

Discover your potential

# STUDY SMARTER NOT HARDER STUDY SKILLS COURSE

Do you often find it challenging to absorb and retain information effectively? Are you looking for ways to enhance your learning abilities and study smarter, not harder? Look no further! Our Study Skills Course is designed to equip you with the essential techniques and strategies to improve your ability to learn new information quickly and efficiently.

During this comprehensive 3-day course, running once a term during school holidays, you'll dive into a transformative learning experience. Over the course of 12 hours, we'll cover a wide range of essential study skills that will revolutionize the way you approach your studies.

## Here's a glimpse of what you can expect to learn:

- Learn and remember: discover how to tailor your learning approach according to your unique learning type. Uncover powerful techniques to improve your memory and recall. Say goodbye to forgetting important information and hello to effective retention.
- 2. **Study smart:** gain invaluable insights into where and when to study for maximum productivity. Discover optimal study environments and how to create a schedule that works best

for you. Say goodbye to procrastination and hello to focused study sessions.

- Master note-taking: learn how to take effective notes that capture the essence of the subject matter. Identify key information and organise it in a memorable way. Say goodbye to information overload and hello to concise, organised notes.
- 4. Goal setting and motivation: uncover the secrets of setting meaningful goals and motivating yourself to achieve them. Develop a growth mindset that fuels your drive to succeed. Say goodbye to aimless studying and hello to purpose-driven learning.
- 5. **Exam success strategies:** acquire the skills and techniques needed to excel in exams and tests. From time management to effective exam preparation, we'll equip you with the tools to perform your best when it matters most. Say goodbye to exam anxiety and hello to confident test-taking.

But that's not all! Our course takes your learning to the next level by teaching advanced note-taking techniques. You'll learn how to tackle the overwhelming amounts of information you encounter, processing it with ease and efficiency. Prepare to unlock a whole new way of inputting and retaining information—a faster, better way!

# Who is this course for?

Anyone who has ever wished they could learn more effectively. While it is best suited for grades 4-9 students, learners of all ages can benefit from these powerful study skills.

## Cost:

Invest in your learning journey for only R1250 per person and take a significant step towards becoming a more effective and efficient learner.

Don't miss out on this opportunity to enhance your study skills and gain a competitive edge. Enroll in our study skills course today and unlock your full learning potential!

To register or learn more about the course, contact us directly at 0848544418 or info@brightyoungminds.co.za. We can't wait to guide you on this transformative learning adventure.

## Our next course information:

#### **M** DATES:

3rd to 5th October 2023

#### ☆ PLACE:

Bright Young Minds Tuition Centre

## TIME:

9AM - 2PM every day

## **万**Fee:

R1250 per person

# What to bring along:

- Snacks &
- Something to drink