

**USPF WV STATE SINGLE PLY DIVISION 1 FULL POWER
WOMEN - OPEN**

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat	110.0	242.5	Joan Fruth	
	Bench	55.0	121.2	Joan Fruth	
	Deadlift	117.5	259.0	Joan Fruth	
	TOTAL	277.1	611.0	Joan Fruth	
48kg/105.7lb	Squat	115.0	253.5	Joan Fruth	
	Bench	65.0	143.2	Joan Fruth	
	Deadlift	144.9	319.5	Joan Fruth	
	TOTAL	324.9	716.2	Joan Fruth	
52kg/114.5lb	Squat	184.9	407.7	Mary Jeffrey	
	Bench	112.5	248.0	Mary Jeffrey	
	Deadlift	184.9	407.7	Mary Jeffrey	
	TOTAL	477.3	1052.2	Mary Jeffrey	
56kg/123.5lb	Squat	199.9	440.7	Mary Jeffrey	
	Bench	125.0	275.5	Mary Jeffrey	
	Deadlift	187.4	413.2	Mary Jeffrey	
	TOTAL	499.9	1102.2	Mary Jeffrey	
60kg/132.2lb	Squat	182.4	402.2	Amy Hoffman	
	Bench	99.9	220.2	Debbie Lass	
	Deadlift	177.4	391.2	Amy Hoffman	
	TOTAL	452.5	997.5	Amy Hoffman	
67.5kg/148.7lb	Squat	199.9	440.7	Janice Roge	
	Bench	120.0	264.5	Janice Roge	
	Deadlift	182.4	402.2	Janice Roge	
	TOTAL	502.3	1107.4	Janice Roge	
75kg/165.2lb	Squat	179.9	396.7	Nancy Young	
	Bench	99.9	220.2	Janice Roge	
	Deadlift	177.4	391.2	Bev Hart	
	TOTAL	440.0	970.0	Janice Roge	
82.5kg/181.7lb	Squat	182.4	402.2	Nancy Young	
	Bench	99.9	220.2	Nancy Young	
	Deadlift	177.4	391.2	Nancy Young	
	TOTAL	459.8	1013.6	Nancy Young	
90kg/198.2lb	Squat	194.9	429.7	Peg Conely	
	Bench	87.4	192.7	Marion Smith	
	Deadlift	167.5	369.2	Peg Conely	
	TOTAL	441.8	974.0	Peg Conely	
90+kg/UNL	Squat	199.7	440.2	Crystal McClellan	
	Bench	82.4	181.7	Crystal McClellan	
	Deadlift	194.9	429.7	Crystal McClellan	
	TOTAL	477.4	1052.5	Crystal McClellan	

SUBMASTER - WOMEN 35-39

Weight	Lift	Kgs	Lbs	Name	Date
44kg/97lb	Squat Bench Deadlift TOTAL				
48kg/105.7lb	Squat Bench Deadlift TOTAL				
52kg/114.5lb	Squat Bench Deadlift TOTAL				
56kg/123.5lb	Squat Bench Deadlift TOTAL				
60kg/132.2lb	Squat Bench Deadlift TOTAL				
67.5kg/148.7lb	Squat Bench Deadlift TOTAL				
75kg/165.2lb	Squat Bench Deadlift TOTAL				
82.5kg/181.7lb	Squat Bench Deadlift TOTAL				
90kg/198.2lb	Squat Bench Deadlift TOTAL				
90+kg/UNL	Squat Bench Deadlift TOTAL				