

TEENS - WOMEN 13-15

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat		187.0	W Starky	1990
	Bench		82.0	M Barboza	1990
	Deadlift		220.0	M Barboza	1990
	TOTAL		463.0	M Barboza	1990
48kg/105.7lb	Squat		209.2	Shelly	1995
	Bench		93.5	K Kaiser	1997
	Deadlift		226.0	Joni	1990
	TOTAL		496.0	Joni	1990
52kg/114.5lb	Squat		270.0	A Silvas	2002
	Bench		148.0	A Silvas	2002
	Deadlift		297.0	A Silvas	2002
	TOTAL		711.0	A Silvas	2002
56kg/123.5lb	Squat		275.0	M Cook	2005
	Bench		148.0	M Cook	2005
	Deadlift		303.0	M Cook	2005
	TOTAL		727.0	M Cook	2005
60kg/132.2lb	Squat		286.5	M Cook	2004
	Bench		132.0	M Cook	2004
	Deadlift		286.5	M Cook	2004
	TOTAL		688.7	M Cook	2004
67.5kg/148.7lb	Squat		281.0	V Vera	1990
	Bench		126.0	V Vera	1990
	Deadlift		330.0	V Vera	1990
	TOTAL		782.0	V Vera	1990
75kg/165.2lb	Squat		314.0	K Ford	1997
	Bench		154.2	K Ford	1997
	Deadlift		330.5	K Ford	1997
	TOTAL		793.2	K Ford	1997
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat		253.5	C Reeves	2000
	Bench		126.7	Brandis	2001
	Deadlift		297.5	C Reeves	2000
	TOTAL		661.2	C Reeves	2000
90+kg/UNL	Squat		363.7	K Goodman	2002
	Bench		187.2	K Goodman	2002
	Deadlift		380.2	K Goodman	2002
	TOTAL		931.2	K Goodman	2002

TEENS - WOMEN 16-17					
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat		236.7	A Ramirez	2000
	Bench		126.7	T Carder	2002
	Deadlift		242.5	A Ramirez	2000
	TOTAL		600.7	A Ramirez	2000
48kg/105.7lb	Squat		236.7	Stephanie	2001
	Bench		132.2	Stephanie	2001
	Deadlift		297.0	Patricia	2002
	TOTAL		622.7	Christine	2002
52kg/114.5lb	Squat		275.0	J Ferguson	2002
	Bench		154.4	J Ferguson	2002
	Deadlift		270.0	Stephanie	2002
	TOTAL		683.0	J Ferguson	2002
56kg/123.5lb	Squat		281.0	Theresa	2002
	Bench		137.7	Rachel	2000
	Deadlift		308.0	Theresa	2002
	TOTAL		710.0	Theresa	2002
60kg/132.2lb	Squat		319.0	T Ross	1990
	Bench		154.7	Rachel	2000
	Deadlift		336.0	T Ross	1990
	TOTAL		760.6	Rachel	2000
67.5kg/148.7lb	Squat		347.0	A Bush	1990
	Bench		159.7	Christina	2001
	Deadlift		330.0	C Johnson	1990
	TOTAL		800.0	A Bush	1990
75kg/165.2lb	Squat		402.2	Kimmie	2001
	Bench		200.0	T Summers	1992
	Deadlift		380.2	Kimmie	2001
	TOTAL		936.9	Kimmie	2001
82.5kg/181.7lb	Squat		325.0	J Ayotte	1994
	Bench		181.7	Kristen	2000
	Deadlift		325.0	Kristen	2000
	TOTAL		810.0	Kristen	2000
90kg/198.2lb	Squat		352.7	A Ruiz	2002
	Bench		159.7	K Baker	2000
	Deadlift		358.0	K Baker	2000
	TOTAL		837.5	K Baker	2000
90+kg/UNL	Squat		402.2	J Oller	2000
	Bench		181.7	J Oller	2000
	Deadlift		396.7	Jasmine	2002
	TOTAL		920.2	J Oller	2000

TEENS - WOMEN		18-19			
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat		226.0	Kristin	2001
	Bench		104.0	Kristin	2001
	Deadlift		297.0	M Guerra	2002
	TOTAL		582.0	Kristin	2001
52kg/114.5lb	Squat		242.5	C Boutte	2001
	Bench		110.0	Yvonne	1997
	Deadlift		275.5	C Boutte	2001
	TOTAL		622.8	C Boutte	2001
56kg/123.5lb	Squat		220.0	Donna	1990
	Bench		132.0	Daniella	1990
	Deadlift		242.0	Daniella	1990
	TOTAL		573.0	Daniella	1990
60kg/132.2lb	Squat		245.0	Brandy	1998
	Bench		116.8	M Oxley	2001
	Deadlift		236.7	Brandy	1998
	TOTAL		596.7	Brandy	1998
67.5kg/148.7lb	Squat		325.0	Demetria	2000
	Bench		187.2	Demetria	2000
	Deadlift		352.5	Demetria	2000
	TOTAL		865.2	Demetria	2000
75kg/165.2lb	Squat		353.0	Kimmie	2002
	Bench		198.2	Kimmie	2002
	Deadlift		413.2	Kimmie	2002
	TOTAL		964.5	Kimmie	2002
82.5kg/181.7lb	Squat		242.0	L Rivera	1990
	Bench		104.0	L Rivera	1990
	Deadlift		253.0	L Rivera	1990
	TOTAL		600.0	L Rivera	1990
90kg/198.2lb	Squat		275.0	R King	1990
	Bench		115.0	R King	1990
	Deadlift		264.0	R King	1990
	TOTAL		655.0	R King	1990
90+kg/UNL	Squat		462.7	J Rogue	2000
	Bench		170.7	J Rogue	2000
	Deadlift		352.5	J Rogue	2000
	TOTAL		986.5	J Rogue	2000

JUNIORS - WOMEN 20-23					
Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
48kg/105.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
52kg/114.5lb	Squat		203.7	Donna	2000
	Bench		121.2	Donna	2000
	Deadlift		248.0	Donna	2000
	TOTAL		573.0	Donna	2000
56kg/123.5lb	Squat		264.5	Y Jimenez	2002
	Bench		132.0	Y Jimenez	2002
	Deadlift		286.0	L Livingston	1999
	TOTAL		666.7	Y Jimenez	2002
60kg/132.2lb	Squat		275.5	B Kennedy	1999
	Bench		137.7	B Kennedy	1999
	Deadlift		297.5	B Kennedy	1999
	TOTAL		710.7	B Kennedy	1999
67.5kg/148.7lb	Squat		264.5	B Kennedy	1998
	Bench		132.0	J Kersh	2001
	Deadlift		281.0	B Kennedy	1998
	TOTAL		672.0	B Kennedy	1998
75kg/165.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90+kg/UNL	Squat				
	Bench				
	Deadlift				
	TOTAL				