## What is a JP (Jackson Pratt) Drain and How Does It Work?

A Jackson Pratt (JP) drain is used to remove fluids that build up in an area of your body after surgery. The JP drain is a bulb-shaped device connected to a tube. One end of the tube is placed



inside you during surgery. The other end comes out through a small cut in your skin. The bulb is connected to this end. The drain is sutured (stitched) in place at the skin at the site of insertion to promote stability.



JP drains are placed in wounds during surgery to prevent the collection of fluid underneath the incision site. This is a closed, air-tight drainage system which operates by self-suction. The drain(s) promote healing by keeping excess pressure off the incision and decreasing the risk of infection.

When you shower with a JP drain, allow water and soap to wash over the drain insertion site but avoid direct scrubbing. Gently pat the area dry with a clean towel. Leave the drain insertion site open to air and avoid using lotions. **Do not take a tub bath while you have a JP drain.** 

**Bag & Boob Babes** drain aprons are designed to provide patients with a comfortable place to accommodate their JP drains after surgery. The shower ribbon is a convenient place to hang the drain(s) while a patient showers. And a pillow is provided to use under your arm or with your seatbelt.











Bag & Boob Babes, Corp. is a 501(c)(3) non-profit charity made up of volunteers sewing and knitting comfort products to help patients on their breast cancer recovery journey.

## HOW TO USE THE B&BB DRAIN APRON

Bag & Boob Babes, Corp. **DRAIN APRONS** come in two sizes: **single aprons** for **single** mastectomy patients that includes one pillow; and **double aprons** for **double** mastectomy patients and includes two pillows. The pillows can be used under your arms or in your car under your seatbelt, etc.

The apron was designed so that rather than pinning your JP drains to your under garments or clothing, the Drain Apron holds the drain(s) comfortably to help avoid discomfort from pulling and tugging. The drains can be placed into the apron pocket for patient comfort and easy access for emptying the drain.

The patient can decide how to use the apron to make it the most convenient and comfortable for their individual situation. Around the waist, around the neck or over the shoulder.

The Drain Apron also comes with a **shower ribbon** to place around your neck so you have a convenient place to hang the drains while you are showering.

## HOW TO USE THE B&BB DRAIN APRON



The **Single** or **Double Drain Apron** can be worn across the shoulder, around the neck or around the waist. (Top photo is the double apron shown with a pillow under the arm.)

The **SHOWER RIBBON** is a convenient place to hang your drains while you take a shower.





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