

Food allergens summary Breakfast & Brunch

Name of dish	Shellfish	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
moroccan style medley				●					●		●			●
Smashed Avocado							●				●	●		●
Fire Pit Potatoes and Eggs							●	●		●	●	●		
Woods Club Sandwich									●			●		●
Pancakes							●		●					M
+ Ice-cream , choc sauce & Biscoff							●		●					●
+Berries, banana & syrup														●
+ Woods Special														●
+Bacon, eggs & syrup														●
Forest style French toast							●		●					●
+ Ice-cream , choc sauce & Biscoff							●		●					●
+Berries, banana & syrup							●		●					●
+ Woods Special							●		●					●
+Bacon, eggs & syrup							●		●					●
Waffles														●
Porridge									●					●
woods cabin crumpet							●		●			M		●
birds nest							●		●	M		M		●
beyond the forest						●			●			M		●
benedict							●		●					●
royal						●	●		●					●

floretine							•		•	•				•
chicken and waffle														•
flat bread							•		•					•
+ Venison or pulled beef							•		•					•
burrata cheese							•		•			M		•
tempura broccoli		•					•		•					•
sweet potato fritters							•		•					•
wood steak									•					•
rustic roast									•			M		•
Yorkshire wrap				•								M		•
steak salad												M		
chicken salad										•		M		
really wild roots							•		•			M		•
Add a DOT if the allergen is present in the ingredients if it may contain M the suppliers says it may contain it														

Please be-aware anything not containing gluten, may contain (LUPIN)

* brazil nuts, hazelnuts, almonds and walnuts

Please be-aware anything not containing gluten, may contain (LUPIN)

** cereals containing gluten (including wheat, rye, barley and oats)

Review date(s): 04/03/24

Food allergens mains summary

Name of dish	Peanuts	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
venison												●		
pheasant pheasant														
forest duck										M	M	●		
Quails nest									●					
Halloumi/ tenderstem									●	●		●		
stuffed mushroom												●		●
steak										●		●		
Yorkshire wrap							●		●	M		●		●
salmon						●	●		●					
woods mac n cheese									●			●		●
the beyond burger														●
bring in the beet				●										●
the beet in the forest				●										●
forest fried quail										●				
really wild roots				●										
short beef ribs										●				
pork ribs							●		●					●
grilled goat cheese									●		●	M		
hens garden									●	●				
Chicken wings sharer														
rabbit									●	M				●
cola glazed quail							●		●	●		M		

hunters hoard							•		•	•				•
salmon	M	M				•	•		•	•		•		
seabass	M	M				•						•		
halloumi yorkshire wrap							•		•	•	•	•		•
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Review date(s): 04/03/24

Food allergens Small plates summary

Name of dish	shellfish	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Wild Wings										M	M	●	M	
nachos									●	M		●		
padron peppers									●					
Garlic Bread												M		●
mushroom terrine														●
tempura tenderstem												M	M	
hedgehog potatoes									●			M		
maple glazed carrots														
crispy chicken tenders										M		M		
forest floor fries									●	M		M		
corn ribs									●	M		M		
glazed pigs in blankets											●	●		
onion rings														
pulled venison potatoes									●	M		M		
pulled venison puddings									●	M		M		●
pulled beef puddings									●	M		M		●
pulled beef potatoes									●	●		M		
mussels	M		●			M			●	●		M		●
scallops	M		●			M			●	●		M		
halloumi sticks									●					●
dirty fries														
mac n cheese									●	●				●
cheesy garlic bread									●					●

chicken tenders														M	
battered padron														M	
nachos									•						
mushroom bruscetta															•
new potato															

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Food allergens desserts summary

Name of dish	Shellfish	Nuts*	Mollusks	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
Panna Cotta									●			M		
Creme Brulee							●		●			M		●
Cheese Cake Amaretto		M						🍇	●			M	M	●
Forest berries crumble		M										M	M	●
poached pear							●		●			M	M	●
gooey brownie												M	M	●
Flower pot									●			M	M	●
Waffles													M	●
Pancakes							●		●				M	
pancakes													M	
Eton mess									●			●		
vanilla ice cream									●					
vegan ice cream													M	

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*This form is available in Excel format
Alternatively, log allergens on **FACT***

