squat		677.0	T Bruner	1996
	Bench		462.0	T Bruner	1996
	Deadlift		710.0	T Bruner	1996
	TOTAL		1830.0	T Bruner	1996
110kg/242lb	Squat		751.7	T Bruner	1999
	Bench		501.0	T Bruner	1997
	Deadlift		722.0	T Bruner	1999
	TOTAL		1947.7	T Bruner	1999
125kg/275lb	Squat		738.5	T Bruner	1999
	Bench		479.0	T Bruner	1996
	Deadlift		738.5	T Bruner	1996
	TOTAL		1936.0	T Bruner	1996
140kg/308.5lb	Squat	441.0	972.2	Henry Thomason	10/22/2016
	Bench	301.0	663.6	Henry Thomason	10/22/2016
	Deadlift		766.0	C Saunders	2005
	TOTAL	1062.0	2341.3	Henry Thomason	10/22/2016
140+kg/ SHW	Squat		688.7	D Hurt	1999
	Bench		363.7	D Hurt	1999
	Deadlift		611.7	D Hurt	1999
	TOTAL		1664.1	D Hurt	1999