



DECEMBER 2020 - WEEK OF DECEMBER 7th

TABLE OF CONTENTS

eNews Quick Links

PTSA President Remarks

Subway - TONIGHT!

Senior Spotlight

Holiday Food Drive

Library Online Book

Sale

Masks

PTSA Fundraisers

Virtual Auction

Bruins CARE Morse

Code Bracelets

Bruins Goodr

Sunglasses

December Partnerships

LBSS Community

Partners

Box Top\$ For

Education

Coca-Cola Gives Back

Class OF 2021

Initiatives

Peer Tutoring

Winter Sports Tryouts

LB Football Fundraiser

PSAT Scores

Yearbooks

Ordering School Photos

Citizenship Essay

Contest

Join the PTSA!

PTSA President Remarks - Bob Gaylord

Message from PTSA President

A time of giving!

Thank you to the students and parents who dropped off cards and small gifts for their teachers. A simple thank you goes a long way. We often forget about people doing their jobs well, often times extraordinarily well under extraordinary circumstances, every day. We take them and their work for granted.

It's like utility workers or road crews. We don't think about them until we lose electricity in our homes in the middle of winter or we get two feet of snow grinding our travel to a halt. THEN we think about them and the proactive work they perform for our benefit. Our LBSS teachers are working proactively and continuously to educate our children. We don't always think about them because we just expect them to do their jobs and "make it happen."

I encourage you to take a minute and simply thank them for being proactive, doing their jobs, "making it happen," and doing it extraordinarily well in extraordinary times.

We are still collecting through today.

Want another way to give back to the community? We are starting our Holiday Food Drive running through December 14th. Look for details in this eNews and on our Facebook site. We are a blessed community...but there are many in need. Giving to those in need is a gift to them, and a gift to ourselves.

With appreciation, Bob

LBSS Night at Subway - TONIGHT FROM 5-9 PM

First Monday of Every Month Subway Spirit Nights

Today is the first Monday of December! Subway in Kings Park will be

PTSA Communications

If viewing from a mobile device, the above links will not work.

LBSS CALENDARS

Events Calendar

LBSS Parent Academy

hosting Spirit Nights on the first Monday of each month from 5 - 9 pm, for the remainder of the school year. Make sure to mention you are part of the LBSS Community when you order and they will donate a percentage of your payment back to the LBSS PTSA!



Senior Spotlight - Chandler Gallant

SENIOR SPOTLIGHT Chandler Gallant

This week, we are excited to spotlight senior, Chandler Gallant! She was nominated for this week's senior spotlight by Girls Varsity Soccer Coach, David Wickham.



Mr. Wickham shared, "I am nominating Chandler Gallant because she exemplifies Bruin Nation. She works hard in the classroom, on the soccer field and in the community. Chandler wants to do well in her classes so she is a dedicated student. Chandler has been a leader on the varsity soccer team since the day I took over the program when she was a sophomore. She is one of the first people to talk to me after games to debrief about what went well and what needs to be worked on. She is a vital part of our soccer family. She has helped lead extra team bonding activities as well as always looking after the underclassmen. She currently plays on a SYA travel team and she has committed to play for Shenandoah University next year."



These sentiments were echoed by Davis May, Chandler's math teacher. Mr. May shared, "I've worked with Chandler for the last two years and I can add that Chandler never shies away from a challenge in the classroom. Chandler is as

PTSA MEETINGS

2020-2021

via Zoom at 7 p.m. February 10th

QUICK LINKS

LBSS PTSA WEBSITE

JOIN LBSS PTSA

LBSS WEBSITE

LBSS PTSA OFFICERS AND COMMITTEES

CLASS OF 2021 YARD SIGNS

BRUINS CARE BRACELETS

BRUINS GOODR SUNGLASSES

LBSS COMMUNITY PARTNERS

BOX TOPS FOR EDUCATION

COCA COLA GIVES

FCPS CARES

MIDDLE SCHOOL AFTER SCHOOL PROGRAMS

LBSS YEARBOOKS

SPECIAL ED SEPTA EVENTS

FCPS FREE MEALS

NEWS YOU CHOOSE SIGNUP

LBSS PTSA Social Media





Follow us on twitter

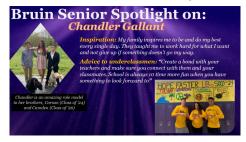
successful in the classroom as she is on the soccer field because of her determined work ethic and willingness to work longer and harder than many others when we're discussing difficult content."

Their respect and admiration is mutual: Chandler shared that Mr. May has been her favorite teacher at Lake Braddock. "I am fortunate to have had Mr May for both junior and senior year. He has really helped me strengthen my math skills as I moved from a regular level math class to AP this year. He keeps both me and my classmates engaged, which is extra tough now since we are virtual."

Chandler serves as an ambassador for "Hope Faster". Hope Faster is an organization and an annual event dedicated to raising awareness and funds to fight childhood cancer, the #1 disease killer of our children.

In addition, to her three years on Varsity Soccer, Chandler has been on the Varsity Indoor Track team, for three years and also spent three years actively participating in DECA.

Outside of school, she is Captain of her club soccer team, was selected for CCL United (elite team comprised of girls from the entire region to travel and represent the club in Sweden for a tournament), served 8 years as a summer swim coach, has been a Lifeguard and also been a Coach for HP Elite and Beyond.



Chandler has two younger brothers at Lake Braddock, Carson (9th grade) and Camden (7th grade) and has been a great role model to them. Chandler's greatest inspiration is her family. "My family inspires me to be and do my best every single day. They taught me to work hard for what I want and not give up if something doesn't go my way."

Chandler can often be found supporting Lake Braddock in the stands of games, in the hallways, during spirit days, at the fashion show and on social media.

Mr. Wickham stated, "I know that whenever I need anything like help setting up my classroom, organizing a fundraiser or fun activities for my 7th graders that Chandler is always there for me. I am truly proud of the young woman she has become and I hope she knows how awesome I think she is."



Chandler has thoroughly enjoyed her time at Lake Braddock. When thinking back on her favorite memory, it was from sophomore year, winning the district quarter finals against Fairfax High School in penalty kicks (PK). Chandler recalls, "I was the first LB PK kicker after the Fairfax kicker missed. I scored, and then our team ended up scoring all 5 kicks to win and move on." Wickham said, "It was an emotional night. We ended up fighting back from 0-2 at halftime to tie it up then head into multiple overtimes. We practiced our penalties the day before so the girls were ready. My heart was in my throat the entire time and I remember seeing all of our shots go into the back of the net and then we all ran onto the field together. It was amazing. It is a special memory that I will always remember and one of the top highlights of my coaching career."

In addition to soccer, marketing has been a big part of Chandler's Lake Braddock experience. She has participated in DECA for three years. Her favorite class at Lake Braddock has been Advanced Marketing. She said, "It helped me to grow as both a leader and as a person. Marketing taught me so many new skills that will be useful in the future to succeed."

In further reflecting on her time at Lake Braddock, Chandler shared that her favorite teacher has been Mr. Davis May. "I am fortunate to have had Mr May for both junior and senior year. He has really helped me strengthen my math skills as I moved from a regular level math class to AP this year. He keeps both me and my classmates engaged, which is extra tough now since we are virtual."

"Advice I would give underclassmen is to create a bond with your teachers and make sure you connect with them and your classmates. School is always 10 time more fun when you have something to look forward to."

Congratulations to Chandler! We know she is only just beginning to kick things into high gear as she prepares to attend Shenandoah University in the Fall,

majoring in exercise science and continuing to play soccer. She aspires to be an athletic trainer in a school setting so she can continue to work with young athletes.

Do you know of a senior who we should spotlight in a future eNews? Please email eNews and put Senior Spotlight in the subject. Please provide their name and a brief explanation about why you think they should be featured, highlighting some of their accomplishments. This weekly feature helps us each gain inspiration as we get to know the members of our senior class better and celebrate their accomplishments.

Special thanks to Michael Volkman, Carson Sturgeon, Jake Sizemore, McKenzie Shedd, Vivian Stewart, Karen Shrieves, and Chandler Gallant for being our first seven spotlighted seniors! We can't wait to learn more about more of our seniors in the upcoming months!

Lake Braddock SS Holiday Food Drive

LBSS Holiday Food Drive

We are so excited to have Laurie Suson working closely with Jacquie Naughton to head up our LBSS Food Pantry and Holiday Food Drive to help our Bruin students and their families.

This year the Lake Braddock PTSA is partnering with the Burke School PTSA are asking for community support to help the most in-need families with items to prepare a holiday meal and also so the students have food for breakfast and lunch during the break. Families are identified by school counselors and social workers and held in strict confidence.

We really need your help to make this a success. The most important items we need will be those easy to heat and eat or prepare

Click here to sign up and to see what is needed and share what you will provide!

How to give:

Drop boxes will be located just inside Door 1 at LBSS beginning Dec. 7. Donations can be dropped off during regular school hours. You may also drop items off at 9714 Rolling Ridge Dr., Fairfax Station (box on monitored porch 24/7).

If you are able to help but would like a volunteer to pick up donations from your front porch, please send an email to foodpantry@lbsssptsa.org and we will reach out to arrange pickup.

The food drive runs through December 14. Any bit of help is appreciated.

If you, or someone you know may benefit from this support, that may not already be on our list of families to support, please contact your child's counselor to provide the student's name (first and last), and the number of members in the family.

If you have questions, please reach out to Laurie at <u>foodpantry@lbssptsa.org</u>

Library Online Book Sale

Library Online Bookstore Opens TODAY, December 7th

The LBSS Library is hosting an online bookstore through Bookworm Central that will continue throughout the entire school year. Students and teachers can purchase books and have them delivered to their house. Purchases over \$30 will be delivered for free. Stock up for the holidays and support the library.

Here is the <u>link</u> to the LBSS Library Bookstore. You can also access the Bookstore from Lake Braddock SS website by clicking the Library tab.

Contact the **LBSS Library** with any questions.

Please enjoy this promotional video!

Masks - Betelhem Mekonnen

Masks: Do we use them safely?

I encourage us to support each other by using every opportunity to reinforce proper mask usage because this problem impacts us all. We are all in this together. I strongly believe that we are going to be okay, this shall pass, but we must take precautions.

My question to you today, when did you start wearing your face mask? How comfortable are you are wearing a mask for long time, like a nurse?

I remember the beginning of the pandemic in March and April, 2020. Most people didn't care about mask use and I was advising people when I saw them in shopping centers or public places to wear a mask. This was challenging but some of them accepted my request and started wearing one. Now, none of us leave our house without wearing a face mask and we should give a round of applause to each other for following the guidelines because, in my opinion, it saves lives and it also shows that we all are in this together to stop the spread of the virus and to show we care.

I encourage each of you to continue to wear a mask and I am proud that most of us are doing that. My concern is whether we are taking proper care of our face masks, from applying on our face to washing it to get it ready for next use. It is unfortunate to see many touching the outside of their mask and then touching their eye or doing something else that may put them at risk to get the virus. The outside mask is contaminated so we must be very careful when we reapply it, remove it, or clean it. Here is the best, reliable, and dependable information from my favorite website, CDC.gov, to help you understand as it helps many of us. I strongly encourage you to look at the following links about face mask use and care and to share them with others who may benefit from the information.

I would love to hear your comments and feedback on this post.

Travelers: face masks public transportation

How to wear cloth face coverings

How to wash cloth face coverings

PTSA Fundraisers - Help us help you!

Proceeds From LBSS PTSA Fundraisers

Unless otherwise stated, the proceeds from LBSS PTSA fundraisers will go towards scholarships; educational grants, events, and programs; teacher and student recognition; family engagement; and general school support.

PTSA Virtual Auction

LBSS PTSA's Spring Virtual Auction

LBSS PTSA will be holding a Virtual Auction in Spring 2021 to raise funds for LBSS programs that benefit the entire students body and faculty. If you own, frequent, or know of a business or organization that may be willing to donate items for the auction (e.g., products, gym memberships, travel packages, sports memorabilia, gift cards) or have items to auction (e.g., handicrafts, gift baskets, etc.) and/or are interested in assisting with the auction itself, please contact Carrie Holmes or Alice Chu!

Bruins CARE Morse Code Bracelets

Bruins CARE Morse Code Bracelets



Have you ordered your limited edition Skylar Paige Couture, Bruins CARE Morse code bracelet yet? Show your school spirit with this purple, gold, and white bracelet. The bracelet's pattern means "Bruins CARE" in Morse code and is an attractive reminder of our school vision. Same day pickup is available!

Quantities are limited so don't delay! These bracelets make great gifts! Students, teachers, and parents all love this bracelet!!





Order yours today by clicking <u>here!</u>
Contact <u>Andrea Edelstein</u> with any questions.

Bruins GOODR Sunglasses

Bruins GOODR Sunglasses

LBSS PTSA is proud to partner with the LB Crew Boosters to offer custom Lake Braddock branded GoodR sunglasses! These sunglasses feature polarized lenses, non-slip frames with a laser etched paw print and Lake Braddock Bruins on the inside of the frame. To order, click here! They are \$25 each. Five dollars from each pair sold will be donated to the PTSA and the rest of the proceeds will support the LB Crew team!



Questions? Contact Sara Carlson



LBSS Special December Partnerships

Cup and Crown is offering a Special-Tea Holiday Gift Box FINAL WEEK TO ORDER!



LBSS parent and entrepreneur, Nancy Rodriguez of Cup &: Crown has partnered with Lake Braddock PTSA to offer a special-TEA holiday gift box. This boxed set includes: 3 high-quality, seasonal loose-leaf festive blends

a holiday-themed steeper & demi spoon
steeping instructions,
British tea cookies
This is the perfect gift for both the avid tea drinker and the
occasional sipper alike.
Ten percent of each purchase will be donated back to the LBSS
PTSA!

Orders must be placed and paid for by Sautrday, 12/12!



Looking for a creative way to celebrate someone special?
Support our partner,
No-Guilt Yard Cards!
New this holiday season: Jingling and Elfing!



If you had fun with the Halloween BOOing & Thanksgiving Gobbles, then you'll love this Bevy of Bells for the holidays! Now booking "You've Been Jingled" packages for display December 1-31.

Since we are not going to be getting together in our usual ways, consider ringing your friends & family with this group of jingle bells for the day.

It's almost like "going Gnome" for the holidays with these cute little guys!

- A Jingle is a Yard Card Rental we will set up for a day at the recipient's home.
- Purchase a Jingle to surprise your own family or another family in town. Jingle your bestie, your grandparents, your teachers, co-workers, or your coach!
- There are limited Bells to be delivered by our Gnomes, so order now to start the fun.
- When families receive a Jingle, there will be a note explaining the Jingle and inviting them to Pass It On!
- The Jingle is No Contact and a COVID-friendly, completely easy way to celebrate the thankful season.
- Jingles will be a standard greeting, no personalization will be allowed for ease of placement.
- Jingles will be set up by 8 am & broken down the same night.
- Jingle bookings will be limited to Burke, Springfield, Fairfax Station, and West Springfield addresses.
- A Jingle Booking will cost \$35 and can include a small gift of candy and a door hanger of Jingle Bells (while supplies last). Please let us know on the order form if you'd like them included.
- ORDER YOUR JINGLE!

For more information, visit: No-Guilt Yard Cards
No-Guilt Yard Cards is owned and operated by a LBSS
Family!

Jersey Mike's Gives Back All Day Every Wednesday and Thursday in December



Annual LBSS Community Partners

No-Guilt Yard Cards Can Help You Celebrate Someone Special In A Creative Way!

Yard signs can be customized for any occasion!



For more information, visit: No-Guilt Yard Cards
No-Guilt Yard Cards is owned and operated by a LBSS
Family!

Are You Planning a Vacation? Support our partner, No-Guilt Travel!



Look no further than

No-Guilt Travel! They can help you with all of your travel needs! Start planning your vacation now. Contact them <u>now</u>!

In the mood for Pho? Support our partner, Pho Saigon 75!



Please visit Pho Saigon 75's <u>website!</u>

In the mood for Sushi or Ramen? Support our partner, Waraku!



Please visit Waraku's website!

Interested in learning Cardio Kickboxing or Tae Kwon Do?



All LBSS community members will receive one month of free classes for the following programs, with 50% of all future registration fees to be donated to LBSS PTSA!

Tiny Tigers (ages 3-5)
Beginner Tae Kwon Do (ages 6 and up)
Cardio Kickboxing (teens and adults)
For more information about the above programs, please visit: World Karate Programs.

First Monday of Every Month Subway Spirit Nights

In addition to our annual partners, we are pleased to announce that <u>Subway in Kings Park</u> will be hosting Spirit Nights on the first Monday of each month from 5 - 9 pm, for the remainder of the school year. Make sure to mention you are part of the LBSS Community when you order and they will donate a percentage of your payment back to the LBSS PTSA!



We are continuing to welcome more local businesses into our program. Contact <u>Alice Chu</u> with questions or to become a Partner!

Box Top\$ For Education

Box Top\$ for Education

No more clipping. No more sending Box Tops to school. All you need is your phone Download the new Box Tops App and choose Lake Braddock! Shop as you normally would, the scan your store receipts to find participating products. The app will automatically credit LBSS PTSA Box Tops earnings online! Sign up now!!



Coca-Cola Gives Back!

Coca-Cola Gives Back to LBSS



Lake Braddock SS is excited to participate in the Coca-Cola Give program. This opens up Lake Braddock SS to new funding opportunities to help with special projects and student recognition. The best part? Donations don't come out of your own pocket. When you make purchases of Coca-Cola products you simply enter the product codes here and our school receives a donation. We currently have \$33.65 for this quarter. Thank you to all who contributed over the past week by entering their codes.

This works similar to the Boxtops program where you enter codes for things you are already purchasing. Brands like Dasani water, Powerade, and Honest Tea may be some of the brands you didn't realize are part of this program. We are not suggesting that you buy anything you're not already buying just that you take the time to look for the codes and enter them if you have them.

Help LBSS make the most of this program!

CLASS OF 2021 Initiatives

Stay up to Date on Senior Events

Check the LBSS Senior Page often!

Senior Photos - LAST CHANCE
The last date for yearbook senior photos is
Dec. 9 (this Wednesday). As of this
afternoon, only 16 people have signed up.
Here's the link: Click here to sign up!!!

Senior Yard Signs

Order your Class of 2021 Lake Braddock <u>Yard Sign</u>! Signs are 24 x 24 and look like the image below. We have a limited number of signs still available so if you want one, please order

now. Don't miss out!!



Celebrating Seniors Planning Committee

A committee has been formed to celebrate our seniors throughout the year. The committee co-chairs are Julie Shedd and Jeanne Weidinger.

Interested in learning more? Contact <u>Julie Shedd</u>

Senior Yearbook Ads EXTENDED until December 19th!

Help your senior remember the good times. Create a senior ad to be published in the 2021 yearbook! We've lowered the prices considerably this year, so take advantage of this offer!

Go to

www.yearbookordercenter.com and use school code 5061 to get started. Email Mrs. Poquis if you have questions or need assistance.

Peer Tutoring

Free Peer Tutoring



The LBSS Peer Tutoring program invites your student to be tutored by one of our student peer tutors. The Peer Tutoring Program is run by students who are taking the Peer Tutoring class, and we are so excited to officially open!

The Peer Tutoring Center opened on November 16th and will be open on Mondays from 9:15 - 10:15, and yes, it is free! In the future we may be offering more times once we get the hang of things. Click here for more information on what we offer and to sign your student up to be tutored.

Winter Sports Tryouts

Winter Sports Tryouts (Including Tryout Card Pickup)

<u>Basketball</u>

Tryouts began on Monday, December 7th

All Other Winter Sports

(Girls Dance, Girls Gymnastics, Co-Ed Rifle, Boys/Girls Swim and Dive, Boys/Girls Indoor Track, Wrestling) Tryouts begin on Monday, December 14th Tryout Card Pickup: December 9, 10, 11 3:30 - 5:30 pm Inside Door 14

<u>Click here</u> to sign up for the Swim Team Tryouts

It is requested that one parent accompany their child in case there is something missing (paperwork, signatures, commitment form, etc.)

Please contact the Activities Office with any questions!

LB Football Fundraiser - VIP Bonus Rewards Card

LB Football Fundraiser VIP Bonus Rewards Card

Your \$25 donation to the Lake Braddock Football team will get you twelve months of discounts at hundreds of local and national eating, shopping, entertainment and travel establishments! You can access deals on the "My Deals" app or at www.vipbonusrewards.com. These make great holiday gifts. There are local deals throughout the country, not just in Fairfax County.



You can reach out to any of the Lake Braddock football players or coaches for details. <u>Click here to support this</u>
<u>Lake Braddock Football fundraiser to purchase your VIP</u>
<u>Bonus Rewards Card!</u>

PSAT Scores Released 12/8!

PSAT Scores Released on 12/8!

Attention Lake Braddock Juniors: PSAT scores will be released tomorrow. Make sure you have access to your College Board account to see your score. Sign up to View College Board Scores!

ORDER YOUR YEARBOOK TODAY!

High School Yearbook
Order in 2020 and get the discounted rate of
\$65!



The 2021 high school yearbook (grades 9-12) is currently available for purchase. You can <u>order</u> <u>here</u> and use school code 5061. The discounted price of \$65 is only available until the end of 2020, so don't wait! Yearbooks make great gifts! Do you have photos you want to share for the yearbook? <u>Click here!</u>

Middle School Yearbook \$35

Note: the Middle School has a separate yearbook for grades 7 - 8. Their code is 13596. To share photos for the LBMS yearbook, click here!

Ordering School Photos 7-11th Grades

Ordering HS (9th - 11th) Photos

High School student portraits are now available to view and order online (orders placed online will ship home)

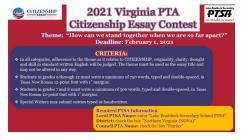
vosphoto.com/lakebraddockHS . Use your student's FCPS ID as the online code. Questions or concerns can be directed to underclass@vosphoto.com.

Ordering Middle School Photos

Middle School student portraits are now available to view and order online (orders placed online will ship home) at vosphoto.com/lakebraddockMS. Use your student's FCPS ID as the online code. Questions or concerns regarding Middle School portraits can be directed to underclass@vosphoto.com.

2021 Virginia PTA Citizenship Essay Contest

2021 Virginia PTA Citizenship Essay Contest Deadline: February 1, 2021



Every year, the Virginia PTA promotes a sense of citizenship and responsibility by sponsoring an essay contest. This year's theme will be, "How can we stand together when we are so far apart?"

Deadline is February 1, 2021 Essays will be sent to the districts for local competition and then the first place recipients will be submitted to VA PTA by March 1, 2021 for state competition.

Who can enter?

All Virginia students in grades K-12 presently enrolled in schools with active PTA/PTSAs in good standing may enter.

A non-graded Special Writer Division is available and limited to students whose physical, cognitive, or mental health challenges meet ADA guidelines. Qualifying students entering this division create their own essay but may receive non-artistic accommodation and assistance from an adult.

To apply, <u>click here!</u>

LBSS - JOIN THE PTSA



Join Our PTSA Today!

We appreciate everyone who has already joined our PTSA this year! If you haven't joined yet, parents, students, teachers, staff, administrators and community members can click here to join the LBSS PTSA today!

Contact Melissa McCarthy with any questions.

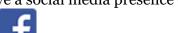
LBSS PTSA COMMUNICATIONS

How to Stay in Touch!

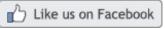
To stay current on all that we are doing, bookmark our website, www.lbssptsa.org and visit frequently!

We have a social media presence on





to join our private PTSA Facebook Group.



to follow our public Facebook Page.

To contact our PTSA Board Members and Committee Chairs <u>click here!</u>

Our eNews is distributed on Mondays throughout the school year. We tried to highlight the things we felt were most important that you may not have seen elsewhere. We strongly encourage you to read the weekly "News You Choose" that the school sends out on Fridays to stay current on other LBSS news!

Have any eNews you would like published?
Please contact: Andrea Edelstein
enews@lbssptsa.org

Lake Braddock SS PTSA | mews@lbsquan.org | 9200 Burke Lake Road Burke , VA 22015

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