

Old People with Kids Flag Football League

BY NATALIE LERNER

Just because we adults tacked on a few years and may be towing a couple of our own youngsters doesn't mean we adults can't get out on the field and play. Once a kid, always a kid after all. That's what Kathy Lane, John Givens, Thach Hoang and their lively neighborhood crew of Nottingham Forest friends were thinking when they formed the Old People with Kids (OPK) Flag Football League back in 2014.

Don't let the name fool you though. The players aren't *that* old. The league focuses on parents in their 30s and 40s that have kids, having also made it co-ed from the get-go. The league has helped parents build community bonds, friendships, and to create some fun in competing against each other.

Four teams currently play in the league, although there have been up to eight teams in the past. Three teams are from Nottingham Forest and one from



Prestige Worldwide Championship in 2021 after the three-peat

Wilchester. The team names are rather amusing and include Prestige Worldwide, Past My Primetime, Sideline Ritas, and the Fighting Phoenix. The past three years the Nottingham Forest Prestige Worldwide has carried the win as league champs. This past year the Wilchester Sideline Ritas took the title.

Games are held in the field behind Spring Forest Middle School and Meadowood Elementary at the beginning part of each year on Sundays, ending after five games in time for Rodeo season.

The OPK leadership team invites other local neighborhoods to consider forming their own team and to get their game on in time to play this coming year.

To inquire about how to do this and for more information, contact Nathan Vajdos at vajdos@gmail.com.

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