

**USPF TEXAS STATE RECORDS - MILITARY  
DIVISION 1 (SINGLE PLY) RECORDS  
OPEN - MEN**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat		435.0	B Adams	1988
	Bench		279.0	B Adams	1988
	Deadlift		440.0	B Adams	1988
	TOTAL		1146.0	B Adams	1988
56kg/123.5lb	Squat		496.0	D Ramsey	1988
	Bench		314.0	B Adams	1989
	Deadlift		529.0	D Ramsey	1988
	TOTAL		1317.0	D Ramsey	1987
60kg/132.2lb	Squat		501.0	D Ramsey	1987
	Bench		253.0	D Ramsey	1987
	Deadlift		468.0	D Ramsey	1987
	TOTAL		1223.0	D Ramsey	1987
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat		611.0	M Hancock	1988
	Bench		341.0	M Hancock	1988
	Deadlift		661.0	M Hancock	1988
	TOTAL		1614.0	M Hancock	1988
82.5kg/181.7lb	Squat		678.0	K Rollins	1988
	Bench		413.2	K Rice	2002
	Deadlift		601.0	B Henry	1987
	TOTAL		1604.0	K Rollins	1988
90kg/198.2lb	Squat		771.0	R Pittman	1988
	Bench		523.0	R Pittman	1988
	Deadlift		749.0	R Pittman	1988
	TOTAL		2044.0	R Pittman	1988
100kg/220lb	Squat		881.0	S Goggins	1988
	Bench		501.0	S Goggins	1988
	Deadlift		821.0	S Goggins	1988
	TOTAL		2201.0	S Goggins	1988
110kg/242lb	Squat		920.0	S Goggins	1988
	Bench		540.0	S Goggins	1987
	Deadlift		832.0	S Goggins	1988
	TOTAL		2254.0	S Goggins	1988
125kg/275lb	Squat		793.0	L Ross	1988
	Bench		490.0	L Ross	1988
	Deadlift		755.0	L Ross	1988
	TOTAL		2039.0	L Ross	1988
140kg/308.5lb	Squat				

Bench  
Deadlift  
TOTAL

140+kg/308+lb	Squat	446.0	L Lyons	1987
	Bench	303.0	L Lyons	1987
	Deadlift	545.0	L Lyons	1987
	TOTAL	1295.0	L Lyons	1987