

Fall Into Wellness



FREE COMMUNITY EVENT FOR YOUR MENTAL HEALTH

Speaker Sessions:

- 11:30 Mental Health 101
- 12:00 Cultivating a healthy brain
- 12:30 Trauma & Tragedy: An ancient approach to healing
- 1:00 Psychological services for first responders
- 1:30 Psychological services for maternity clients
- 2:00 Effective Parenting Strategies
- 2:30 Parent Child Interaction Therapy

**KIDS FREE
ACTIVITIES**

Free Vendor Booths

Including:

- BayCare Behavioral Health
Vocational Rehabilitation
- Dr. Lake & Associates
Star Psychology
VA
- River Oaks Treatment
Plus many more!

SATURDAY, SEPTEMBER 16, 2023

11:00AM - 3:00PM

*Swag
Bags!*



**BRANDON CHRISTIAN CHURCH
(DISCIPLES OF CHRIST)**

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BRANDON, FL 33511
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