

Minors to Juniors Pathway

Watford Harriers Minors to Juniors Pathway

The Minors session on a Sunday morning is primarily designed for children at Primary School, with the overriding objective to give them a fun grounding in athletics so that they are ready to join our Junior section.

Entrance to the Junior section usually happens at some point in School Years 6 & 7, with some degree of flexibility as children show both emotional and physical maturity at different ages. Year 6 & 7 pupils are classed as UNDER 13 athletes by England Athletics and are able to compete in both County and Regional events. This includes competing for Watford Harriers in the Eastern Young Athletes League

In order to create a sympathetic progression from the Minors section to the Juniors we are offering all children going into Year 6 the opportunity to attend the Saturday afternoon training sessions at Brunel University Indoor Athletics Centre over the course of the Winter. In this environment we will Coach them specific event technique, primarily in Jumps and hurdles.

If you would like your Son/Daughter to attend then please can you contact me on 07802 953110 or by email ncvj@clara.net.

More generally we do not encourage attendance to the Tuesday and Thursday Club nights until athletes are in Year 7 at School, due to the physical and mental demands attending these sessions requires.

If you have any questions with regards to this pathway then please don't hesitate to contact me.

Thanks

Nick Jones

Head of Junior Coaching

England Athletics Event Group (Jumps) Coach.

Watford Harriers