



# RAUHNÄCHTE

## 13 Wishes

---

I want to share a ritual with you that I started doing a few years ago back in 2018, the inspiration was refueled from a wonderful social account called @markedbyawitch. They reminded me of the power of the tradition called Rauhnächte (Magic Nights): The Twelve Nights after Christmas. The nights from the 25th until January 6th mark the longest of the year. The ritual makes use of the special liminal time of year.

All you need is a piece of paper, a pen, flame and time to reflect.

First, before the 25th take time to contemplate your wishes for the new year. Rip the paper into 13 strips.

On each strip write your wishes down. In present tense "I am or I have etc"

Fold the wishes so you can't see them, and take a jar or a bag to toss them in.

On the night of the 25th, go somewhere outside. Bring a candle or a lighter, some herbs for smoke cleansing and offerings to the land / spirits if you wish.

Pick a wish and burn it, sending it off to the Universe to receive & grant.

Repeat for the following 11 nights until the 6th of January. You will be left with one wish / intention.

The 12 wishes you have burned, will be dealt with by the energy / spirits/ universe whoever or whatever you sent your wishes up to. The 13th, is yours to grant for yourself.

It's best to not keep too close a eye on the previous wishes, after all, you don't uncover a seed beneath the ground to check it's growth, this should be the same for your wishes / intentions.

Make sure your heart and spirit is open to receiving, keep an eye out for opportunities to make your 13th wish come to fruition. Showing appreciation and wonder for the journey as it unfolds for you.

Have a most enchanting season!

Love in wild wonderment,

Amanda

