

Are You an Old Soul?



How old and how many souls are incarnated on Earth.



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Are You an Old Soul?

There are lots of articles that talk about 'old souls' and explain the difference between old and young souls. Many authors attempt to help categorise you into 'old' or 'young' soul using questionnaires which are fun to complete but often seem a bit arbitrary in the assignment of what constitutes 'old' or 'young' soul characteristics. However, since part of our ascension is the letting go of all definitions and existing without division or judgement in the now, we will avoid categorising souls into old or young and simply see if it's possible to determine soul age.



Soul Incarnations

Some writers talk about old souls as having been incarnated many times. This is probably better described as soul experience rather than soul age. We thought it would be interesting to find out how many incarnations that souls currently on Earth have experienced. In this article, we use the term incarnation and lifetime to mean the same. All figures are rounded.

- *Average number of incarnations experienced by souls currently on planet Earth is 1,500 lifetimes*
- *Highest number of incarnations experienced by any soul currently on planet Earth is over 9,000 lifetimes*

We were curious to know what the spread of this experience is currently:

- *5.2 billion souls on Earth have experienced 0 - 1,000 lifetimes*
- *1.1 billion souls on Earth have experienced >1,000 - 2,000 lifetimes*
- *4.2 million souls on Earth have experienced >2,000 - 3,000 lifetimes*
- *1.2 million souls on Earth have experienced >3,000 - 4,000 lifetimes*
- *0.8 million souls on Earth have experienced >4,000 - 5,000 lifetimes*
- *1186 souls on Earth have experienced >5,000 - 6,000 lifetimes*
- *222 souls on Earth have experienced >6,000 - 7,000 lifetimes*
- *21 souls on Earth have experienced >7,000 - 8,000 lifetimes*
- *2 souls on Earth have experienced more than 9,000 lifetimes*

Remember that as new souls incarnate these figures change depending on whether the incarnated souls have more or less lifetime experience. Also as the Earth and the people are ascending, it's possible that the profile above will change; just how that will be remains to be seen!



Age of Soul

Now we are going to find out if we can determine the age of a soul. Before we do this, we wanted to make it clear that, however young your soul came into existence, you are needed just much as souls that have been around for eons.



All Souls Have Infinite Wisdom

Regardless of soul age, each of us has been born with infinite wisdom and each of us has unlimited access to the universal 'internet' of all knowing. Accessing this universal internet becomes easier as levels of consciousness increase and as the ego field dissipates.



All Souls Are Equal, Whatever their Age

No matter how 'old' or 'young' souls are, everyone on this planet plays an equally valid and important role in the Ascension and anyone can learn from any soul. If you ever find yourself in a situation where someone or something is resonating, then you are experiencing a lesson, and this resonance can be from a soul that has been in existence for all eternity or from a soul that is, in comparison, new to existence.



The 'Awake' and the 'Unawake' Play Equally Valid Roles

What we are trying to say is that it doesn't matter if you consider yourself to be an old or a young soul, as your contribution to this planet is as valid as your next door neighbour whether they seem to you to be a 'spiritual master' or an 'unawake'.



Can Resonance Testing be Used to Determine Soul Age?

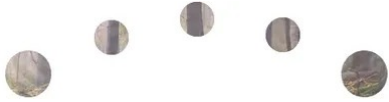
Given this equality, we were still curious to know if it's possible to use resonance testing to determine the age of a soul and we thought it would be fun to see what information we could discover during the process.



Define the Units for the Measurement of Soul Age

Now before we start measuring age, or years that the soul has been in existence, it's important to note that years on Earth are different from years on other planets. We discovered that 92% of souls on Earth have been incarnated on other planets that have different year lengths (ie, these souls have experienced life with different length 'years'). So, we have chosen to set a definition of a year for this article as follows:

One Earth year is equivalent to the time that the Earth takes to complete a full orbit around the Sun, approximately 365.25 Earth days.



Limitations of Measurement of Soul Age

Now also bear in mind that [Dan Winters](#) states that time is the interval that charge rotation creates (he measured this interval with reference to a hydrogen atom) so it would seem that there is a requirement for physical matter (atoms) to be present to create time. In essence, physical matter is needed in order for time to exist or to anchor time. This is why our measurements can only ever be approximations since time does not exist (at least as we understand time to be), in the non-physical dimensions, where souls exist until they incarnate into physical form.

For this reason in order to test soul age, we need to relate their existence to a physical realm timeline. That is why we are going to talk about the year the soul came into existence in relation to the timeline of our planet Earth. We cannot actually measure soul age since souls spend much time in the non-physical, time-independent realm.

Our measurements are also limited by the tester's understanding of the physics of consciousness because we feel that there is so much more to this subject than we are considering in this article. Also, there may be other variables that we have not accounted for due to our limited knowledge.

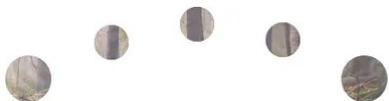
So, given all of these provisos, here is what we found:



Is it Possible to Measure Soul Age?

- *The point at which a soul can be anchored approximately to an Earth year.*

This means that we can use resonance testing to determine the length of time a soul has been in existence which would help us gain some understanding of soul age.



Number of Souls Incarnated on Earth

We needed to know the total number of souls on earth to give us a baseline for our results. However, in doing so, we discovered the numbers came up short! We found that:

- *The current number of souls incarnated on Earth is 6.4 billion.*

- *The current population on the planet is 9.2 billion.*

Note: We are fully aware that the published number of people living on our planet is 7.9 billion but we can only present the results that our resonance tests provide.

The fact that there are far fewer souls incarnated than people on the planet really stumped us. Then we realised that there maybe a possibility that the same soul can be split into more than one person. So we tested to see if this was true:

- *4.3 billion souls are unique to one person*
- *1.4 billion souls are split between 2 people*
- *0.7 billion souls are split between 3 people*

When we tested to see if this was correct, the numbers added up, you will see that:

- *0.7 billion souls split between 3 people is 2.1 billion people*
- *1.4 billion souls split between 2 people is 2.8 billion people*

Add the 4.3 billion souls that have one unique soul onto these numbers and you get 9.2 billion people. So even if our numbers don't match the published world population, at least they add up!



Measuring Soul 'Age'

- *The maximum time that any soul that is currently incarnated into a physical body on Earth has been in existence is a billion Earth years. There is one such soul on Earth.*
- *There are currently about 1,000 souls incarnated into a physical body on Earth who have been in existence for at least 500 million Earth years.*
- *99% of the people on Earth are holding souls that have been in existence for at least 1 million Earth years.*
- *There are currently about 300,000 people on Earth who do not hold soul within their bodies.*

We were really surprised by these results - we had no idea that we'd all been around so long! So since we're all old souls maybe we can rename the term young souls and old souls to old souls and really old souls!



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