

# ELDER



# FUTHARK

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## WELCOME

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Please feel free to print, or use within your digital grimoire the information within the following pages. We hope it enhances your personal practice and encourages you to always branch out and explore the unknown. We believe that what you seek is also seeking you, may you be met well!

If you feel called to share, please remember to cite and tag us!

Though the knowledge about Elder Futhark Runes is verified personal gnosis (VPG), and you can easily find a lot of the information with a cursory search. Our unverified personal gnosis (UPG) along with our art and sigils are copyright under Creative Commons licensing. Attribution-NonCommercial-NoDerivatives 4.0 International (CC BY-NC-ND 4.0)

We appreciate all of you Heathen Beings so very much.

In loving Wyrdness,

Amanda & Ryan



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## CONNECTING TO YOUR RUNES

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The Elder Futhark is the oldest form of the runic alphabets. It was a writing system used by Germanic tribes for Northwest Germanic dialects in the Migration Period.

runes for divination purposes are a fairly modern use of the elder futhark, historically runes were Found on jewellery, talismans, weapons and typically would be in the form of a spell-stave.

Using Runes for the means of Divination creates a connection to the Wyrd. Grasping the untold truths of knoweldge & wisdom from the deeper Spiritual planes. They are both the known and the unknown. Keepers of the secrets of nature, both minute and massive. The keys to which we unlock the secrets, and the secrets themselves.

The Elder Futhark Runes you hold in your hands are crafted from Ryan's hands, Each material is hand selected and naturally acquired within Nature, no pillaging of forests or natural resources for us.

The Rune itself is burned on each discs intuitively. Ryan connects with each disc to determine each Rune selection for its intended purpose. This process ensures optimal care, consideration and wisdom is at the root of each set.

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In Norse mythology, Odin is responsible for bringing knowledge of the runes to the gods, and ultimately to humanity. The word “rune” derives from the Germanic root word “run-,” which meant secret or whisper; when Odin learned the runes, he unlocked not only their meaning, but their power to create something from nothing using their sounds in magic ritual. The story of Odin’s self-sacrifice to learn the runes was a cornerstone of Old Norse society, and so even as the Vikings used the Younger Futhark to record their deeds on runestones around the world, they viewed the Elder Futhark as a symbolic source of power given to them by the Allfather.



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## CONNECTING TO YOUR RUNES

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### 1) SET THE SCENE:

Hold the intention that you are connecting with your Runes. That they serve you to achieve the highest good for yourself and those around you. With them you deepen the connection between yourself, as well as Spirit/Universe.

### 2) LIGHT YOUR INCENSE/HERBS OR HAVE A SPRITZ OF SPRAY:

Letting the smoke cleanse your space, holding your intention in mind. Set aside (you may have to light it again if the ember goes out before it is needed again).

### 3) PLACE YOUR RUNES IN YOUR CHOSEN VESSEL (CUPPED HANDS WILL WORK):

4) TAKE THE CRYSTAL YOU HAVE CHOSEN TO CLEANSE, CONNECT AND ACTIVATE YOUR RUNES.

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## CONNECTING TO YOUR RUNES

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### 5) ACTIVATING / CONNECTING THEM TO YOUR ENERGY:

Tumble gently by shaking or rolling the Runes within the vessel (or your hands), ensuring the crystal touches each one. (Hone in on the energies of your Runes and your crystal, you will know when to stop.)

### 6) ENVISION YOUR ENERGY LINKING EACH RUNE TO YOU:

You can do this by taking one out at a time and looking at it, holding it in your hand, or thinking of the imagery of each one. I take each one from its vessel, gaze at it and pass it through the smoke of the incense or sacred herbs or plant ally of your choice.

### 7) CLOSE THIS CONSECRATION/CLEANSING RITUAL BY SAYING:

“I honour the messages received, now and forever.

My tools will serve only the highest good of myself and those around me, by doing so I honour myself and Spirit (Universe, Ancestors, cycles, Goddess, God’s etc.).”

NOTE: AFTER YOU’VE FINISHED YOUR CONNECTION RITUAL, IF ANY RUNE MADE YOU PAUSE LOOK IT UP IN THE LEGEND! SEE IF THERE IS A MESSAGE IN THAT MOMENT FOR YOU.

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## READING & CASTING

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There are loads of ways to read Runes, both Elder Futhark and Witches. The simplest way that we have found is by holding a chosen crystal, one that typically lives with your runes (Agate, Smoky Quartz, Nuumite and labradorite are all amazing for divination and connection) tumbling the crystal with the runes in the vessel of your choosing with the question you have in your mind.

When you feel called to, tumble, toss or lay out the Runes (some may get a tingling sensation or the temperature changes in their hands, however you feel energy is right) on your casting surface - cloth or table space. The Runes that are face down with no image, you can ignore or set aside. The Runes that are face up are the answers to your query, the closer they are to you, the closer in chronological time they relate to.



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## ADDITIONAL USES FOR RUNES

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For added oomph to spells, taking out a rune that resonates with your desired outcome or one that amplifies your energy is a great way to use runes outside of readings. They can be used for spell work, and to add clarity to tarot readings or other divination practices.



Examples of adding a specific Rune to your spell work would be using Othala in workings or petitions with Odin or Fehu for Freya. the crossroads Witches Rune for Hecate or the sprout for manifesting. If you have a dedicated space for Odin & Freya where you place energetic talismans like Raven feathers and honey you can add fehu and othala there as well!

Think of the runes like a signal boost.

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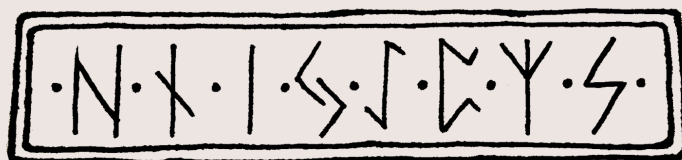
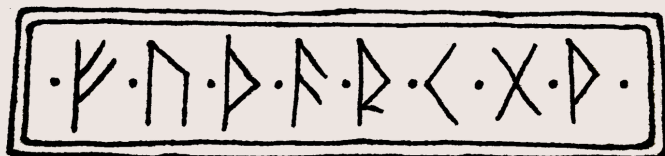
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## THE AETTIR

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The Elder Futhark is divided into 3 sections of 8 known as the aettir, aettir meaning Family or lineage. Each section relates to a specific energy. The energy of each rune is specific to each aettir grouping.

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# ELDER FUTHARK

## FREJYA'S AETT



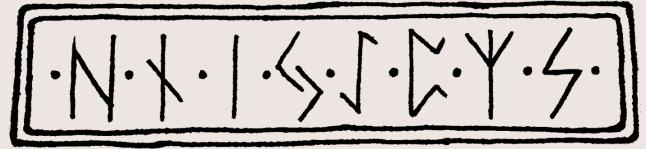
THE FIRST AETT, ALSO KNOWN AS FREYA'S AETT, IS ASSOCIATED WITH MIDDLE EARTH, MIDGARD, OR LIFE ON THE PHYSICAL PLANE. IT IS SYMBOLIC OF THE PRESENT STATE OF AFFAIRS AND IS THE LAND OF HUMAN, ELF, GIANT, AND DWARF.

<p>𐒃</p> <p><b>FEHU</b></p> <p>WEALTH</p> <p>LUCK</p> <p>ABUNDANCE</p> <p>ENERGY</p>	<p>𐒆</p> <p><b>URUZ</b></p> <p>STRENGTH</p> <p>HEALTH</p> <p>ENDURANCE</p> <p>MANIFESTATION</p>	<p>𐒄</p> <p><b>THURISAZ</b></p> <p>PROTECTION</p> <p>PASSION</p> <p>DEFENCE</p> <p>CONFLICT</p>	<p>𐒇</p> <p><b>ANSUZ</b></p> <p>COMMUNICATION</p> <p>INSIGHT</p> <p>ORDER</p> <p>DVINE INSPIRATION</p>
<p>𐒀</p> <p><b>RAIDHO</b></p> <p>CYCLICAL</p> <p>NATURAL RHYTHM</p> <p>JOURNEY / MOVEMENT</p> <p>ACTION</p>	<p>𐒃</p> <p><b>KENAZ</b></p> <p>CREATIVITY</p> <p>ENLIGHTENMENT</p> <p>SKILL / LEARNING</p> <p>OFFSPRING</p>	<p>𐒂</p> <p><b>GIFU / GEBO</b></p> <p>GIFTS</p> <p>PARTNERSHIP / HONOUR</p> <p>SACRIFICE</p> <p>FAIR EXCHANGE</p>	<p>𐒉</p> <p><b>WUNJO</b></p> <p>JOY</p> <p>PLEASURE</p> <p>BELONGING/KINDRED</p> <p>PROSPERITY</p>



# ELDER FUTHARK

## HEIMDAL'S AETT



THE SECOND AETT, KNOWN AS HEIMDALL'S AETT OR HAGAL'S AETT, IS ASSOCIATED WITH THE UNDERWORLD OR THE LAND OF THE DEAD. IT IS SYMBOLIC OF OUR PAST, KARMIC DEBT, AND THE OPPOSING FORCES OF FIRE AND ICE. IT IS THE HOME OF HEL, CHAOS, AND THE NORNS

**H**

**HAGAL**

ENDING / BEGINNING

TRANSFORMATION

RADICAL CHANGE

DISRUPTION

**T**

**NAUDHIZ**

NEED / EFFORT

RESISTANCE

CREATIVE FRICTION

DELAY

**I**

**ISA**

STILLNESS

SELF-CONTROL

FOCUS

STABILITY / STASIS

**J**

**JERA**

FRUITION

BALANCE

CYCLES / RHYTHMS

HARMONY

**J**

**EIHWAZ**

MAGIC

LIBERATION

REBIRTH / AWAKENING

PROTECTION

**K**

**PERTHO**

GOOD OMENS

FATE

INITIATION

OCCULT

**Y**

**ALGIZ**

DEFENCE

COURAGE

PROTECTION

HIGHER SELF

**S**

**SOWILO**

LIFE FORCE

SUCCESS

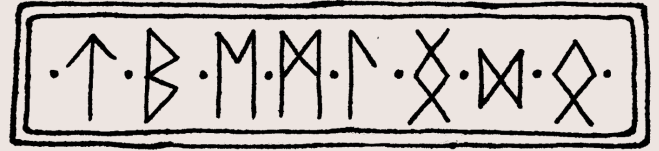
SENSUALITY

VICTORY



# ELDER FUTHARK

## TYR'S AETT



THE THIRD AETT, KNOWN AS TYR'S AETT, IS ASSOCIATED WITH ASGARD, OR THE HEAVENS AND IS THE HOME OF THE GODS. IT IS SYMBOLIC OF THE FUTURE, OUR BRIGHTEST AND BEST; THE HEROIX THAT OVERCOMES THE CHALLENGES SET BEFORE THEM, AND THE DAWNING OF A NEW DAY.

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**TIWAZ**

JUSTICE

HONOUR

SACRIFICE

LOYALTY

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**BERKANO**

BIRTH

SANCTUARY

SECRETS

LIFE CHANGE

ᚱ

**EHWAZ**

TEAMWORK

TRUST

HARMONY

LOYALTY

ᚺ

**MANNAZ**

HUMANITY

LEARNING

AWARENESS

SOCIETY

ᚦ

**LAGUZ**

FLOW

MEMORY

UNCONSCIOUS

FATE / KARMA

ᚼ

**INGWAZ**

CREATION

EVOLUTION

WHOLENESS

ENERGETIC BURST

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**DAGAZ**

DAY

BALANCE

TRANSFORMATION

AWAKENING

ᚫ

**OTHALA**

HOME

GROUP

PROSPERITY

ANCESTORS