

Spring 2024

The Cabis Newsletter ((Voice))

Upcoming in April

Spring is Here!!!

The country of April is **Israel**
We will be having themed snacks
and trivia



We will be having our country
of the month as well as an
easter party on **April 4th**

- Bowling April 25th
12-2pm
be sure to arrive **15 minutes**
early if you want to bowl
with us



Upcoming in May

National caregiver month

Throughout the month of May,
National Caregiver Month is
celebrated across Canada to
acknowledge the 8 million people
providing care to a family
member, friend, neighbor, or
chosen family across the country



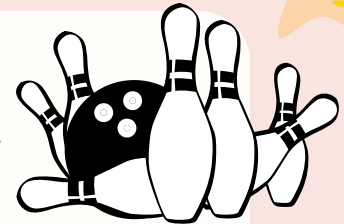
The country of May is **Costa Rica**
We will be having themed snacks
and trivia

- Bowling May 30th
12-2pm

Previous Events

We bowl at heritage lanes the last
Thursdays of every month from
12- 2pm
Its free!!

Please welcome our wonderful new
staff Kiara Dyck



St. Patrick's day
party was March
14th

Volunteer expo was
held at Polytechnic
March 13th



Spring 2024

Calendar of events

Club CABIS

Club CABIS is a social drop –in session for survivors of the acquired brain injury. The meeting are held in our office every Thursday afternoon between 1 – 3pm. The first Thursday of the month is themed with a country!

Ladybug Caregiver

For caregivers of all persons looking after a friend or family member who is living with challenges due to disability, illness or aging. We provide this course Via teams on a weekly basis. The link to join is on our facebook.

Compass for the caregiver

CABIS offers the compass for the caregiver course, which is a four module course.it is intended for those who are looking after a friend or family member who is living with challenges due to a disability, illness or old age. Please contact us for more info

Travelling Brain School

Starting September 2021 We have moved our Travelling Brain School online for easier access across schools in central Alberta. However, we will continue to hold in–person presentations for schools in red deer and surrounding areas.

Membership Form

Name: _____
Address: _____
Phone: _____
Email: _____

I would be interested in volunteering with CABIS:
Yes / No

Please Mail application/donate to CABIS at #202–4805 48th street, Red Deer, AB, T4N 1S6
Membership with CABIS is Free, however, we do welcome donations.

Charitable tax receipts will be issued for donations over \$20.00.

Membership entitles you to receive CABIS newsletters, and vote at our AGM

Sponsors

Jejina, Stinson, Hulleman Families



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