

Healing and Frequency



Why consciousness and frequency are key to healing.



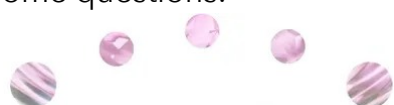
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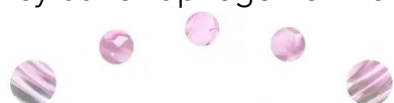
Healing and Frequency

Much has been written about frequency or vibration and how healing is all about 'changing your vibration' but we wanted to know more about exactly how this works. So we did a series of Resonance Tests to discover what is really going on. Let's start with some questions:



What are (Energy) Waves?

There are 2 types of waves; **transverse waves** are the ones that go up and down and look a bit like waves on the sea, or the ones that you see on an oscilloscope. Then we have **longitudinal (compression) waves** which are those that travel a bit like a slinky - they bunch up together then expand out in a straight line.



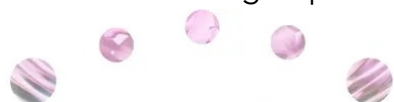
What is an (Energy) Field?

A field is simply the area that the waves of energy occupy. It is non-directional although often in the spiritual world we see lines connecting us with the earth or the sun. In fact there are no vertical lines connecting anything! The field of consciousness permeates all matter, time and space. The field of the aura that surrounds each of us has a different reach, depending on our levels of consciousness. If you are interested in this subject you can read more about it in our about [the relationship between levels of consciousness and aura size](#).



Is Healing Energy a Field?

Importantly, [Dan Winters](#) discovered that healing energy (consciousness) is in the form of a field of longitudinal compression waves whose frequency are multiples of the [Planck constant](#). We have discovered in our Resonance Testing that the consciousness within us is a charged plasma field and that our aura is a field of transverse waves.



What is the Difference Between the Field of Consciousness and Aura?

From our testing we have found that:

- *Consciousness is a field of charged plasma of longitudinal compression waves*
- *Consciousness is negentropic and has the ability to transmute and heal*
- *Our aura is a field of energy of transverse waves*
- *Our aura by itself does not have the ability to do healing or transformation.*



What is Frequency?

The frequency of a wave is simply the number of waves that pass every second. Effectively, it's a measurement of how fast the waves move up and down (transverse waves) or squeeze in and out (longitudinal compression waves). The units that are used to measure wave frequency are called Hertz and 1Hz is equal to one waving passing in one second.



What are Vibrations?

Whereas frequency is a measurable term used in physics to describe the number of complete waves per second, vibration is a non-measurable term used to describe the oscillation; moving up and down (transverse waves) or in and out (longitudinal waves). If we're looking at transverse waves (the ones that look like the waves in the sea), then we can say that vibration describes the vertical up and down movement and frequency describes the horizontal speed.

In the spiritual world, reference is often made to vibrations which also means the resonant frequency of someone or something. If a person, place or object is described as high vibration, it means that the field that emanates from the person, place or object consists of high frequency waves.

That's why in this article we're going to use the terms interchangeably since they are ultimately connected: the higher the frequency, the faster the vibration.



Example of Low Frequency Field: Schumann Resonance

One of the best known low frequency fields is that produced by the Earth, called the Schumann resonance. This measured at 7.83Hz for hundreds of years (*over 4,000 years according to a Resonance Test*). This very low frequency equates to just less than 8 waves passing every second. Since 2014, when the [Russian Space Observing System](#) in Tomsk noted a spike to 8.5Hz, the Earth has been resonating regularly at higher frequencies (ie, more waves passing per second). Some of the peaks have been huge compared with the 7.83Hz baseline. We tested to see what the maximum has been and got an answer

of 184Hz; 10 times the original. There has been much speculation as to the reason for this increase. We wanted to know more about this so did some tests, to find out how many frequencies the Earth has and why they are increasing:

- *The Earth had 1 frequency until 2012.*
- *During 2012 it developed 2 more frequencies (3 in total).*
- *During 2013 it had 3 frequencies.*
- *During 2014 it had 4 frequencies.*
- *During 2015 it had 5-7 frequencies.*
- *During 2016 it had 8 frequencies.*
- *During 2017 it had 8 frequencies.*
- *During 2018 it had 9 frequencies.*
- *From 2019-2021 it had 10 frequencies.*
- *Today, as at 14th March 2022 it is developing an 11th frequency.*
- *There is a 91% probability that the Earth will have 24 frequencies by 2032*.*
- *The increase in frequencies is due to ascension.*
- *The increase in peaks is due to ascension.*

*Note we cannot predict the future with Resonance Testing but we can test for the probability of an eventuality, based on the current vibrational set point. Note that since the field is always changing, the probabilities can change from one day to the next. We will write about how we can test for the probability of future eventualities in another post.



Example of High Frequency Field: 'Positive' Emotions

In the spiritual world we often talk 'raising our vibration' in a positive way. The electromagnetic spectrum shows us that the highest frequency fields (Xrays, alpha, beta and gamma radiation) are not where we want to be aiming for. We thought it would be helpful to see if we could test the frequency of a 'low vibration' emotion and compare it with a 'high vibration emotion'. We have listed the emotion and the corresponding Level of Consciousness (extracted from Dr David Hawkins' book Transcending Levels of Consciousness)

- *Fear (Level of Consciousness 100): 72 Hz*
- *Bliss (Level of Consciousness 640): 28,076 Hz*

Now we can't hear 28,000 Hz but go and listen to 72 Hz and you will discover for yourself how it matches the vibration of fear.



How Many Frequencies Do We Hold?

So we wondered just how many frequencies we each of us hold and were amazed at the results

- *Number of unique vibrations within a person = 999,995 (or less)*

We had no idea we carried so many! Then we wondered, what's creating them and we found out:

- 220,000 unique vibrations created by our living cells.
- 100,000 unique vibrations created by our current life experiences (including toxins, parasites, illnesses, trauma) imprinted into the water in our bodies.
- 680,000 unique vibrations created by our past life experiences which have been imprinted into the water in our bodies.

So, maybe this holding of the imprint (vibration) within the water in our body works in the same way that homeopathy does. You can read more about this in our post [Resonance Testing for Homeopathy](#).

With so many different vibrations, no wonder the human body is so complex and with nearly 1 million of them it would take years to test each one. So instead we focused on what is the difference between vibrations from healthy and unhealthy cells.



What is the Frequency of Healthy Cells?

We discovered:

- All healthy vibrations resonate at a frequency that is divisible by the Planck constant.

That is to say, the frequencies of 'healthy' waves are multiples of the Planck constant.

- Unhealthy vibrations resonate at frequencies that are not divisible by the Planck constant.

We think this may be the reason why we talk about 'being out of synch' when we're not feeling well or 'creating harmony' when we are helping someone to heal. All that we are doing is resetting the frequency of the vibrations (waves) that are not vibrating at a multiple of the Planck constant.



How Do We Reset The Out of Synch (non Planck divisible) Vibrations into Healthy Vibrations?

First we have to go back to the source of the vibrations - in this case we're going to look at the cells within our body. This is where healing energy comes into play.



The Negentropic (Self Organising) Field of Consciousness

Dan Winters has discovered that healing energy is consciousness or longitudinal compression waves (charged plasma field). This field is very special as it is a negentropic field. *Negentropy* is the opposite of entropy (degree of disorder) and is a quality unique to consciousness. Negentropy is the reason why our bodies heal from deep cuts with in exactly the right place.



Consciousness is Why Skin Heals Perfectly

Have you ever thought about how come when we're healing from a cut that the skin doesn't keep on growing? How does it know when to stop? The cells growing are brand new ones and don't have a cell memory to know where they're supposed to go. These cells don't have eyes so can't 'see' the edge of the rest of the skin around the wound. The new growing cells also seem to know where to fill in the flesh, which layers of skin need to be formed and where. All without eyes or memory. The reason for this remarkable self-organisation is the negentropic consciousness.



Why and How Healing Works

This remarkable field of consciousness (love light) also has transformative effects, so not only can it replace missing cells but it can repair damaged or sickly cells. The healing process works much faster when someone steps in to do healing because this increases the field of consciousness, or degree of order around the person needing healing.

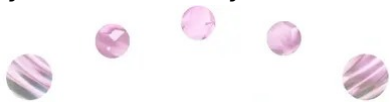
What we discovered in our tests is

- *Healing energy has the ability to change the frequency of the unhealthy waves* to become 'in synch' by transforming the damaged cells into healthy ones with a corresponding healthy vibration.*

*unhealthy waves are those out of synch, not multiples of the Planck constant.

**healthy waves are those in synch; multiples of the Planck constant

The same effect transformative effect of consciousness can be seen in the non-physical layers of the body, so healing is not just limited to the physical cells.



Raising Your Level of Consciousness to Maximise Healing Effect

The best way to heal by directing consciousness (love light) is to allow. This is about dissolving your own ego field so that there are no conflicting frequencies and opening your heart. As we move towards ascension most of us are finding that our Levels of Consciousness are rising and we have discovered in previous research [How Ego Decreases with Rising Levels of Consciousness](#). There are ways to help the process; we have noted in our sessions that decalcifying the pineal gland can result in a significant increase in Levels of Consciousness.

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