

**USPF TEXAS RAW KS D-3 RECORDS**  
**OPEN - MEN**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	160.0	352.7	Zach Knipple	10/22/2016
	Bench	110.0	242.5	Zach Knipple	10/22/2016
	Deadlift	210.0	463.0	Zach Knipple	10/22/2016
	TOTAL	480.0	1058.2	Zach Knipple	10/22/2016
82.5kg/181.7lb	Squat	190.0	418.9	Braian Forrest	10/15/2016
	Bench	140.0	308.6	Braian Forrest	10/15/2016
	Deadlift	247.5	545.6	Braian Forrest	10/15/2016
	TOTAL	577.5	1273.2	Braian Forrest	10/15/2016
90kg/198.2lb	Squat	197.5	435.4	Josh Palla	10/15/2016
	Bench	167.5	369.3	Adam Dobie	10/15/2016
	Deadlift	267.5	589.7	Josh Palla	10/15/2016
	TOTAL	605.0	1333.8	Josh Palla	10/15/2016
100kg/220lb	Squat	212.5	468.5	Jay Dian	10/22/2016
	Bench	142.9	315.0	Neil Eddins	7/31/2021
	Deadlift	240.0	529.1	Jay Dian	10/22/2016
	TOTAL	572.5	1262.1	Jay Dian	10/22/2016
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat	252.5	556.7	Mike McClure	10/22/2016
	Bench	200.0	440.9	Mike McClure	10/22/2016
	Deadlift	262.5	578.7	Mike McClure	10/22/2016
	TOTAL	715.0	1576.3	Mike McClure	10/22/2016
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/308+lb	Squat				
	Bench				
	Deadlift				

TOTAL

**SUBMASTERS - MEN 35-39**

Weight	Lift	Kgs	Lbs	Name	Date
52kg/114.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
67.5kg/148lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
75kg/165.2lb	Squat	102.5	226.0	Justin Early	10/22/2016
	Bench	102.5	226.0	Justin Early	10/22/2016
	Deadlift	152.5	336.2	Justin Early	10/22/2016
	TOTAL	357.5	788.1	Justin Early	10/22/2016
82.5kg/181.7lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
90kg/198.2lb	Squat	187.5	413.4	Adam Dobie	10/15/2016
	Bench	167.5	369.3	Adam Dobie	10/15/2016
	Deadlift	220.0	485.0	Adam Dobie	10/15/2016
	TOTAL	575.0	1267.7	Adam Dobie	10/15/2016
100kg/220lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140kg/308.5lb	Squat				
	Bench				
	Deadlift				
	TOTAL				
140+kg/ SHW	Squat				
	Bench				
	Deadlift				
	TOTAL				