

Watford Harriers Club Championships 2017

75m H	30 Abbie Poole	Watford H	U15F	13.0
	36 Daniel Ikwue	Watford H	U13M	15.2
	32 George Rice	Watford H	U13M	16.3
100m	27 Chrissy Murray	Watford H	U15F	13.4
	25 Ava McLoughlin	Watford H	U13F	14.8
	36 Daniel Ikwue	Watford H	U13M	15.0
	34 Anya Horzaria	Watford H	U13F	15.6
	26 Gracie Williamson	Watford H	U13F	16.0
	32 George Rice	Watford H	U13M	16.3
	16 Charlotte Glenister	Watford H	U17F	16.6
200m	33 Joe Renton	Watford H	U15M	25.9
	27 Chrissy Murray	Watford H	U15F	27.8
	25 Ava McLoughlin	Watford H	U13F	31.0
	34 Anya Morzaria	Watford H	U13F	32.8
300m	15 Daisy Mainwaring	Watford H	U13F	58.1
	16 Charlotte Glenister	Watford H	U17F	59.8
400m	17 Stewart Dearman	Watford H	M50	68.7
	26 Gracie Williamson	Watford H	U13F	01:18.3
	32 George Rice	Watford H	U13M	01:38.3
800m	22 Ross Connor	Watford H	SM	02:12.0
	38 Watford H	U20M	02:15.3	
	18 Jo Wilsonson	Bedford & C	W40	02:27.5
	17 Stewart Dearman	Watford H	M50	02:45.5
	37 Ethan James	Watford H	U13M	02:58.1
1500m	14 Ben Hunter	Watford H	U15M	04:44.3
	19 Adrian Harwood	Watford H	M50	05:27.3

3000m	15 Daisy Mainwaring	Watford H	U13F	05:59.7
	16 Charlotte Glenister	Watford H	U17F	06:10.5
Relay	22 Ross Connor	Watford H	SM	09:57.0
	19 Adrian Harwood	Watford H	M50	11:46.7
High Jump	20 Owen's Team	Watford H		55.1
	25 Ava's Team	Watford H		66.0
Long Jump	20 Owen Dearman	Watford H	U20M	1.75
	33 Joe Renton	Watford H	U15M	1.60
	27 Chrissy Murray	Watford H	U15F	1.55
	29 Lucy Hawkes	Watford H	U15F	1.15
	28 Amy Hawkes	Watford H	U13F	1.10
Triple Jump	33 Joe Renton	Watford H	U15M	4.93
	22 Ross Connor	Watford H	SM	4.84
	31 Anna South	Watford H	U15F	4.47
	23 Harvey Griffith	Watford H	M45	4.12
	14 Ben Hunter	Watford H	U15M	4.11
	30 Abbie Poole	Watford H	U15F	4.04
	26 Gracie Williamson	Watford H	U13F	3.98
	29 Lucy Hawkes	Watford H	U15F	3.85
	34 Anya Morzaria	Watford H	U13F	3.61
	25 Ava McLoughlin	Watford H	U13F	3.45
28 Amy Hawkes	Watford H	U13F	3.18	
Discus	22 Ross Connor	Watford H	SM	10.91
Discus	39 Ray McKenna	Watford H	M40	35.18 2
	23 Harvey Griffith	Watford H	M45	22.47 2
	43 Richard Parles	Watford H	M70	20.82 1
	40 Thomas McKenna	Watford H	U13M	19.90 1

Hammer	42 Chloe Dearman	Watford H	U23F	16.061
	24 Christine Canning	Watford H	W60	14.391
	15 Daisy Mainwaring	Watford H	U13F	13.530
	16 Charlotte Glenister	Watford H	U17W	11.651
	21 Christine Dearman	Watford H	W50	10.991
	41 James McKenna	Watford H	U11M	10.881
	32 George Rice	Watford H	U13M	10.511
Javelin	24 Christine Canning	Watford H	W60	18.563
	23 Harvey Griffith	Watford H	M45	18.387
	43 Richard Parles	Watford H	M70	17.284
	17 Stewart Dearman	Watford H	M50	16.056
	22 Ross Connor	Watford H	SM	12.047
	19 Adrian Harwood	Watford H	M50	11.416
Shot	39 Ray McKenna	Watford H	M40	29.518
	23 Harvey Griffith	Watford H	M45	22.188
	19 Adrian Harwood	Watford H	M50	18.317
	32 George Rice	Watford H	U13M	17.364
	40 Thomas McKenna	Watford H	U13M	10.604
	41 James McKenna	Watford H	U11M	10.414
	29 Lucy Hawkes	Watford H	U15F	10.385
	26 Gracie Williamson	Watford H	U13F	9.644
	21 Christine Dearman	Watford H	W50	9.535
	24 Christine Canning	Watford H	W60	9.405
28 Amy Hawkes	Watford H	U13F	8.724	
Shot	39 Ray McKenna	Watford H	M40	12.407
	23 Harvey Griffith	Watford H	M45	9.427
	43 Richard Parles	Watford H	M70	7.884

40 Thomas McKenna
24 Christine Canning
41 James McKenna

Watford H

Watford H

Watford H

U13M

W60

U11M

7.183

5.793

5.193