

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Open Women

Weight	Kgs	Lbs	Name	Date
44kg/97lbs	70	154	Christine Moorman	03/02/1996
48kg/105lbs	77.5	170.75	Christine Moorman	11/29/1997
52kg/114.5lb	77.5	170.75	Christine Moorman	06/12/1993
56kg/123.5lb	92.5	203.75	Lupe Aguilar	04/19/1998
60kg/132.2lb	96	210	Judith Svercheck	07/27/1996
67.5kg/148lb	122.5	270	Judith Svercheck	06/06/1998
75kg/165.2lb	187.5	203.75	Donna Delleree	10/14/1994
82.5kg/181.7lb	102.5	225.75	Donna Delleree	06/03/1995
90kg/198.2lb	102.5	225.75	Amy Johnston	04/19/1997
90+kg/198+lbs	215	187.25	Glenda Atchison	06/10/1994

USPF Washington STATE SINGLE LIFT RECORDS Bench Press MEN Juniors 13-15 Women

Weight	Kgs	Lbs	Name	Date
48kg/105lbs	32.5	72	Desiree Black	02/23/1997
52kg/114.5lb	60	132.25	Jennifer Moser	06/02/1993
75kg/165.2lb	40	88	Amy Moore	02/23/1997
90kg/198.2lb	97.5	214.75	Rachael Perry	06/06/1998

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Juniors 16-17 Women

Weight	Kgs	Lbs	Name	Date
48kg/105lbs	32.5	72	Christina Hull	03/18/1995
52kg/114.5lb	57.5	126.75	Christina Hull	05/09/1995
56kg/123.5lb	65	143.25	Jennifer Moser	06/10/1994
60kg/132.2lb	45	99	Jenny Gutzwiler	04/19/1997
67.5kg/148lb	102.5	125.75	Heather Schmauder	05/17/1997

75kg/165.2lb	80	176.25	Jenny Irish	05/17/1997
82.5kg/181.7lb	70	154.25	Liz Minor	05/17/1997
90kg/198.2lb	45	99	Nikki Burton	01/04/1997
90+kg/198+lbs	27.5	61	Rachel Homme	02/23/1997

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Juniors 18-19 Women

Weight	Kgs	Lbs	Name	Date
44kg/97lbs	62.5	137.75	Brandy Campbell	03/15/1997
48kg/105lbs	67.5	148.75	Brandy Campbell	04/12/1997
52kg/114.5lb	72.5	159.75	Brandy Campbell	09/13/1997
56kg/123.5lb	67.5	148.75	Jennifer Moser	07/27/1996
60kg/132.2lb	96	210	Judith Svercheck	03/03/1996
67.5kg/148lb	72.5	159.75	Stephanie Guffie	03/01/1998
75kg/165.2lb	90	198.25	Sara Rowse	04/18/1998
82.5kg/181.7lb	85	187.25	Holly Boob	02/22/1997
90kg/198.2lb	92.5	203.75	Holly Boob	02/23/1997
90+kg/198+lbs	65	143.25	JoAnna Destunder	05/21/1994

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Juniors 20-23 Womens

Weight	Kgs	Lbs	Name	Date
52kg/114.5lb	45	99	April Ingalls	12/02/1995
56kg/123.5lb	92.5	203.75	Lupe Aguilar	04/19/1998
60kg/132.2lb	40	88	Kristine Guffie	11/29/1997
67.5kg/148lb	122.5	270	Judith Sverchek	06/06/1998
75kg/165.2lb	67.5	148.75	Lisa Spence	03/01/1998

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Submasters 35-39 Women's

Weight	Kgs	Lbs	Name	Date
48kg/105lbs	77.5	170.75	Christine Moorman	11/29/1997
52kg/114.5lb	52.5	115.50	Kelli Packard	06/06/1998
56kg/123.5lb	69	150	Sharon Olson	01/04/1997
60kg/132.2lb	65	143.25	Colleen Lesperance	06/06/1998
67.5kg/148lb	87.5	192.75	Renee Wilson	04/18/1998
75kg/165.2lb	67.5	148.75	Stacy Moody	04/18/1998
82.5kg/181.7lb	102.5	225.75	Donna Delleree	06/03/1995
90kg/198.2lb	102.5	225.75	Amy Johnston	04/19/1997

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Masters 40-44 Women's

Weight	Kgs	Lbs	Name	Date
56kg/123.5lb	45	99	Dot Redman	04/19/1997
60kg/132.2lb	49	107	Terry Marcoux	06/06/1998
67.5kg/148lb	67.5	148.75	Lavonne Landon	09/30/1995
75kg/165.2lb	35	77	Judy Koch	02/28/1998
90kg/198.2lb	85	187.25	Glenda Atchison	06/10/1994

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Masters 45-49 Women's

Weight	Kgs	Lbs	Name	Date
48kg/105lbs	50	110	Georgette Marshall	03/03/1996
60kg/123.5lb	42.5	94	Bonnie Thomas	04/19/1998
56kg/123.5lb	40	88	Suzanne Morris	06/14/1997
67.5kg/148lb	100	220.25	Nancy Strelau	12/02/1995
82.5kg/181.7lb	65	143.25	Clair Ashton-Heckathorn	05/17/1997

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Masters 50-54 Women's

Weight	Kgs	Lbs	Name	Date
52kg/114lbs	55	121.25	Georgette Marshall	03/03/1996
75kg/165.2lb	92.5	203.75	Donna Delleree	10/14/1994
82.5kg/181.7lb	102.5	225.75	Donna Delleree	06/03/1995

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Masters 50-54 Women's

67.5kg/148lb	42.5	94	Lovina Rebman	11/02/1996
75kg/165.2lb	41	93.50	Lovina Rebman	11/29/1997

USPF Washington STATE SINGLE LIFT RECORDS Bench Press Masters 70-74 Women's

60kg/123.5lb	37.5	83	Vera Moser	06/14/1997
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